



**Accelerating Sanitation and Water for All  
(ASWA-II) WASH in INSTITUTION PROGRAMME  
COMPLETION REPORT**

**PREPARED AND SUBMITTED BY**



**WATER ENVIRONMENT & LIFE (WEL)**

**BIRATNAGAR, NEPAL**

March 2022

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## Summary of Completion Report

- Project Name: WASH in Institution-ASWA II
- Project Area:
- Province: Madesh Pradesh (Then Province 2)
- District Covered: 3 (Rautahat, Bara & Parsa)
- Local Level Covered: 17 (Rautahat-Durgabhadgawati, Ishnath, Rajdevi & Yamunamai; Bara-Aadarsha Kotwal, Baragadhi, Jitpursimara, Kalaiya, Kolhabi, Mahagadhimai & Simraungadh; Parsa-Bindabasini, Birgunj, Dhobini, Jagarnathpur, Paesagadhi & Pokhariya)
- Number of School Covered: 20 (4 in Rautahat, 11 in Bara & 5 in Parsa)
- Level of School: 5 Secondary & 15 Basic
- Number of HCF Covered: 5 (4 in Bara & one in Parsa)
- Types of HCF: One Heath Post/Barthing Center & 4 Health Post  
(For detail please refer table 2 or 3)
- Beneficieries:
- Schools: Baseline 9,676 and after implementation 11,424
- HCFs: Baseline - Visitors 2,075, Staff 2,580, PWD 2 & 522 U19 and after implementation - Visitors 1,478, Staff 1,350, PWD 0 & 667 U19 (During the baseline FCHVs of some HCFs were also counted as regular staff)
- Project Start Date: 11-Feb-20, Project End Date: 31-Dec-21
- Main Activities:
  1. Hardware - Construction & Repair/Maintenance of WASH Facilities
  2. Software - Advocacy, capacity building, Technical support, Monitoring, Child club support, etc.
- Main Target & Aceheivement

S.No.	STAR	TARGAT	ACHEIVED	BENEFICIARIES		
<b>A. SCHOOLS</b>				FEMALE	MALE	TOTAL
01	3-STAR	10 SCHOOL	12 SHOOL	4,538	4,356	8,894
02	2-STAR	8 SCHOOL	6 SCHOOL	1,048	1,164	2,212
03	1-STAR	2 SCHOOL	2 SCHOOL	188	130	318
<b>B. HEALTH CARE FACILITY (HCF)</b>				<b>BENEFICIARIES (MONTHLY)</b>		
01	WASH FIT STANDARD	1 HCF	1 HCF	434	208	642+98 (U19)
02	MINM STANDARD	4 HCF	4 HCF	1,128	1,053	2,181+568 (U19)

- Project Cost:
  1. Total Cost: NPR 22,931,489
  2. Received From UNICEF: NPR 20,474,489
  3. Actual Expenditure: NPR 19,672,047
  4. Refund to UNICEF: NPR 802,442
- Human Resource Mobilized: 7 person (3 core team & 4 field staff).

## I. General Information

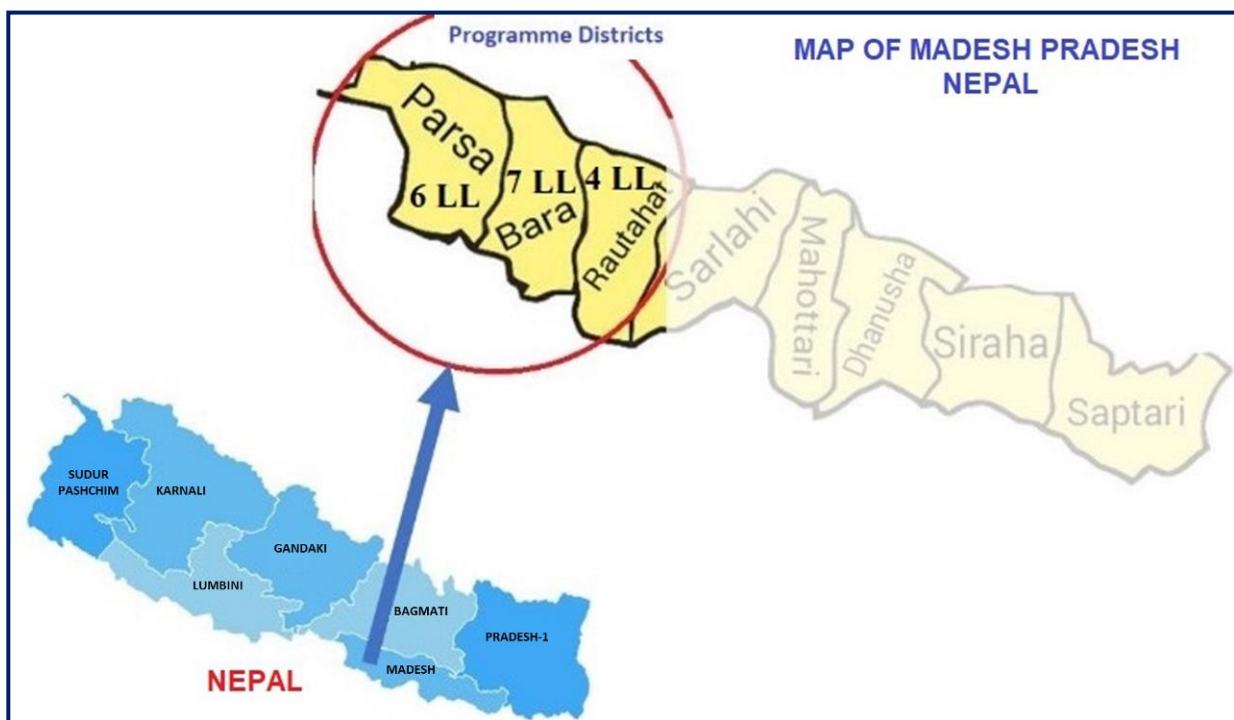
### A. Project Area

The project WASH in Schools and WASH in health care facilities (HCFs) which is jointly known as "WASH in Institution" under ASWA-II was implemented in the western 3 districts-Parsa, Bara & Rautahat in Madhesh Pradesh (Then Province-2) of Nepal. The programme was implemented with the support of the

local government, WEL & UNICEF. The project covers 20 schools and 5 HCFs of in 17 local levels (6 in Parsa, 7 in Bara and 4 in Rautahat) of three districts. If Kalaiya was to be considered as the center of the project area, the project area was covered 51 in the east, 47 in the west, 40 in the north and 20 kilometers in the south.

PROJECT COVERAGE
Province: Madhesh Pradesh
District: 3, Parsa, Bara & Rautahat
Local Levels: 17 (6 in Parsa, 7 in Bara & 4 Rautahat)
Schools: 20 (5 in Parsa, 11 in Bara & 4 in Rautahat)
HCF: One in Parsa & 4 in Bara

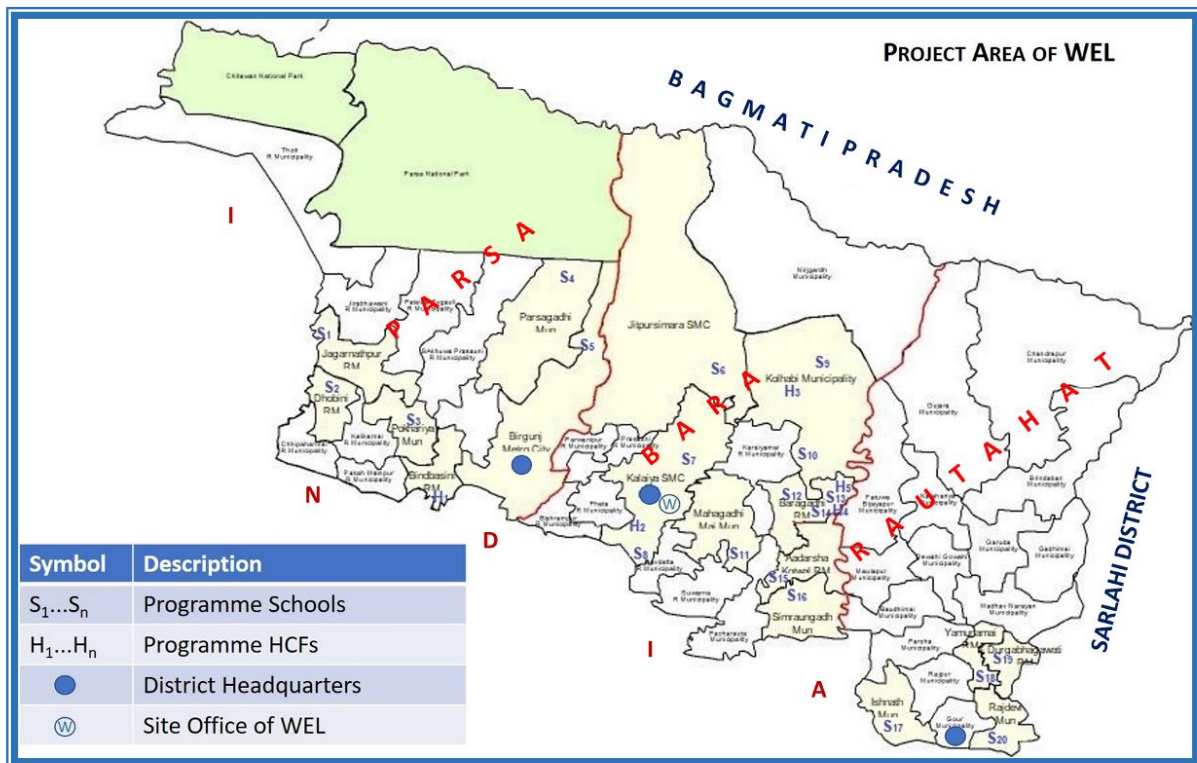
Figure-1: Following figure shows the number of local level in each project district.



Out of 17 local levels, 3 local levels-Kalaiya Sub-Metropolitan City, Kolhabi Municipality and Baragadhi Ruralmunicipality had more than one institution (Schools and HCFs) and remaining 14 had only one school or HCF. 44% of 25 institutions, i.e. 7 schools and 4 HCFs were located in those three local level as 2 schools and one HCF each in Kalaiya and Kolhabi, where as three schools and two HCF were in Baragadhi Ruralmunicipality. Other 14 (13 schools and one HCF) were spreading over 14 local levels of Parsa, Bara & Rautahat district.

Out of 20 schools, 5 were secondary and 15 basic level schools.

Figure-2: Following figure shows the number and location of schools & HCFs in each district.



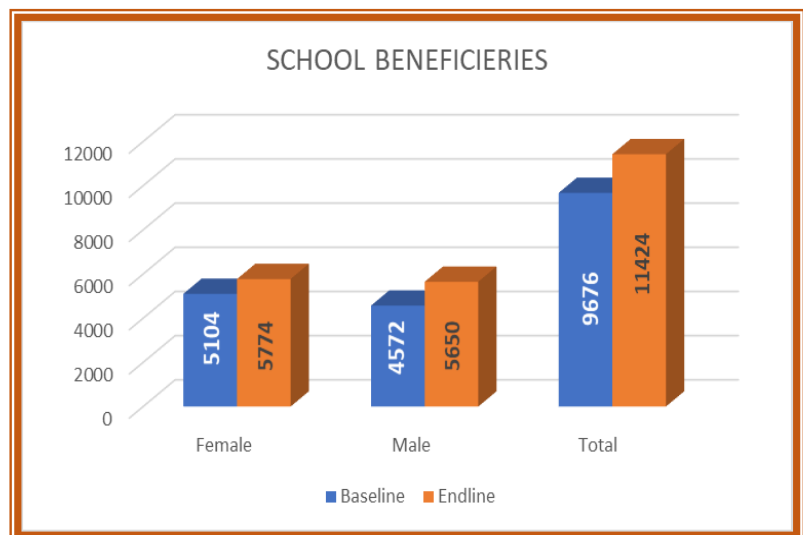
## B. Beneficiaries

The programme targeted the schools and health care facilities. Therefore, beneficiaries separated as follows:

### B.1. School Beneficiaries

In the beginning of the programme, the total beneficiaries in the schools were 9,676<sup>1</sup> (Female 5,104 & Male 4,572). Out of total, 246 (with 158 male teacher) were teachers. In total, as per baseline, there were 42 PWD (Students having disability were 39 and teacher 3). At the end of the programme, the beneficiaries in schools increased by 18.31% and became 11,448 in total<sup>2</sup>. Out of 11,448 total beneficiaries, 11,202 (5,755 girls and 5,447 boys) were students and 246 (84 female & 162 male teachers) teachers. At the end of the project, students with disability were reduced to 14

Chart-1



<sup>1</sup> Source: Baseline survey, UNICEF/WEL 2020

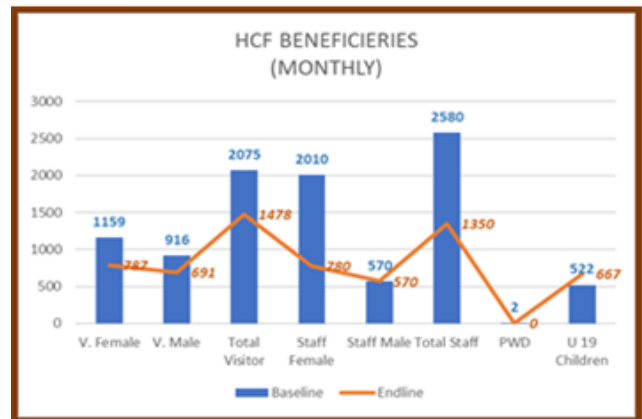
<sup>2</sup> Source: Endline survey, UNICEF/WEL 2021

where as teachers were increase to 5 from three. Chart-1 shows the baseline and endline beneficiaries of the programme in schools.

### B.2. HCF Beneficeries

As per baseline data collected by WEL, Patient/visitor flow were 2,597 per month. Out of total, 1,159 were female, 916 male and 522 were Under 19. Similarly, staff of each HCFs also beneficeries of the project and counted similarly as patient/visitors. Monthly benefited staff were 2,580 with 570 male staff.

Chart-2



### C. Project Period

Initially, the project period was 9 months from 11th February 2020 to 10th November 2020. However, when COVID 19 pandemics spreading globally as other countries, the Government of Nepal has announced a nationwide lockdown from 24th March to 21st July 2020 first time and aftermath, continuous lockdown started from 2 July to 14 September 2020 by Local Government. District Administrative Office (DAO) restricted

**Project Period**

1. Initial: 11 February to 10 November 2020
2. 1st amend: 11 February 2020 to 10 April 2021
3. 2nd amend: 11 February 2020 to 31 July 2021
4. 3rd amend: 11 February 2020 to 31 December 2021

even programme travel due to COVID-19 cases. The Madhesh Pradesh (Then Province 2) was hotspot for COVID-19 in the mid of June to Mid of September 2020. The COVID 19 pandemic badly hampered the programme as other development sector. Therefore, the programme period was amend for next

five months as 11th November, 2020 to 10th April 2021 with adding new 3 schools & 3 HCFs. Second time amend the programme period till the end of July 2021 without adding any cost, i.e. no-cost extension and finally extend the programme till the end of 31st December 2021. All those are due to COVID 19 pandemic, monsoon, flood and other local adverse situation.

### D. Project Cost

Initially, the project's total cost was NPR 15,207,700 and it was amended NPR 19,304,700 adding new three schools & three HCFs. And finally it was revised to NPR 22,931,489 adding few programme & programme support cost. In which agreed Unicef support was NPR 20,474,489.

### E. Collaboration

The project was implemented with the support of concerning Local Government, UK AID, WEL & UNICEF.



## II. Target & Progress

### A. Star & WASH FIT

The main objective of the program was to increase the access of students and teachers to sanitation facilities by constructing new or repairing/upgrading existing in government/community schools to star standard as mentioned in "School WASH Procedure, 2074" (with Second Amendment). Similarly, to provide easy access to sanitation facilities to the patients and staff of HCFs by constructing new and/or repairing/upgrading existing sanitation facilities in the five health care facilities as per the government minimum standard following WASH FIT

Number of schools & HCF targeted for upgrades and its achievement with beneficiaries illustrated below chart & table:

**Table-1: Target Vs Achievement with Beneficiaries**

	STAR	TARGAT	ACHEIVED	BENEFICIARIES		
				FEMALE	MALE	TOTAL
A. SCHOOLS						
01	3-STAR	10 SCHOOL	12 SHOOL	4,538	4,356	8,894
02	2-STAR	8 SCHOOL	6 SCHOOL	1,048	1,164	2,212
03	1-STAR	2 SCHOOL	2 SCHOOL	188	130	318
B. HEALTH CARE FACILITY (HCF)				BENEFICIARIES (MONTHLY)		
01	WASH FIT STANDARD	1 HCF	1 HCF	434	208	642+98 (U19)
02	MINM STANDARD	4 HCF	4 HCF	1,128	1,053	2,181+568 (U19)

**Chart-3**



### B. Construction, Repair/Upgrade of WASH Facilities

During the baseline survey of schools and HCFs, some schools have basic WASH facilities like toilets, urinals, handpumps, incinerators, hand washing stations but most of



the facilities are unusable and damaged. In some schools, only toilets with a common entry point for boys and girls were found, which was inconvenient to use and had to wait to be used.

Out of 20 schools, 18 schools had some facilities while 2 had none. However, some new facilities have been constructed in all the 20 schools and repair/upgrade existing WASH facilities in 18 schools, so that all types of students coming to the school have equal access to the sanitation facilities and can use them easily.

Regarding the HCF, three HCFs have useable single room toilet and other have but not useable. Under the programme, constructed complete WASH facilities meeting government's standard as of WASH FIT in Prasauna HP/BC and in other meeting minim standard (Details given in table-2 & 3 below).



**HARD TO REACH BUT A SMILE TO FORGET THE PAIN**

**Table-2: List of new WASH facilities constructed in different schools & HCFs**

S.No.	District	Name of Schools	Location	Facilities										
				Users Friendly Toilet	Normal toilet	Urinal	Ramp	Hand Washing Stn	Incinerator	Hand Pump	HP Platform	Pipe Network & Water Storage	Water Purifier	
1	Bara	NeRaAa Vidyalaya	Kolhabi-5	1		2	1	1	1	1	1	1	1	
2		NeRaAa Vidyalaya	Kolhabi-3	1		1	1	1	1	1	1	1	1	
3		Nathuni Aa Vidyalaya	Baragadhi-2			1	1		3	1	1		1	1
4		Ram Kabir Bhagawan Pra Vidyalaya	Baragadhi-3	1		1	1		2	1		1	1	1
5		NeRaAa Vidyalaya	Baragadhi-2		2	1			2	1			1	1
6		NeRaPra Vidyalaya	Simraungadh-4	1			1		2	1			1	
7		Ram Janaki Pra Vidyalaya	Mahagadimai-2				1		1	1		1	1	
8		NeRaNiMa Vidyalaya	Aadarsha Kotwal-7				1		2	1		1	1	
9		NeRa Ma Vidyalaya	Kalaiya 20	1		1	3		2	1			1	
10		Hamsha Bahini NeRaNiMa Vidyalaya	Jitpursimara-12				1		2	1			1	
11		Gyanjyoti Pra Vidyalaya	Kalaiya 1			1	1		2	1		1	1	
12	Parsa	Koilavar Aa Vidyalaya	Parsagadhi-1			1	1	3	1		1	1	1	
13		NeRaAa Vidyalaya	Birgunj-29				1	2	2		1	1	1	
14		Kali Prasad Lakhe Ma Vidyalaya	Dhobini-4			1	1	3	1			1	2	
15		NeRaPra Vidyalaya	Pokhariya-2	1	1	2			2	1	1	1	1	
16		Shree Ram Pra Vidyalaya	Jagarnathpur-1		2				1		1	1	1	
17	Rautahat	Janta Ma Vidyalaya	Yamunamai-4	1			1	2	2			1	2	
18		Ramnaresh Laxman Ma Vidyalaya	Rajdevi-2				1	2	1			1	1	
19		Shree Aa Vidyalaya	Ishnath-5				1	1	1			1		
20		Saraswoti Ma Vidyalaya	Durgabhagawati-2				2	1	1	1	1	1		
1	Bara	Bishunpurwa HP	Baragadhi-2		2			1	1			1	1	
2		Sinhasani HP	Baragadhi-5		2			1	1	1		1	1	
3		Dharmanagar HP	Kalaiya-12		2			1	1		1	1	1	
4		Parsauna HP/BC	Kolhabi-6	1	2	2	1	1	1	1		1	1	
5	Parsa	Jhauwa HP	Bindabasini-3			1		1	1	1		1	1	

**Table-3: List of Repair/Upgrade WASH facilities in different schools & HCFs**

S.No.	District	Name of Schools	Location	Facilities									
				Users Friendly Toilet	Normal toilet	Urinal	Ramp/Path	Hand Washing Stn	Incinerator	Hand Pump	HP Platform	Pipe Network & Water Storage	Water Purifier
1	Bara	NeRaAa Vidyalaya	Kolhabi-5		2		1			1	1	1	
2		NeRaAa Vidyalaya	Kolhabi-3		2	2	1			1	1	1	
3		Nathuni Aa Vidyalaya	Baragadhi-2	1	3	1				1	1	1	
4		Ram Kabir Bhagawan Pra Vidyalaya	Baragadhi-3		2	2				1	1	1	
5		NeRaAa Vidyalaya	Baragadhi-2	1	1	1	1				1	1	1
6		NeRaPra Vidyalaya	Simraungadh-4		2	2					1	1	1
7		Ram Janaki Pra Vidyalaya	Mahagadimai-2	1	2	2				1			1
8		NeRaNiMa Vidyalaya	Aadarsha Kotwal-7	1	4	2	1			1			1
9		NeRa Ma Vidyalaya	Kalaiya 20		3	1	1						1
10		Hamsha Bahini NeRaNiMa Vidyalaya	Jitpursimara-12	1	3	2	1				1		1
11		Gyanjyoti Pra Vidyalaya	Kalaiya 1		2		1				1		1
12	Parsa	Koilavar Aa Vidyalaya	Parsagadhi-1	2	3	1	1	1		1	1	1	
13		NeRaAa Vidyalaya	Birgunj-29	1	5	1	1			1	1	1	
14		Kali Prasad Lakhe Ma Vidyalaya	Dhobini-4	1	7	3	1			2	2	1	
15		NeRaPra Vidyalaya	Pokhariya-2										
16		Shree Ram Pra Vidyalaya	Jagarnathpur-1										
17	Rautahat	Janta Ma Vidyalaya	Yamunamai-4	1	3	1	1	1		1		1	
18		Ramnaresh Laxman Ma Vidyalaya	Rajdevi-2	1	4	2	1			1	1	1	
19		Shree Aa Vidyalaya	Ishnath-5	2	3	2	1		1			1	
20		Saraswoti Ma Vidyalaya	Durgabhagawati-2	2	4	2		3	1			1	
1	Bara	Bishunpurwa HP	Baragadhi-2		1		1			1	1	1	
2		Sinhasani HP	Baragadhi-5		2							1	
3		Dharmanagar HP	Kalaiya-12		1		1				1	1	
4		Parsauna HP/BC	Kolhabi-6		1							1	
5	Parsa	Jhauwa HP	Bindabasini-3	1	1		1			1		1	

## C. System Develop for Operation, Management & Suatainability

### c.1. Structural Management

The use of quality construction materials does not make the structures sustainable just by mobilizing skilled workers and carrying out high quality construction and maintenance work. For that, it is necessary to prepare the necessary action plan for regular maintenance along with the responsible body and carry out regular maintenance accordingly. Therefore, apart from the school family and the school management committee, a S-WASH-CC and Child Club has been formed & trained to take ownership of WASH in schools and able to implement regular maintenance work as their action plan. The details of the committee and child club formed in the school are given in the table below:

**Table-4: Details of S-WASH-CC & Child Club**

S.No.	Structures	Number	Member			Remarks	
			Total	Female	Male		Disable
01	S-WASH-CC Formation	20	164	63	101	-	New
02	Child Club Formation	20	218	126	92	1	New

### c.2. Capacity Building

To equip the target group with knowledge and techniuie on WinI, 3-star and WASH FIT trained member of child club & S-WASH-CC, focal teachrs and staff of HCFs. Office assistant (Peon) of each schools and HCFs were trained on operation and maintenance (O&M) of WASH facilities. Similarly, adolescent girls students, FCHVs and few community women were trained on menstruation hygiene management (MHM) and sanitary pad making training. Beneficieries of each training is illustrating in the table below.

**Table-5: Details of capacity building Activities**

S.No.	Activity	Remarks
01	Training on WinI & 3-star to focal teacher, S-WASH-CC and child club members	488 persion (239 Female & 248 Male)
02	Training on O&M of WASH facilities to caretaker	18 person (6 Female & 12 Male)
03	ToT on WASH Facilities Improvement Tools (WASHFIT)	14 (All male)
04	MHM and Sanitary Pad making training to girls, FCHVs and community women	794 (743 Female & 51 Male)

### c.3 Management for O&M

For regular operation and maintenance, the programme has been supported to established O&M fund of NPR 15,000 with equal contribution of NPR 7,500 from school and NPR 7,500 from programme. Similarly, provided toolbox with necessary tools and spare parts along with how to repair and maintenance tubewell manual. WEL has been supported to each school to develop and endorse the O&M fund operation guidelines.

**Table-6: Management for O&M**

S.No.	Description	Remarks
01	Establishment of O&M Fund of NPR 15,000	in 20 schools (with equal contribution of school and UNICEF)
02	Toolbox with necessary tools and spare parts support	To 20 schools for regular operation & maintenanc of WASH facilities
03	O&M Fund mobilization guidelines endorse by Child Club	in 20 schools

### c.4 Logistic and special support to Child Club, S-WASH-CC & HFOMC

Through the program, various logistic & special support was provided to the S-WASH-CC, Child Clubs, Health Facility Operation & Management Committee and MHM groups to implement regulay activities as mentioned

in their annual work plan and also keep them active. In addition to those mentioned in the program, WEL also provided some new materials as an innovative support the child club. The details of which are given in the table below:

**Table-7: Logistic & other support**

S.No.	Description	Remarks
01	Stationary	ball pen, photocopy paper, register, pencil, stapler, punching machine, Nepali file, cello tape, sign pen, etc. to all child clubs
02	Pigeon hole type wooden open rack	20 schools & 5 HCFs
03	Display board, white board partially with thumb nail sticker board	20 schools & 5 HCFs
04	Other Support to Child club for their regular meeting	Child club of all 20 schools
05	Cleaning materials to schools	For school/community campaign as planned.
06	Additional Support to Child Clubs, schools & HCFs	
a.	Pocket Chart	20 schools
b.	Piggy Box	20 schools
c.	ID card	8 schools (Koilahar, Ramjanaki, NeRaAaVi Kakari, NeRaPra Vi Simraungadh, Saraswati MaVi Durgabhagawati, Shree Aadharbhut Ishnath, Janata Ma Vi Yamunamai & Ramnaresh MaVi Rajdevi.
d.	O&M Fund mobilization guidelines	20 schools
e.	Community/catchment Map	20 schools
f.	Sanitary Pad making kit-box with materials	20 schools
g.	Water Purifier	10 schools & 5 HCFs
h.	Water Dispenser (Hot & Cold water) with jar	12 schools & 5 HCFs

**Note: List of cleaning materials and tools provided to schools and HCFs given separately in the annex.**

During the implementation of the programme, monitored the water quality of all 20 schools and 5 HCFs by using the P/A Vial. The P/A Vial test result shows that the water sources of 5 schools and three health post have present coliform and rest were coliform free (Test result is given in Annex-6). WEL has been provided water purifier to ten 3-star certified schools & 5 HCFs to provide safe drinking water. In Saraswati Ma Vi purifier is installed by the Province government, whereas in Shree Aadharbhut Vidyalaya safe water is supplied through community water scheme.

#### D. Certification & Star Obtain

After accomplished hardware as well as software activities, S-WASH-CC, Child Club and school authority of concerning school were evaluate the school jointly by themselves using self evaluation chart provided by WEL. Ensuring the star standard, a request letter written by the school to the concerned local government requesting for verification, the star obtained by the schools as verified by local government is given in the table below. Initially, targeted 10, 8 & 2 schools for 3, 2 and one star respectively. However, achieved 12, 6 and 2 schools as 3, 2 and one star standard respectively.

**Table-8: List of schools, date of certification and star standard**

S.No.	Schools	Community	Palika-Ward	District	Date Certified	Star Obtained
1	Shree Nathuni Adharbhut Vidyalaya	Daurwa	Baragadhi-2	Bara	20-Dec-21	★ ★ ★
2	Shree Nepal Rastriya Aadharbhut Vidyalaya	Bishnupurwa	Baragadhi-2		20-Dec-21	★ ★ ★
3	Shree Ram Kabir Bhagawan Pra. Vidyalaya	Murkhi	Baragadhi-3		20-Dec-21	★ ★ ★
4	Shree Nepal Rastriya Aadharbhut Vidyalaya	Chaudhary	Kolhabi-3		19-Nov-21	★ ★ ★
5	Shree Nepal Rastriya Aadharbhut Vidyalaya	Kakari	Kolhabi-5		19-Nov-21	★ ★ ★
6	Shree Nepal Rastriya Ni.Ma. Vidyalaya	Dhawa Beluwa	Aadarsha Kotwal-7		23-Nov-21	★ ★
7	Shree Hamsha Bahini Ne.Ra.Ni.Ma. Vidyalaya	Pipariya	Jitpursimara-12		15-Dec-21	★ ★
8	Shree GyanJyoti Prathamik Vidyalaya	Parshakatti	Kalaiya 1		23-Nov-21	★ ★

S.No.	Schools	Community	Palika-Ward	District	Date Certified	Star Obtained
9	Shree Nepal Rastriya Madhyamik Vidyalaya	Dhanuk Dalit	Kalaiya 20	Parsa	23-Nov-21	★ ★
10	Shree Ram Janaki Prathamik Vidyalaya	Inarwa	Mahagadimai-2		12-Dec-21	★ ★
11	Shree Nepal Rastriya Prathamik Vidyalay	Ganganagar	Simraungadh-4		21-Nov-21	★ ★
12	Shree Nepal Rastriya Madhyamik Vidyalaya	Basdilwa	Birgunj-29		03-Jan-22	★ ★ ★
13	Shree Kali Prasad Lakhe Ma. Vidyalaya	Langadi	Dhobini-4	Rautahat	13-Dec-21	★ ★ ★
14	Shree Koilavar Aadharbhut Vidyalaya	Koilavar	Parsagadhi-1		22-Nov-21	★ ★ ★
15	Shree Ram Prathamik Vidyalaya	Pipaldadi	Jagarnathpur-1		31-Dec-21	★
16	Shree Nepal Rastriya Pra. Vidyalaya	Lamariya	Pokhariya-2		26-Nov-21	★
17	Shree Saraswoti Madhyamik Vidyalaya	Valohiya	Durgabhagawati-2	Rautahat	05-Dec-21	★ ★ ★
18	Shree Aadharbhut Vidyalaya	Jatahara	Ishnath-5		27-Nov-21	★ ★ ★
19	Shree Ramnaresh Laxman Ma. Vidyalaya	Hajminiya	Rajdevi-2		28-Dec-21	★ ★ ★
20	Shree Janata Madhyamik Vidyalaya	Saruattha	Yamunamai-4		27-Nov-21	★ ★ ★

**विद्यालय खानेपानी, सरसफाई तथा स्वच्छता स्वमूल्याङ्कन फारम**

विद्यालयको नाम - श्री नेपाली माध्यमिक विद्यालय, विद्यालय कोड नं - 082, मिति: 18/12/21  
 प्रश्न - 2 विद्यालय - शिक्षक संख्या नं - 10, विद्यार्थी संख्या 100, शिक्षक नं - 2, विद्यार्थी 1990, पढाउने 9.9.9 पाठ्य 11/10/10, शिक्षक 0.5, शिक्षा 2, शिक्षा 2.2, 6/12/2021

**विद्यालयले तारा प्राप्त गर्ने मापदण्डहरू**  
 स्कोर 1 (कम), 2 (माध्यम), 3 (उत्तम)

क्र.सं.	स्कोर	दुई तारा	स्कोर	तिन तारा	स्कोर
1	3	2	3	3	3
2	3	2	3	3	3
3	3	2	3	3	3
4	3	2	3	3	3
5	3	2	3	3	3
6	3	2	3	3	3
7	3	2	3	3	3
8	3	2	3	3	3
9	3	2	3	3	3
10	3	2	3	3	3
कुल	30		30		30

2021.11.23.15



Display of Star Flag



Star Certificate

**E. Financial Progress**

Actual Expenditure of UNICEF Contribution  
**Table-9: Financial progress**

<b>Total Approved Budget</b>	<b>20,474,489</b>	
<b>Total Received Amount</b>	<b>20,474,489</b>	<b>100%</b>
<b>Actual Expenditure</b>	<b>19,672,047</b>	<b>96.08%</b>
<b>Deficit/Surplus</b>	<b>802,442</b>	<b>3.92%</b>

The surplus amount NPR 802,442 has been already deposited in bank account of UNICEF, NCO on 9th Fruary 2022.

### III. Innovation

#### a. Use of appropriate design of WASH facility

WEL did not use any typed design of new WASH facilities. It has developed different types of design of WASH facilities appropriate to each school based on need and space availability. During the design and construction of WASH facilities focus on mainly four major aspects as that should be Child, Disable & Environmentally friendly and Gender sensitiveness (CDErGs). Not only in the new construction, but also in the maintenance and improvement of the existing non usable WASH facilities, these four aspects have been taken into consideration.

Photographs of few new structures illustrating below



**Nepal RaPra Vidyalaya, Pokhariya, Parsa**



**Nepal Ra Aadharbhut Vidyalaya, Kohabi, Bara**



**RamKabir Bhagawan Pra Vi. Baragadhi-3, NeRaAa Vi. Kolhabi-3 & Janata Ma Vi Yamunamai**



**Parsauna Health Post/Birthing Center, Parsauna, Kolhabi-6, Bara**

Photographs of repaired/upgraded few existing WASH facilities



Ne Ra Ni Ma Vidyalaya, Aadarsa Kotwal.



Shree Ramianaki Pra Vi, Mahagadhimai



NeRa Aadharbhut Vidyalaya, Birgunj-29,



Kali Prasad Lakhe Ma Vi, Dhubini,



Nathuni Aa. Vidyalaya, Baragadhi-2,



Koilabhar Aa. Vidyalaya, Parsagadhi-1,

***b. Explore the local fabricator***

To give the real shape of some of the innovative idea, WEL has explored the local fabricators. With the support of local fabricators, fabricated metal incinerator, floor mount grab bar and different types of metal covers for brick masonry incinerator constructed in different schools. The schools and HCFs where did not possible to construct mesony incinerator, used metal incinerator. Similarly, floor mount grab mount grab bar is used in the disably friendly toilet where could not upgrade by using comod.





**Metal Incinerator**



**Floor Mount Stainless Steel Grab Bar**



**Sliding Type Cover for Pad Hole**



**Box Type Cover for Pad Hole**



**Sliding Cover for Waste Dump Hole**

*c. Some Other Innovation*

Along with above, WEL has provided some other innovative goods to child clubs to make them active. Piggy box, ID cards, Pocket charts, Sanitary pad making chart along with kit-box are some of the example of innovative of WEL under the programme.



**Piggy Box**



**ID Card for Members of Child Club**

Similarly, develop a flex print "how to make sanitary pad at home?" and provided along with kit-box to MHM group formed in schools & HCFs. The kit-box containing niddle, scissor, and other nessary materials as given below table required to make sanitary pad.



**Pocket Chart**



**Pad Making Chart**



**Students with Sanitary Pad Making Kit-Box**

**Table-10: List of items in the kit-box**

S.No.	Items	Unit	per School	# of School	Total Qty
01	Plastic box	pc	1	20	20
02	Scissors	pc	1	20	20
03	Measuring Tape	pc	1	20	20
04	Cotton Cloth	mtr	2	20	40
05	Fibre Cloth	mtr	2	20	40
06	Peel & Stick sticker	mtr	0.5	20	10
07	Thread	roll	11	20	220
08	Niddle	pc	2	20	40
09	Flex (Pad Making Technique Chart)	pc	1	20	20

#### *d. Flagging & Informative Signage*

Out of 20 schools, 12 has been certified by local government as 3-star schools. WEL has provided necessary flags, poles and other materials to all 12 schools for flagging. Along with flagging provided informative signage post to install near the main entrance of the schools. Five posts were used for 5 flags-one national flag, one school flag and three 3-star flags as shown in the photo below. Along with the flagging post used MS pipes & plates for informative signage post as shown in the photo.



Flagging

Informative Signage

Flagging

#### *e. Jacket and safety equipments for labour*



WEL was provided yellow jacket with reflective belt to workers for their identification and safety during the working time and travel. The slogan "हामी दिगो सरसफाइ अभियानमा छौं, तपाईं नि?"



(We are in a sustainable sanitation campaign, and you?) on the back of the jacket. Along with the jacket, WEL has provided some health safety materials like, globes, surgical masks, sanitizers, etc. But, due to inconvenience to use during the working time workers did not want to use globes & masks.

### f. Use of Special Tiles



In Shree Nepal Rastriya Aadharbhut Vidyalaya, Kolhabi-3 a set of urinals has been constructed near to universal toilet for ECD kids. Because of existing urinals was far from ECD class and the children could not used those urinals. To attract the children to use urinal & toilet laid the special tiles having foot pring on the ramp surface. Local trader was mobilized to print footprints on the tiles. Due to those tiles children were self motivated to use urinals as well as unisex toilet constructed next to urinals and due to this new toilet block all types of students have access to WASH facilities in that schools.

After tiles patching constructed tactiles type surface on the landing of the ramp, so that after ramp white stick users can reach and use the unisex toilet easily.

## IV. Situation-Before & After

Before the implementation of project activities, WEL has done baseline survey of 20 schools & 5 HCFs to find out the actual situation of WASH in schools and HCFs. During the survey, used comprehensive baseline survey format that developed on the basis of the government 3-star approach as mentioned in the "School WASH procedure, 2074" (with second amendment) & standard of WASH FIT.

Following table shows situation of WASH indicators in schools with star standard before and after implementation of WASH in School programme under ASWA II:

Indicators	# School with star std before implementation			# School with star std after implementation		
	★	★★	★★★	★	★★	★★★
Water	19			1	1	18
Toilet	7	1			1	19
Env. San.				1	6	13
Food Hgn.	10		1			20
Hgn. Fct.	3	2				20
Hgn. Edu.	11	5			1	19
MHM						20
Ins. Stn.		1				20
DRR	10					20
Mon & Acnt	2			2	2	16

From the above table it can be summarized as

### 1. Water Facility

Before implementation, nineteen schools out of 20 have minimum water facility. The sources of water was shallow tubewell with poor platform. One school have no water facility because of classes were operating from old shool block located about half kilometer away from new school buldings. The 19 schools where basic water facility was available as of 1-star standard.

After implementation of the programme, water facility was upgraded to 3-star standard in 18 schools, 2-star in one school and 1-star in next one school. Constructed platform & pump

house, laying pipeline and install water storage system in 19 schools. One schools Shree Ram Prathamik Vidyalaya, Pipardandi is operating from community building located nearly 200 mtr far so that water is not supplied to taps and other points.

## *2. Toilet Facility*

Before implementation, it was found that seven schools out of 20 have functional and separate toilet with doorbolt for girls & boys as of 1-star standard. One schools have functional urinals separate for boys and girls along with toilets. Which was 2-star standard and no such toilet facility in remaining schools.

After implementation, students & teachers of 19 schools have access to toilet facilities of 3-star standard and one have 2-star standard.

## *3. Environmental Sanitation*

Before implementation of the programme, no one school have found neat and clean from the point of view of environmental sanitation.

During the implementation, formed child club trained the members on WinS and 3-star and mobilized for school & community cleaning campaign. Then environmental sanitation of 13 schools were upgraded to 3-star standard, 6 as 2-star and one as 1-star standard.

## *4. Food Hygiene*

During the baseline survey, schools were closed due to lockdown during first wave of COVID 19, it was not possible to observed the food being cooked during the day, but when teachers were contacted, it was found that food was being cooked in 12 schools. In remaining eight schools cash was given to students instead of cooked food. Out of 12, standard of food hygiene found in 10 schools as 1-star and 3-star in one schools.

After implementation of the programme, food hygiene in all 12 schools where cooked found as of 3-star standard. Considered 3-star standard assuming the students of those schools where provided cash instead of cooked food.

## *5. Hygiene Facilities*

During the baseline survey, hand washing facility with soap water found in 5 schools. 2 schools have 2-star standard that means availability of group hand washing stations and three have 1-star standard of availability of water from hand pump and/or bucket and soap.

After implementation of the programme, teachers and students of all 20 schools have access to hygiene facilities of 3-star standard. In all schools have been constructed mass hand washing stations. And in some schools, soap water yields after hand washing supply to urinals, so when each student washes their hands with soap water, the urinal will clean itself.

## *6. Hygiene Education*

As information collected during the baseline survey, even though hygiene education is included in the curriculum & being taught in only 11 schools and MHM education is being taught only in schools with class 6 or above. Similarly, only students of five schools have actively participated in practical and life-skilled based hygiene education. During the baseline 11 and 5 schools respectively 1 and 2-star standard.

After implementation of the programme, 19 schools were upgraded to 3-star standard and one school to 2-star standard.

### ***7. Menstruation Hygiene Management (MHM)***

During the baseline, no one schools have found nothing for MHM. In five schools of three in Rautahat & 2 in Parsa have found incinerator in the form of debris. However, found very few schools of secondary level have provided sanitary pad to adolescence girls students during their period.

Under the programme, Constructed 16 new masonry incinerator and repair existing three masonry incinerator. Where not possible to construct new and not available existing for repair, installed locally fabricated MS iron incinerator in 5 school. Provided dustbin with lid to those 5 schools to put in girls toilet to collect sanitary pad. Trained selected adolescence girls on sanitary pad making technique at home and MHM. After implementation of the programme, all schools have found 3-star standard.

### ***8. Institutional Sustainability***

Institutional sustainability is one of the indicator of 3-star approach mentioned in "School WASH Procedure, 2074" (with Second Amendment). Before implementation of the programme, only one school named Shree Nepal Rastriya Aadharbhut Vidyalaya, Kakari, Kolhabi have found 2-star standard and rest have none. After the implementation of the programme, all schools were upgrated to 3-star standard of institutional sustainability point of view. Now all schools have trained and functioning child club and S-WASH-CC, included WASH in school improvement plan (SIP) giving priority, trained the office assistant as a caretaker, established O&M fund and provided tool box with necessary tools required for repair and maintenance of WASH facilities available in each schools.

### ***9. Disaster Risk Reduction (DRR)***

Out of 20, in ten schools teachers were trained on DRR and time to time they were taught students about DRR. During implementation of the project trained member of S-WASH-CC and child club and focal teacher of each school on DRR, prepared community map showing possible disaster risk area and build all WASH facilities has been constructed according to the Nepal Government's approved standard. So, all schools after implementation of the programme has been found 3-star standard.

### ***10. Monitoring & Accountability***

During the baseline survey, only in two schools, one in Rautahat and one in Parsa have found femal teacher were appointed as a contact person for WASH promotion and MHM and other school have non such arrangement. During the implementation of the project trained the focal teacher (focal/contact teacher would be female or male based on availability) on WinS & 3-star, assist the schools to develop sanitation plan to clean school regularly, encourage the students to clean hands with soap water in crital time.

Under the supervision and guidance of the focal/contact teacher, the students regularly clean the schools, wash their hands with soap & water and established WASH corner in their schools. As a result, after completion of the project 16 schools have found 3-star, 2 each schools respectively 2 and 1-star under this 10<sup>th</sup> indicator of 3-star approach.

## V. Voice of Stakeholders

We stayed in a big hotel and got 2 days WASH Facilities repair & maintenance training with other male participants. Capacity and confidence also increased as a result of the training. Now I can do repair/maintenance of handpump in the community too. Thank you UNICEF and WEL Nepal for giving us this opportunity for the first time!



Due to UNICEF and WEL, even in the midst of the COVID 19 epidemic, employment was found close to home and our school was improving. So I really like this program.



Anuradha Chaudhary,  
Caretaker

How do you feel about the work done by WEL and UNICEF?  
-Suman Suskera, Reporter, Makaluonline



Earlier, our health post had only one room toilet. Now all the sanitation facilities have been constructed. In collaboration with local bodies, WEL and UNICEF, quality work has been done at low cost.  
-Mohan Chaudhary, In-Charge, Prasauna HP, Kolhabi

WEL has done much better than we thought. We are continuing this work. We, the school family, parents and the local government are committed to working together to make the WASH facility sustainable. Many thanks to UNICEF and WEL!  
-Tularam Mahato, Chairperson, Ward-1, Parsagadhi, Parsa



## VI. Learnings

- Co-ordination & co-operation with ward level stakeholder, school management committee, school family is vital for implementing programme effectively.
- Awareness campaign and capacity buildup among the target group prior to implementation of hardward activities help to achieved the target easily.
- If the programme is focus in a single local level instead of scattering, ownership will be developed among the stakeholders and contribution will be get easily and more than committed.
- If the head teacher, in-charge of HCF and/of local leaders wants, a lot and effective work can be done with a small investment and effort.
- Comparatively, it is easier to implement a program in a basic school than in a secondary school, because the basic school teachers seem to want to do something better and new for their schools, but the secondary school teachers do not seem to have such feeling.
- Easy to work in northen part rather than of southern part of the project area.

## VII. Challenges

During the implementation faced the following challenges:

- Long, uncertain and repetitive lockdown due to COVID 19 pendamics.
- Problems in traveling and transporting construction materials due to water logging and road damage during the rainy season.
- Scatter project sites-20 schools and 5 health posts were scattered in 17 palikas (local bodies)
- Changes in the short duration of the Chief Administrative Officer of the Palikas and misplaced of the documents submitted, problems in regular coordination, taking too much time even for small work or not working at all.
- As the quantity of construction materials is very small and the transportation cost is high, the traders/suppliers are not interested in delivering the materials to the construction site on time.
- Theft and vandalism after construction and maintenance of WASH facilities. The school does not take responsibility for the incidents like theft of goods from the store, destruction of structures, etc.
- Lack of fencing/boundary wall in the school was also a challenge in accomplished the program timely.
- Scarcity of skilled human resources at local level.
- Lack of support from SMC, teachers, district/Palika WASH coordinators.
- Lack of support from most of the palikas and non-availability of cost sharing.



- High consumption of travel and coordination time.

## VIII. Way forward

- School selection based on need and willingness as well as availability of boundary wall.
- Management of sufficient time and staff based on project nature and size.
- Phasewise implementation as capacity building, awareness, preparation phase & mobilization & implementation phase.
- UNICEF must support the Palikas of project area to develop their policy to work with I/NGOs & UN Agencies.
- Must develop school & HCF selection criteria very seriously



## Annex-1: Success Story

### Everything can be done if desired



The school had about 300 students. For 300 students, there were 5 teachers and an Office Assistant.

There was only one toilet block. Inside the block there were two-room toilet with separate doors and a narrow urinal between the main door and the toilet. There was only one door to enter the toilet. So both men and women could not use the toilet at the same time. So, need to wait sometime to use. There was no facility for hand washing in the group/individual at the school and water was also drunk directly from

the handpump without platform.

There was no fencing in the school so people from outside community used to go inside the school premises and litter.

Due to the lack of adequate and comfortable toilets, teachers and older students took turns using the toilets, while younger students defecated wherever they could.



In an emergency, both

the teacher and the student had no choice but to walk behind the school building or near by bamboo bushes.

The condition of female teachers was more critical. They did not drink water even though they were thirsty due to lack of urination facilities in the school.

The female teachers used to use the

toilet of the nearby police station, which was not easy for them.

When the WASH in School program under the joint initiative of Baragadhi Village Municipality, Water Environment and Life Organization (WEL) and UNICEF Nepal implemented in this Shree Ramkabir Bhagwan Basic School in Ward No. 3 of the municipality constructed user friendly toilets, separate urinals for men and women & group hand washing stations. Also made arrangements for water storage and distribution network





Samsung Quad Camera  
Shot by ४३३

Former and present headmasters of the school receiving of 3-star Certificate from Mr. Devdatta Bachhar Tharu, the chairperson of Baragadhi RM

Child Club and S-WASH-CC were formed and its members, focal teachers and Office Assistants were trained on WASH in School, three-star approach and repair/maintenance of WASH facilities. Teachers & students have begun to improve not only the natural environment of the school but also the educational environment.

Together they began to self-assess their school. Study the indicators that must be met to raise the school to three star standard. First of all, in order to build the confidence of the students, the arrangement of dress and tie was made mandatory by discussing with the parents. Kitchen garden was built on the vacant land nearby. Managed the power supply in the school to operate the water pump and water purifier.

At the beginning of the program, looking at the condition of the school, it seemed that it could hardly be made up to 2-star.

The positive thinking of the teachers and students, the collaboration between the past and present headmasters and teachers, the support of local bodies, school management committees, parents and the community helped them to declare their school as a 3-star standard along with two other schools in their Ruralmunicipality. The school family is not only happy that they have succeeded in getting it done, they have started saying " Everything can be done if desired".



Headmaster & Students During Assembly Session



Samsung Quad Camera  
Shot by ४३३

Teachers and child club members of Shree Ramkavir Bhagwan Basic School and team of WEL with the Chairperson and Chief Administration Officer of Baragadhi Ruralmunicipality

## Annex-2: List of Materials Supported

### A. Logistic & Special Support for Child Club

S.No.	Items	Unit	Per School	No. of School	Total Qty
1	Glue Stick	Pc	2	20	40
2	Punching Mechine	Pc	1	20	20
3	Photocopy Paper	Rim	1	20	20
4	Stapler	Pc	1	20	20
5	Stapler Pin	pkt	6	20	120
6	Pencil	pkt	1	20	20
7	Register	pc	1	20	20
8	Nepali File	pc	6	20	120
9	Sign Pen	pkt	1	20	20
10	Ball Pen	pc	10	20	200
11	Scale	pc	1	20	20
12	Masking Tape	roll	1	20	20
13	My Clear Bag	pc	5	20	100
14	Cello Tape	roll	2	20	40
15	Pigeon holes type rack	set	1	20	20
16	Partially white & stick board	set	1	20	20
17	Piggy box	pc	1	20	20
18	Pocket Chat, Cotton	pc	1	20	20
19	Apron where day food cooke	pc	1	12	12

### B. Cleaning materials provided to school for campaign

S.No.	Items	Unit	Per School	No. of School	Total Qty
1	Plastic Mug	pc	3	20	60
2	Dust-pan	pc	2	20	40
3	Phenyle, 1 ltr	botl	2	20	40
4	Harpick	botl	3	20	60
5	Toilet Brush	pc	2	20	40
6	Soap	pc	10	20	200
7	Coconut Broom	pc	7	20	140
8	Broom	pc	4	20	80

### C. Cleaning materials support to schools

S.No.	Items	Unit	Per School	No. of School	Total Qty
1	Dust-bin, normal size	pc	5	20	100
2	Dust-bin, 25 ltr cap	pc	2	20	40
3	Pedal Operated Dust-bin, 10 ltr cap	pc	1	5	5
4	Plastic Bucket with lid, 10 ltr cap	pc	2	20	40
5	Plastic Bucket, 5 ltr cap	pc	3	20	60
6	Plastic Mug	pc	2	20	40
7	Dust-pan	pc	2	20	40
8	Phenyle, 1 ltr	botl	4	20	80
9	Harpick	botl	5	20	100

S.No.	Items	Unit	Per School	No. of School	Total Qty
10	Toilet Brush	pc	5	20	100
11	Soap	pc	34	20	680
12	Coconut Broom	pc	3	20	60
13	Broom	pc	2	20	40
14	Sanitary Pad	pkt	25	20	500

#### D. Cleaning materials support to HCF

S.No.	Items	Unit	Per/HCF	No. of School	Total Qty
01	4 Color Dust Bin (RYBG), 35 ltr cap	set	4	5	20
02	Plastic Mug	pc	3	5	15
03	Plastic Bucket, 5 ltr cap	pc	3	5	15
04	Dust-pan	pc	3	5	15
05	Pedal Operated Dust-bin, 10 ltr cap	pc	1	5	5
06	Simple duct-bin	pc	5	5	25
07	Phenyle, 1 ltr	botl	6	5	30
08	Harpick	botl	6	5	30
09	Toilet Brush	pc	6	5	30
10	Soap	pc	40	5	200
11	Coconut broom	pc	6	5	30
12	Broom	pc	6	5	30

#### E. R&M Tool Box & Tools

S.No.	Items	Unit	pc/box	per School	Total Qty
1	Tool box	set	1	20	20
2	Pliers	pc	1	20	20
3	Screw-driver, 12" long	pc	1	20	20
4	Pipe Wrench, 18" long	pc	1	20	20
5	Pipe Wrench, 14" long	pc	1	20	20
6	Pipe Wrench, 12" long	pc	1	20	20
7	Hacksaw Frame	pc	1	20	20
8	Hacksaw Blade	pc	6	20	120
9	Knife	pc	1	20	20
10	Measuring Tape, 3 mrt long	pc	1	20	20
11	Spanner set, 20x22	set	2	20	40
12	Chisel	pc	1	20	20
13	Claw Hammer	pc	1	20	20
14	CPVC solvent cement	pkt	1	20	20
15	Flapper Valve	pc	1	20	20
16	Bucket washer	pc	1	20	20
17	Lock & Key	set	1	20	20
18	Tube Well R&M Manual	pc	1	20	20

## Annex-3: Report on Capacity Building/Training

### A. One day orientation/refreshment training to Child Club & S-WASH-CC members

#### Summary of Participants

Training Types	Target School	Achieve	# Of Beneficiaries										Remarks
			F	M	T	PwD	D	J	M	Mu	B/C	O	
Orientation	20	20	233	236	469	2	80	154	194	12	23	6	
Refreshment (Not scheduled in the programme)	20	17	184	165	349	1	72	96	143	11	25	2	
Total			417	401	818	3	152	250	337	23	48	8	

#### Background

Under "Accelerating Sanitation and Water for All (ASWA II)" programme, WASH in Institutions projects is implementing in 20 schools & 5 HCFs in 17 palikas of Bara, Parsa and Rautahat districts in province 2 with the support of concerning local governments and UNICEF Nepal.

The main aim of the programme is to upgrade the schools as a 3-star standard by upgrading WASH facilities as mentioned in School WASH Protocol 2017 (विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धी कार्यविधि, २०७४ दोश्रो संशोधन सहित) and HCFs as WASH FIT standard. One-day orientation about 3 star approach on WASH in school in one of the major activities included in the programme.

Provide proper sufficient facilities, proper use of providing facilities and its regular repair, maintenance and its proper management only meet the 3-star as School WASH Protocol 2017. So one-day orientation about 3-star on WASH in School to CC and SWASH-CC is mainly focused to share knowledge about the proper use of constructed and renovated facilities and their timely repair and maintenance.

#### Objectives

The main aim of the programme is to empower about WASH component and 3-star approach's indicators to CC and SWASH-CC members.

Objectives of the programme are as:

- To equipped the knowledge & skills of the participants on WASH & 3-Star approach.
- To develop the leadership skill of child club members.
- To give the knowledge how to conduct meeting, prepare minute, prepare and implement work plan along with keep them active.

#### Expected Outcomes

After the orientation:

- Participants have understood to proper use of conducted and constructed/repared WASH facilities.
- Participants have understood to self-evaluation of own school's WASH status based on School WASH Protocol 2017 and 3-star approach.
- Participants were able to DRR stratification and to make a social Map.
- Participants were able to make cleaning timetable and yearly planning calendar.

#### Methodology

Following methodology was adopted in the training:

- lecture & discussion
- Observation
- Group & Individual exercise
- Games

## Materials & Tools Used

- Chitra Maala (Flow Chart)
- Flex
- Chart Paper
- Pen, copies
- Colors
- Marker. etc

## Major Activities

In the beginning, formed or reformed child club (CC) in all schools and empowered to school team for the formation of SWASH-CC according to as School WASH Protocol 1917.

The participants were observed the improve WASH facilities with knowledge about these, and how to properly use them?

Planned to orientation matters according to as taking ToT training on WASH in Institution in Bardibas, and as well as followed the other minimum procedure of orientation, then start the orientation/training as planned.

### • Discussion & Lecture:

Discussion made focusing on the following issues and tried to address the issues through lecture.

- What have seen differences in existing & improved WASH facilities and how we use these facilities properly?
- What is sanitation and its importance?
- How to works division and make cleaning timetable and implement it?
- How to DRR stratification and incorporate it on social map and yearly plan calendar?
- **Observation of WASH facilities and Discussion**
  - Through observation finds out the differences between existing and improved WASH facilities.
  - Sharing about available facilities and how to its proper way of using.
  - Try to find out the current status in WASH based on School WASH Protocol 2017. And how to improve the status?

## Challenges

Faced following challenges during orientation as following:

- Language barrier in primary level schools.
- Due to COVID-19 pandemic, most of the time schools were closed and feel hesitate to use longer time from their tight schedule.
- All SWASS-CC members were participated in orientation due to unable to formation of SWASH-CC on time cause of no active SMC in most of those schools.

## Lesson Learn:

- Able to held orientation successfully and fruitfully through strictly following the health safety about COVID-19.

## Conclusion

Not only the hygiene facilities are not enough for the achieve the result on WASH in School program. Repair maintenance of those facilities and sustainability of the program is vital, and which is not possible without empowering themselves and tracking on the system.

So form and reform of Child Club and SWASH-CC and make them active and empower them about the 3-star approach is only the vital activities of this program.

# Photo Synopsis



**Shree Ram Kabir Bhagawan Aa.Bi.  
Baragadhi-2, Murki**



**Shree Nepal Rastriya Secondary School,  
Kalaiya-20, Dhanukdalit tole**



**Shree Gyan Jyoti Aa.Bi. Kalaiya-1, Parsakatti**



**Shree Ramjanaki Aa.Bi. Mahagadhimai,  
Inarwa**



**Shree Nepal Rastriya Aa.Bi. Simroungadh,  
Ganganagar**



**Shree Nepal Rastriya Aa. Bi. Birgunj-29,  
Basdilwa**





**Shree Saraswoti Secondary School, Durgabhagawati**



**Shree Aadharbhut Bidhyalaya, Ishnath, Jatahara**



**Shree Ramnaresh Laxman Secondary School, Rajdebi, Hajminiya**

**Shree Aadharbhut Bidhyalaya, Ishnath, Jatahara**

**Details of venue, date or orientation conducted, and number of beneficiaries**

S.N.	District	Date	Venue	Beneficiaries Number				Remarks
				F	M	T	PwD	
<b>One day orientation</b>								
01	Yamunamai-4	24-Feb-21	Shree Janta Secondary School	14	18	32	0	
02	Ishnath-5	4-Feb-21	Shree Basic School	20	9	29	0	
03	Durgabhagawati-2	2-Mar-21	Shree Saraswoti Higher Secondary School	12	18	30	0	
04	Rajdevi-2	18-Aug-21	Shree ramnaresh Laxman Secondary School	11	15	26	0	
05	Kolhabi-3	7-Feb-21	Shree Nepal Rastriya Basic School	13	17	30	1	
06	Kolhabi-5	20-Apr-21	Shree Nepal Rastriya Primary School	10	8	18	1	
07	Aadarsha Kotwal-7	23-Jul-21	Shree Nepal Rastriya Basic School	7	9	16	0	
08	Mahagadimai-2	20-Aug-21	Shree Ram Janaki Primary School	11	8	19	0	

S.N.	District	Date	Venue	Beneficiaries Number				Remarks
				F	M	T	PwD	
09	Baragadhi-3	7-Apr-21	Shree Ram Kabir Primary School	7	4	11	0	
10	Baragadhi-2	10-Jul-21	Shree Nepal Rastriya Aadharbhut Vidyalaya	10	10	20	0	
11	Baragadhi-2	25-Jul-21	Shree Nathuni Adharbhut Vidyalaya	8	9	17	0	
12	Kalaiya 20	26-Jun-21	Shree Nepal Rastriya Secondary School	11	12	23	0	
13	Kalaiya 1	4-Mar-21	Shree GyanJyoti Primary School	12	6	18	0	
14	Jitpursimara-12	19-Feb-21	Shree Hamsha Bahini Basic School	12	10	22	0	
15	Simraungadh-4	5-Mar-21	Shree Nepal Rastriya Primary School	8	17	25	0	
16	Dhobini-4	3-Mar-21	Shree Kali Prasad Lakhe Secondary School	9	21	30	0	
17	Parsagadhi-1	25-Feb-21	Shree Koilavar Basic School	15	10	25	0	
18	Pokhariya-2	5-Mar-21	Shree Nepal Rastriya PS	17	13	30	0	
19	Jagarnathpur-1	7-Mar-21	Shree Ram Primary School	14	12	26	0	
20	Birgunj-29	20-Aug-21	Shree Nepal Rastriya Basic School	12	10	22	0	
<b>Total</b>				<b>233</b>	<b>236</b>	<b>469</b>	<b>2</b>	
<b>Refreshment Training</b>								
01	Yamunamai-4	22-Nov-21	Shree Janta Secondary School	14	12	26	0	
02	Ishnath-5		Shree Basic School					
03	Durgabhagawati-2	23-Nov-21	Shree Saraswoti Higher Secondary School	11	15	26	0	
04	Rajidevi-2	25-Nov-21	Shree ramnaresh Laxman Secondary School	9	17	26	0	
05	Kolhabi-3	27-Dec-21	Shree Nepal Rastriya Basic School	11	6	17	0	
06	Kolhabi-5	29-Dec-21	Shree Nepal Rastriya Primary School	12	6	18	1	
07	Aadarsha Kotwal-7	28-Nov-21	Shree Nepal Rastriya Basic School	6	9	15	0	
08	Mahagadimai-2	25-Oct-21	Shree Ram Janaki Primary School	9	6	15	0	
09	Baragadhi-3	3-Aug-21	Shree Ram Kabir Primary School	5	5	10	0	
10	Baragadhi-2		Shree Nepal Rastriya Aadharbhut Vidyalaya					
11	Baragadhi-2	17-Nov-21	Shree Nathuni Adharbhut Vidyalaya	7	4	11	0	
12	Kalaiya 20		Shree Nepal Rastriya Secondary School					
13	Kalaiya 1	17-Dec-21	Shree GyanJyoti Primary School	7	6	13	0	
14	Jitpursimara-12	31-Oct-21	Shree Hamsha Bahini Basic School	13	9	22	0	
15	Simraungadh-4	18-Nov-21	Shree Nepal Rastriya Primary School	11	15	26	0	
16	Dhobini-4	23-Nov-21	Shree Kali Prasad Lakhe Secondary School	14	9	23	0	
17	Parsagadhi-1	24-Nov-22	Shree Koilavar Basic School	9	6	15	0	
18	Pokhariya-2	25-Oct-21	Shree Nepal Rastriya PS	11	12	23	0	
19	Jagarnathpur-1	21-Nov-21	Shree Ram Primary School	15	9	24	0	
20	Birgunj-29	28-Oct-21	Shree Nepal Rastriya Basic School	20	19	39	0	
<b>Total</b>				<b>184</b>	<b>165</b>	<b>349</b>	<b>1</b>	
<b>G. Total</b>				<b>417</b>	<b>401</b>	<b>818</b>	<b>3</b>	

# Sample Attendance

संस्थागत बानेश्वरी, सरसकाइ तथा स्वच्छता कार्यक्रम

वर्षिकी हाजिरी

दिनांक: 2081-02-04

क्र.सं.	नाम	संस्थाको नाम/शैनामा	पद	सम्मर्क नं.	पदनाम
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तयार गर्ने: ...

संस्थागत बानेश्वरी, सरसकाइ तथा स्वच्छता कार्यक्रम

वर्षिकी हाजिरी

दिनांक: 2081-02-04

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तयार गर्ने: ...

संस्थागत बानेश्वरी, सरसकाइ तथा स्वच्छता कार्यक्रम

वर्षिकी हाजिरी

दिनांक: 2081-02-04

क्र.सं.	नाम	संस्थाको नाम/शैनामा	पद	सम्मर्क नं.	पदनाम
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तयार गर्ने: ...

संस्थागत बानेश्वरी, सरसकाइ तथा स्वच्छता कार्यक्रम

वर्षिकी हाजिरी

दिनांक: 2081-02-04

क्र.सं.	नाम	संस्थाको नाम/शैनामा	पद	सम्मर्क नं.	पदनाम
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तयार गर्ने: ...

## Shree Nepal Rastriya Aa.Bi. Birgunj-29

Participants Attendance Sheet

Name of the organization: ...

Date and duration of the event: ...

S No.	Name of the participants	Name of the organization	Position	Female	Male	Race (Color)	Age (Date)	PWD (Date)	Signature	First Day	Second Day	Third Day
1	...	...	...	✓		...	...	...	...	...	...	...
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3	...	...	...	✓		...	...	...	...	...	...	...
4	...	...	...	✓		...	...	...	...	...	...	...
5	...	...	...	✓		...	...	...	...	...	...	...
6	...	...	...	✓		...	...	...	...	...	...	...
7	...	...	...	✓		...	...	...	...	...	...	...
8	...	...	...	✓		...	...	...	...	...	...	...
9	...	...	...	✓		...	...	...	...	...	...	...
10	...	...	...	✓		...	...	...	...	...	...	...
11	...	...	...	✓		...	...	...	...	...	...	...
12	...	...	...	✓		...	...	...	...	...	...	...

महिला: 92  
पुरुष: 4

## Shree Gyan Jyoti Aa.Bi, Kalaiya-1

## Shree Aadharbhub Bidhyalaya, Ishnath

विद्यालयको नाम: ...

दिनांक: 2081-02-04

क्र.सं.	नाम	संस्थाको नाम/शैनामा	पद	सम्मर्क नं.	पदनाम
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## Shree RamJanaki Aa.Bi, Mahagadhimai, Inarwa

संस्थागत सावधानी, वार्षिकपत्र तथा स्वच्छता कार्यक्रम  
उपस्थिती हाविती

विद्यार्थ्यांचा वय: २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा)

निदेशिका नं: २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा)

क्र.सं.	नाव	संस्थाचे नाव/ठेगाना	पद	संघर्ष नं.	दस्तावेज
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नवाग मने: १/५, ३/५, ४/५, २४/५, ९/५

स्वीकृत मने

**Shree Kali Prasad Lakhe Secondary School, Dhubini**

संस्थागत सावधानी, वार्षिकपत्र तथा स्वच्छता कार्यक्रम  
उपस्थिती हाविती

विद्यार्थ्यांचा वय: २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा)

निदेशिका नं: २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा) / २५-३५ वर्षांचा (१००% लक्षात घ्यावा)

क्र.सं.	नाव	संस्थाचे नाव/ठेगाना	पद	संघर्ष नं.	दस्तावेज
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नवाग मने: १/५, ३/५, ४/५, २४/५, ९/५

स्वीकृत मने

**Shree Nepal Rastriya Aa.Bi, Simroungadh, Ganganagar**

### Contents/Schedule

Content	Time	Materials/method
Name Registration & Introduction	10 min	
Observation/sharing knowledge about available WASH facilities	30 min	Group visit
Self-evaluation from practice	10 min	group work
Find out the lacking indicators and how to improve?	20 min	Group Discussion
Introduction about Social Map	30 min	Discussion
DRR stratification	15 min	Group practice
Social Mapping Practice	15 min	Group Practice
Introduction about planning	10 min	Lecture and discussion
Try to make year plan	20 min	Group work
Closing	5 min	

## B. 2-Days Training on care, operation, Repair & maintenance of WASH facilities to care taker

### Executive Summary

Two days training on care, operation, repair and maintenance of WASH facilities in Schools/HCFs to care taker was organized by WEL with support of UNICEF Nepal. The specific objective of the training was to train how to operate properly the available facilities and its repair and maintenance on time.

The key participants were the Care takers of the Health Posts and Schools. The programme was done through participatory and practical approach. The methods used are Power point presentation, practical session, question and answers, discussion, interactions, session evaluation, reward mechanism and learning sharing.

Agendas of the training was brief introduction of available WASH facility, operation, repair and maintenance on time and tis sustainability.

Key output was to know how to clean and how to use properly available facilities and its operation, repair and maintenance on time and take ownership of the programme. The participants agreed and committed to taking responsibility for the protection of available WASH facilities and repair, and maintenance on time.

### 1. Background

Under "Accelerating Sanitation and Water for All (ASWA II)" programme, WASH in Institutions projects is implementing in 20 schools & 5 HCFs in 17 palikas of Bara, Parsa and Rautahat districts in province 2 with the support of concerning local governments and UNICEF Nepal.

The main aim of the programme is to upgrade the schools as a 3-star standard by upgrading WASH facilities as mentioned in School WASH Protocol 2017 (विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धी कार्यविधी, २०७४, दोश्रो संशोधन सहित) and HCFs as WASH FIT standard.

Empowered to the stakeholder is only the sustain of the programme. So 2-days training on care, operation, repair, and maintenance in schools/HCFs to caretaker also the empowered and helps to care, operate facilities proper ways and repair and maintenance on time. Which helps to sustain them.

The two days training on care, operation, repair, and maintenance in schools/HCFs to caretakers was organized by Well with the support of UNICEF Nepal. on 8<sup>th</sup> and 9<sup>th</sup> March. 2021. The Key facilitators were engineers from UNICEF and WEL as well as CT of WEL. The key participants were Cate Taker from Schools and HCFs. The venue of the training was Hotel Karan Raj Palace, Kalaiya. Ms. Sunita Sulphe KC, WASH Officer and Mr. Gehen Maharjan, Engineer from UNICEF Janakpur Office, Mr. Yagya Shrestha, Engineer and Mr. Satya Raj Subedi, CT from WEL were facilitated the training.

### 2. Objectives:

The specific objective of the training was to train the caretakers on care, operation, repair and maintenance of WASH facilities and the general objective are;

- To orient WASH in School and WASH FIT in Health Post,
- To give minimum skill to repair and maintenance of WASH facilities,

### 3. Participants:

Total of 21 (3 from HCFs and 18 from Schools) participants among whom 15 were male and 6 were female actively participated the training. The key participants were the caretaker (Karyalaya Sahayogi).

#### 4. Training Methodologies:

The methodologies used in the two days training are presentations, interaction, participatory discussion, session evaluation, questions and answers, reward mechanism, entertainment, practical works and learning sharing.

#### 5. First Day Session (8 March, 2021)

##### 1. Welcome Remarks

The opening remark was put on by *Mrs. Sunita Sulphe Wash officer UNICEF Nepal, Field Office Janakpur* as “second wave of COVID-19, this have come with new challenges in program implementation. Along with, she forced you are the hero of the organization and ambassador of the WASH programme. Sanitation is basis of health. and sanitation was not improved only the providing facilities. Whenever we couldn't use facilities properly, repair and maintenance on time. *She thanked and welcomed all the participants.*”

##### 2. Introduce friend and named title

Introduction session was led Mr. Gehen Maharjan, Engineer UNICEF Nepal and Mrs. Sunita Sulphe, WASH Officer, UNICEF Nepal. First of all to ware ID card with name, organization name and address which was easily see to others. And participant was introduced next friend and named him/her title too.

##### 3. Setting Ground Rules

Set the ground rules.

###### Court of conducts:-

- ❖ *Not allowed to talk each other.*
- ❖ *Mute mobile.*
- ❖ *Punctual on class*

##### 4. WASH facilities Observation at Hotel and Discussion

In the session start up, Mrs. Sunita Sulphe led the session. All participants observed some facilities then interaction about those facilities what they saw. Through this session participants ware clear about those facilities how they use and what's that work?

Then make them compare with some hotels as they experience and knowing them hotel are categorized on star based on service and facilities, and linked with own school.

Also found out that facilities not only enough for star getting. There are equally importance to use facilities proper way and its repair and maintenance on time too.

In this session Mr. Gehen presented some photos of current improvement facilities, some proper sanitation photos and some photos from the community after completing the project. Which was given a massage that projects only the success while community use properly and repair and maintenance on time.

##### 5. Cleaning

This session was held theoretical and practical both. In theory gave them how to clean surface? How to use tools? etc. And in practical part participant involved to clean training hall and selves use toilet. And also knowledge gain to use cleaning materials and tools.

##### 6. Discussion and Introducing with Tools box

This session was led by Mr. Saryaraj Subedi, CT, WEL. The participants have raised their voices about frequent damage, broken items in schools, and HCFs. Then questioned them, why don't repair and maintenance that on time?

Again forced, we hope that broken and damaged items will repair and maintenance on time and nobody deprived to use of facilities.

Then show some toolbox, tools, some repair items, pipe and fitting items and introduce with them.

## 7. Handwash demonstration

At the end of the day all those participants practically involvement on handwash activities with demonstration. Participants have know those steps of handwash well.

## 6. Second Day Session (9 March 2021)

### 1. Review of Day 1

The review of the first day was done

### 2. Pipe Measurement, Cutting, and Fitting Practical

This session was led by Mr. Satya Raj Subedi, CT/SM, WEL. Participant were known types of pipes ie. PVC, CPVC, HDPE, etc. They have learned how to measure, cut and fitting pipes wel. They have been fitting T, L and different sets and did practical.

### 3. Water Head Pump Fixing

This session was led by Mr. Yagya Shrestha, Engineer/Team Leader, WEL. Hands book was distributed to all participants shared about water hand pump fitting items market name and local name each other. Participants have been involved to fixing water hand pump one by one.

Then also share about the how to found out the problem. What would be the cause to not comes water?

### 4. Repair and Maintinance in Schools/HCF

This session was led by Mr Yagya Shrestha and Mr. Gehen Maharjan. Participants were known how to minimum repair of doors, windows, locks, pipes, taps and etc.

### 5. Formal Closing Programme

Mr. Pralhad Pradad Barnawal, EAO of Kalaiya Metropolitan city was presented as chef guest. Two participants (one woman and one man) have commented about the training and committed to use skill in field. As well as Mrs. Sunita Sulphe, WASH officer, UNICEF Nepal, has given thanks to all participants for actively participates, and also expressed the expectation from participants. And through the hand of chief guest distributed the certificate to all participants.

## 7. Recommendations, Observations and Findings

The recommendations from the two days training was:-

***Hotel incharge Mr. Kranti told they are example in my experience. They were very careful in personal hygiene and use of facilities.***

The key observations of the two days training was

- Active participation

- Interactive and Interested

The findings are;

- Empowered to open and fitting Water Head Pump
- Introduced with tools, pipes and fitting

## 8. Schedule of the Training

विद्यालय खानेपानी, सरसफाई तथा स्वच्छता कार्यक्रम मर्मत सम्भार कार्यकर्ता तालिम होटलबन करण राज प्यासेस २४- २६ फागुन, २०७७				
दिन	समय	विषय वस्तु	वापर्यक सामानहरु	सहजकर्ता
पौष १५	७:३०-०९:००	विज्ञानको नास्ता		
	९:००-०९:१०	स्वागत, नियम जानकारी		
	९:१०-९:४०	परिचय		
	९:४०-११:१५	होटलपाना भएका सरसफाइका सुविधाहरुको बारेमा छलफल र यसको प्रयोग गर्ने तरिका । शारा पट्टीको बारेमा जानकारी र शारा र सरसफाइ सुविधाको अन्तर सम्बन्ध बारे छलफल		
	११:१५-१०:४५	सरसफाइको बारेमा जानकारी, यसको महत्व, आवश्यकता, र जिम्मेवारी		
	१०:४५-११:३०	सरसफाइ गर्ने तरिका (मैड्यान्टिक र प्रयोक्तात्मक)	भाट्टा, ब्रुषो, माफ, बाउटन, पानी, सर्पे प्रारी	
	११:३०-१२:००	विज्ञानको खाना		
	१२:००-१३:३०	विद्यालयमा र स्वास्थ्य चौकीमा प्राय विद्यने सामग्रीहरु सामुहिक छलफलबाट पला पलाई कुटुला मर्मत गर्ने एवं सामग्री पला पलाई		
	१३:३०-१४:००	मर्मत प्रीक्षार र सामग्रीको परिचय र प्रयोग गर्ने तरिका बारे जानकारी	सामान्य मर्मत सामग्रीहरु र मर्मत प्रीक्षार बाकल सेट	
	१४:००-१३:३०	पिचा नास्ता		
१३:३०-१४:३०	सरसफाइ सम्बन्धित सुविधाहरुको बारेमा जानकारी, कानपुर, दलियर...	कानपुर, पानी, भाटा, बल, मलिन, नदकटर...		
शुक्र १६	७:३०-०९:००	विज्ञानको नास्ता		
	९:००-०९:१०	पुनरावलीकरण र परिष्कृत दिनको समीक्षा		
	९:१०-९:२०	मानटर, व्यवस्थापन, मनीटरिङ र परिष्कृत समूह गठन		
	९:२०-११:२०	HDPE/CPVC/PVC पाइप टुक नापमा काटने, HDPE पाइपका टुी तथा एन्जी प्रवाउने, पाइप काटने र जोड्ने प्रभ्यास		
	११:२०-१०:२०	कपमा कलरी पम्प जोड्ने छान्ने प्रभ्यास	प्रिजाट, कला, पम्प	
	१०:२०-११:२०	कपमा पानी नडाएमा कलरी विद्यको कलरी पात्रा प्रवाउने र कलरी मर्मत गर्ने	कला र कलाका पार्टसहरु	
	११:२०-१३:००	सामान्यतया विद्यालयमा/ स्वास्थ्य चौकीमा विद्यने सामग्रीहरु र यसको मर्मत गर्ने तरिका । शारा, पाइप, टुवाडी, छिमेकनी, ह्यान्डल, कपला, कनोड...		
	१३:००-१३:३०	समापन कार्यक्रम		
		जासन छलफल		
		सम्भावितबाट मलमय (मलिया पुरा): मलमय (पुनर्मेज): प्रभावपूर्ण विवरण प्रमुख प्रतिष्ठीको तर्फबाट मलमय सलित समापन		
१३:३०	खाना			
१४:००	विदाई			



## 9. Participants List

SN	Slates	Name of Participant	Palika	Ward/Grades	Institution	Post	Rank	Age	
1	Mr.	Dhanorhwar Devi Chaurariya	Bindabarini	3		Jhauraquthi HP	KaSa	2	32
2	Mr.	Palti Devi Khauarh	Parraqadi	1		Kailavar BS	KaSa	2	53
3	Mr.	Radhika Kumari Ram	Kalhabi	6		Paraura HP	KaSa	3	35
4	Mr.	Anuradha Chaudhary	Kalhabi	5		No Ra. BS	KaSa	2	45
5	Mr.	Sangita Kumari Chaudhary	Baraqadi	5		Sinharani HP	KaSa	2	26
6	Mr.	Rabita Devi Kurmi	Mahaqadimai	2		Ram Janaki PS	KaSa	4	27
7	Mr.	Lal Bihari Chauday	Baraqadi	3		Shree Ram Kabir PS	KaSa	2	35
8	Mr.	Sanjaya Mahata	Dhabini	4		Shree Kali Prasad Lakha SS	KaSa	4	38
9	Mr.	Jitendra Thakur	Pakhariya	2		Shree No Ra PS	KaSa	4	28
10	Mr.	Mirhri Lal Prasad Yadav	Aadarza Katawal	7		Shree No Ra LSS	KaSa	4	48
11	Mr.	Binesh Chaudhary	Baraqadi	2			KaSa	2	39
12		Ali Huren Miya	Kalaiya	20		Shree No Ra SS	KaSa	6	39
13	Mr.	Gauri Shankar Shah	Rajdevi	3		Shree Prathamik Bidhyalaya	KaSa	2	28
14	Mr.	Chandan Kumar Sharma	Yamunamai	4		Shree Janata SS	KaSa	1	27
15	Mr.	Khublal Ram	Jaqarnathpur	1		Shree Ram PS	KaSa	3	44
16	Mr.	Rabindra Chaudhary	Baraqadi	2		Shree Nathuni NoRa BS	KaSa	2	41
17	Mr.	Bipin Kumar Mahata	Irnath	5		Shree Aadharbhut Bidhyalaya	KaSa	2	24
18	Mr.	Shreekanta Chaudhary	Kalhabi	3		Shree No Ra BS	KaSa	2	28
19	Mr.	Prabhu Chaudhary	Jitpurzimara	12		Shree Hanrabahini NoRa BS	KaSa	2	28
20	Mr.	Jauhar Mahata	Kalaiya	1		Shree Gyan Jyoti PS	Teacher	2	36
21	Mr.	Udaya Shankar Jha	Durqabhaqauati			Shree Sararuati SS	KaSa	4	49
22	Mr.								

## 10. Some Photos



### C. 3-days ToT on Winl to Focal Teachers (Nepali)

#### विषय सुची

पेज नं.	विषय वस्तु
१-२	<ul style="list-style-type: none"> <li>▪ भूमिका तथा पृष्ठभूमि</li> <li>▪ कार्यक्रमको उद्देश्य</li> <li>▪ अवधि</li> <li>▪ सहभागि</li> <li>▪ सहजकर्ता</li> <li>▪ मुख्य विधि</li> <li>▪ मुख्य उपलब्धि, सुझाव र प्रतिवद्धता</li> </ul>
३-४	<ul style="list-style-type: none"> <li>▪ औपचारिक सत्र</li> <li>▪ आचार संहिता</li> <li>▪ कक्षा व्यवस्थाप</li> <li>▪ अपेक्षा संकलन</li> <li>▪ पूर्व परीक्षण</li> </ul>
५	<ul style="list-style-type: none"> <li>▪ जीवनोपयोगी सीप</li> </ul>
६	<ul style="list-style-type: none"> <li>▪ विद्यालय खानेपानी, सरसफाइ तथा स्वच्छतामा लगानी किन</li> </ul>
७-९	<ul style="list-style-type: none"> <li>▪ विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि २०७४</li> <li>▪ ३ तारे पद्धतिका सूचक तथा मापदण्ड</li> </ul>
१०	<ul style="list-style-type: none"> <li>▪ फ्लिप चार्टको प्रयोग तथा प्रस्तुती</li> </ul>
११-१२	<ul style="list-style-type: none"> <li>▪ फिल्ड भिजिट तयारी</li> <li>▪ फिल्ड भिजिट</li> <li>▪ फिल्ड भिजिट प्रतिवेदन प्रस्तुत</li> </ul>
१३-१४	<ul style="list-style-type: none"> <li>▪ प्रशिक्षण विधि र सामाग्री</li> </ul>
१४-१६	<ul style="list-style-type: none"> <li>▪ सुक्ष्म शिक्षण अभ्यास</li> </ul>
१६-१७	<ul style="list-style-type: none"> <li>▪ कार्य योजना</li> <li>▪ पोष्ट टेष्ट</li> <li>▪ तालिम मूल्यांकन</li> </ul>
१७-१८	<ul style="list-style-type: none"> <li>▪ समापन सत्र</li> </ul>
१९-३०	<p><b>अनुसुची</b></p> <ol style="list-style-type: none"> <li>१- सहभागिहरूको विवरण</li> <li>२- प्री तथा पोष्ट टेष्ट प्रश्नावली</li> <li>३- खेलहरू</li> <li>४- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यक्रम अनुगमन तालिका</li> <li>५- तालिम मूल्यांकन प्रश्नावली</li> <li>६- तालिमको विषय तथा समय तालिका</li> <li>७- तालिमका फोटोहरू</li> </ol>

## भूमिका तथा पृष्ठभूमि :

खानेपानी र सरसफाइलाई सयुक्त राष्ट्र संघले सन् २०१० मा मानव अधिकारको रूपमा पारित गरेको छ । अन्तराष्ट्रिय स्तरको दिगो विकास लक्ष्य (सन् २०१६-२०३०) का जम्मा १७ वटा लक्ष्य मध्ये लक्ष्य ६ मा खानेपानी तथा सरसफाइ सम्बन्धि लक्ष्य राखिएको छ । नेपालको संविधान २०७२ मा खानेपानी र सरसफाइलाई स्वास्थ्य सम्बन्धि हक अन्तर्गत मौलिक हकको रूपमा राखिएको छ । सरसफाइ गुरु योजना २०६८ जारी भएपछि सरसफाइ क्षेत्रको विकासले गति लिएको देखिन्छ । फलस्वरूप २०७६ असोज १३ नेपाललाई खुला दिसा मुक्त देश घोषणा गरिसकिएको छ ।

विद्यालय क्षेत्र विकास योजना (२०७३-२०८०) ले शैक्षिक गुणस्तरमा जोड दिएको छ । नेपाल खुला दिसामुक्त क्षेत्र घोषणा हुने चरणसम्म आइपुग्न विद्यालयहरूको भूमिका पनि महत्वपूर्ण रहेको छ । यसका लागि विद्यालयले बालकदेखि बालकसम्म, विद्यालय सरसफाइ तथा स्वच्छता शिक्षा, विद्यालयको अगुवाइमा पूर्ण सरसफाइ जस्ता पद्धतीहरू अपनाइएको थियो । उल्लेखित पद्धतीहरूको कार्यान्वयनबाट हासिल अनुभवको आधारमा देशका सबै विद्यालयहरूमा खानेपानी, सरसफाइ सुविधा एवं स्वच्छ वातावरणको विकास तथा प्रवर्द्धन गर्ने कार्यमा बहु सरोकारवाला निकायहरू बीच कार्यक्रम तर्जुमा, कार्यान्वयन तथा अनुगमनमा एकरूपता कायम गर्न तथा समन्वय, सहकार्य गरी विधार्थीको स्वस्थ स्थितीमा सुधार ल्याई सिकाइ उपलब्धि तथा शैक्षिक गुणस्तरमा सुधार गर्ने ध्ययले २०७४ मा विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि जारी गरिएको छ । यस कार्यविधि अनुसार हरेक विद्यालयमा खानेपानी, सरसफाइ तथा स्वच्छतामा दश वटा सूचकहरू निर्धारण गरिएकाछन् । र हरेक सूचकमा निश्चित मापदण्डका आधारमा स्तरीकरण गरी एक तारे, दुई तारे र तीन तारे गरी तीन श्रेणीमा वर्गीकरण गरिएको छ । र सबै विद्यालयहरूलाई तीन तारे बनाउने लक्ष्य रहेको छ ।

युनिसेफले पनि नेपालको विकासका विभिन्न क्षेत्र लगायत खानेपानी, सरसफाइ तथा स्वच्छता प्रवर्द्धनको क्षेत्रमा पनि सहयोग गर्दै आइरहेको छ । यसै क्रममा युनिसेफको सहयोगमा प्रदेश नं. २ को विभिन्न स्थानीय तहमा पाँच साभेदार संस्था मार्फत सञ्चालित खानेपानी, सरसफाइ तथा स्वच्छता अन्तर्गत एक सय विद्यालय र २० वटा स्वास्थ्य संस्थाहरूमा कार्यक्रम सञ्चालन भैरहेको छ । हाल WEL विराटनगरद्वारा युनिसेफको सहयोगमा वारा, पर्सा र रौतहटका २० वटा विद्यालयहरूमा सञ्चालन गरिरहेको विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता प्रवर्द्धन कार्यक्रम अन्तर्गतका विद्यालयहरूमा खानेपानी, सरसफाइ तथा स्वच्छता विषयमा गुणस्तरीय तालिम सञ्चालन गर्न सक्ने जनशक्ति उत्पादन गर्ने मूल उद्देश्यले खानेपानी, सरसफाइ तथा स्वच्छता संपर्क शिक्षकहरूको लागि ३ दिने प्रशिक्षक प्रशिक्षण तालिम कार्यक्रम २९, फागुन देखि चैत्र २, २०७७ सम्म बाराको एलिफेन्ट भिलेज रिसोर्टमा सम्पन्न भयो ।

तालिमको आयोजना स्थानीय साभेदार संस्था WEL विराटनगरले गरेको थियो । तालिमको उधघाटन सहभागि तथा आयोजक सबैले सामुहिक रूपमा तालिमको व्यानर पढेर गरिएको थियो ।

**कार्यक्रमको उद्देश्य :** यस तालिम कार्यक्रमको उद्देश्य निम्नानुसार रहेको छ :

**कार्यक्रम अवधि :** तालिमको अवधि २०७७, फागुन २९ देखि चैत्र २ (13-15, March. 2021) सम्म ३ दिन सञ्चालन भएको थियो ।

**सहभागिहरू :** यस तालिममा विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता प्रवर्द्धन कार्यक्रम सञ्चालन भएका वारा, पर्सा र रौतहट जिल्लाका विद्यालयहरूका ७ महिला र ११ पुरुष गरी जम्मा १८ जना विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता संपर्क शिक्षकहरू रहेका थिए ।

**सहजकर्ता :** तालिमको सहजीकरण युनिसेफका वास अधिकृतहरू बोध नारायण श्रेष्ठ, सहजकर्ता चण्डेश्वर श्रेष्ठ, WEL का टिम लिडर यज्ञ श्रेष्ठ र वास अफिसर हिम्मत मास्केले गरेका थिए ।

**मूख्य विधिहरू :** यस तालिम कार्यक्रमले तय गरेका उद्देश्य हासिल गर्नका लागि अपनाइएका मूख्य विधिहरू यस प्रकार रहेको छ :

- ❖ मस्तिष्क मन्थन
- ❖ प्रदर्शन
- ❖ पावर पइन्ट प्रस्तुतीकरण
- ❖ समुह छलफल
- ❖ फिल्ड भ्रमण तथा अभ्यास
- ❖ खेल
- ❖ अनुभव आदान-प्रदान

**मूख्य उपलब्धि, सुभावा र प्रतिवद्धता :** तालिमको अन्त्यमा गरिएको मूल्याङ्कनको क्रममा सहभागिहरुबाट अभिव्यक्त विचारको आधारमा यस तालिमको मूख्य उपलब्धि र सुभावाहरुलाई निम्न अनुसार प्रस्तुत गरिएको छ :

**मूख्य उपलब्धि :**

- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छताको अवधारणा वारेमा प्रष्ट बुझाइ भएको ।
- खानेपानी, सरसफाइ तथा स्वच्छतामा तीन तारे सूचकको मापदण्डको वारेमा जानिफकार भएको ।
- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सूचकहरुको स्व:मूल्याङ्कन प्रकृयाको वारेमा स्पष्ट भएको ।
- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता समन्वय समिती र बाल क्लवको गठन विधि र भूमिकाको वारेमा जानकारि हासिल भएको ।
- खेलको माध्यमबाट विषय शिक्षण गर्ने सीप हासिल भएको ।
- आफ्नो विद्यालयमा तालिम सञ्चालन गर्न सक्ने ज्ञान तथा सीप हासिल भएको ।

**सुभावा :** यस प्रकारको तालिम कार्यक्रमलाई आगामि दिनमा थप प्रभावकारी बनाउनका लागि सहभागिहरुको प्रतिक्रियाको आधारमा निम्न अनुसार सुभावा प्रस्तुत गरिएको छ :

- विषय वस्तुको तुलनामा तालिमको समयवधि छोटो भएको
- पुन:ताजगि तालिमको व्यवस्था हुनु पर्ने
- विद्यालयका कार्यालय सहयोगीहरुलाई दिइएको सरसफाइ प्रवर्द्धन सम्बन्धि पुन:ताजगि तालिम सुविधा सम्पन्न ठाउमा सञ्चालन गर्दा सरसफाइप्रति अझ अभिप्रेरित गर्न सहयोग पुग्ने ।
- स्थानीय तहका शिक्षा अधिकारी, प्र.अ. र व्यवस्थापन समिती अध्यक्षलाई पनि अभिमुखीकरण गर्दा प्रभावकारितामा वृद्धि हुने
- यस तालिम व्यवहारिक अभ्यास भए नभएको अनुगमन हुनु पर्ने

**प्रतिवद्धता :** तालिम पछि सहभागिहरुले निम्न अनुसारको प्रतिवद्धता व्यक्त गरेका छन् :

- तालिमबाट सिकेको ज्ञान र सीपलाई आफ्नो विद्यालयमा लागु गर्ने
- तीन तारे पद्धतीको १० वटा सूचकको स्व:मूल्याङ्कन नियमित रुपमा गर्ने
- विद्यालय सूधार योजनामा विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धि कृयाकलाप समावेश गर्न पहल गर्ने
- विद्यालयलाई खानेपानी, सरसफाइ तथा स्वच्छतामा ३ तारे बनाउन भरमगदुर प्रयास गर्ने

उक्त तालिम अवधिमा सञ्चालन भएका दैनिक कृयाकलापहरु र सिकाईहरुको विस्त्रित विवरण प्रतिवेदनको रुपमा निम्न अनुसार प्रस्तुत गरिएको छ ।

**पहिलो दिन (२९, फागुन २०७७)**

**सत्र - एक (औपचारिक सत्र)**

कार्यक्रमको सुरुआत विहानको नौ वजेबाट भएको थियो । सहभागिहरुलाई आयोजक संस्था WEL को तर्फबाट स्वागत गरियो । स्वागत पछि सामुहिक रुपमा तालिमको व्यानर वाचन गरेर तालिमको उधघाटन गरियो । तालिम उधघाटन पछि संस्थाका टिम लिडर यज्ञ श्रेष्ठले तालिमको व्यवस्थापकीय पक्षको जानकारि गराउदै तालिम आवासीय भएको, तालिममा आउदा जादाको यातायात वापतको रकम दिइने र थप सुविधा नभएको जानकारि गराउनु भयो । यस पछि तालिममा उपस्थित सहभागि, सहजकर्ता र आयोजकहरु बीच परिचय गरिएको थियो । तर परिचय सामाजिकीकरण खेल विधिबाट गरिएको थियो । उक्त विधि अनुसार सबैलाई सुरुमा एकै समुहमा उभिन लगाएर विभिन्न सूचक बताएर सो सूचक अनुसारको सहभागिहरुको संख्या गणना गरिएको थियो । जस्तै, जागिर अवधि ५ वर्षसम्म भएका सहभागि, ५ वर्ष भन्दा माथि अवधि पुगेका, घरमा कमोट चर्पी हुने, हिजो राती सुत्नु अघि ब्रस गर्ने, आदि । सोहि संख्या अनुसार आ(आफ्नो परिचय दिदै जानु पर्ने थियो । परिचयको क्रममा भूमिका नवाधि संक्षिप्तमा नाम, ठाम, काम र भाम भन्नु पर्ने थियो । यस खेलबाट सहभागिहरुको विचमा आपसी घुलमिल हुने, एकर्काको वारेमा जान्ने मौका प्राप्त हुनुका साथै मनोरञ्जन पनि भएको थियो ।

परिचय पछि तालिम अवधि भर पालना गर्नु पर्ने आचर संहिताको विषयमा छलफल गरि निम्न अनुसारको आचार संहिता पारित गरियो :

**समयको पालना :** तोकिएको समयमै सबै जना सबै कृयाकलापमा सहभागि हुने । कसैले कसैलाई बोलाइरहन नपरोस ।

**खाना :** खाना, खाजा आफुले खाने जति मात्र लिने । उत्रिने गरी नलिने । खानाको महत्वलाई बुझ्ने ।

**मर्यादित होटल वास :** होटलमा बस्दा मर्यादित ढंगले होटलका नीति नियमहरूलाई पालना गरेर बस्ने । सोहि अनुरूपको व्यवहार गर्ने ।

**चर्पीको प्रयोग :** कोठामा रहदा या तालिम हलमा रहदाको समयमा आफुले चर्पीको प्रयोग गरिसकेपछि अनिवार्य रुपमा सफा गर्ने ।

**नमूना सहभागिता :** हरेक कुरामा आफुलाई नमूना सहभागिको रुपमा विकास गर्न प्रयत्न गर्ने ।

त्यस पछि समय तालिका र कक्षा व्यवस्थापनको जिम्मेवारीको विषयमा छलफल भएको थियो । तालिमको समय तालिका यस अनुसार रहेको थियो ।

- विहानको खाजा - ८.००-८.३० बजे
- कक्षा सुरु - ८.३० बजे
- चिया विश्राम - १०.-१०.३० बजे
- विहानको खाना - १२.३० देखि १.३० बजे
- हाइ टी - ३.००-३.३० बजे
- कक्षा समापन - ५.३० बजे
- वेलुकाको खाना - ८.०० बजे

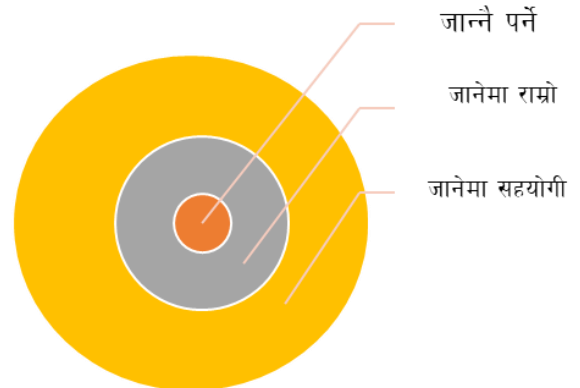
सत्रको अन्त्यमा हरेक सहभागिहरूलाई मेटा कार्ड दिएर यस तालिमबाट सिक्ने चाहेको कुरा लेख्न लगाएर अपेक्षा संकलन गरिएको थियो । संकलित आशाहरू यस प्रकार रहेको थियो ।

- विद्यालयमा सरसफाइ कसरी कायम गर्ने भन्ने तरीका थाहा पाउने
- ३ तारे विद्यालय कसरी बनाउने भन्ने वारे जान्ने
- महिनावारी स्वच्छता व्यवस्थापन गर्ने विधिको वारेमा बुझ्ने
- तालिमबाट सिकेको कुरा विद्यालयमा गएर लागु गर्ने

सहभागिहरूको अपेक्षा संकलन पश्चात तालिम कार्यक्रमको उद्देश्यको वारेमा सहभागिहरूलाई जानकारी गराइएको थियो । तालिमको उद्देश्य यस प्रकार रहेको थियो :

- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छताको अवधारणा, प्रकृया र महत्वको वारेमा जानकारी हुने
- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सुविधा निर्माण, मर्मत सम्भार र प्रयोग गर्ने सीप प्रवर्द्धन हुने
- विद्यालयमा खानेपानी, सरसफाइ तथा स्वच्छता प्रवर्द्धनका लागि कार्य योजना तयार पार्ने सीप हासिल हुने
- विद्यालय तहमा खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धि गुणस्तरीय तालिम सञ्चालन गर्न सक्ने जनशक्ति तयार हुने

त्यस पछि सहभागिहरूको पूर्व ज्ञान परीक्षण गरिएको थियो । यो परीक्षणको लागि खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धि जम्मा २० वटा वस्तुगत प्रश्नहरू राखिएको थियो ( प्रश्न अनुसूचीमा राखिएको छ ) । त्यस पछि सहभागिहरूलाई तालिममा प्रस्तुत हुने विषय वस्तुहरू खास गरी तीन तहको हुने र केन्द्र भागमा रहेको जान्ने पर्ने विषयमा गम्भिरतापूर्वक सहभागि हुन आग्रह गर्दै त्यस तहलाई यसरी चार्टबाट प्रष्ट पारिएको थियो । यसरी पहिलो सत्र सम्पन्न भएको थियो ।



## पहिलो शत्रको मुख्य सिकाई तथा उपलब्धि :

- तालिम सञ्चालन गर्दा प्रारम्भिक रूपमा निर्वाहा गर्नु पर्ने औपचारिकताको बारेमा जानकारी ।
- परिचय गर्दा खेलको माध्यमबाट गर्दा थप रोचक र प्रभावकारि हुन्छ भन्ने महशुस हुनुका साथै खेल खेलाउने सीप हासिल ।
- तालिमको उद्देश्यको बारेमा सहभागिहरुमा जानकारी हुनुका साथै सहभागिहरुलाई सिकाई उद्देश्यप्रति मानसिक रूपमा तयार हुन मद्दत पुग्ने ।
- सहभागिहरुबाट व्यक्त अपेक्षाबाट तालिमको विषय सूचिमा आवश्यकता अनुसार परिवर्तन गर्न र सिकाई प्रभावकारि बनाउन सहजकर्तालाई सहज हुन्छ ।
- तालिममा पूर्व परीक्षण गर्दा सहभागिहरुको ज्ञानको तहको बारेमा पहिचान हने र सो अनुसार विषयवस्तु संशोधन गर्न सहयोग पुग्ने ।

## सत्र - दुई

यस सत्रबाट तालिमको औपचारिक विषय प्रवेश गरिएको थियो । यस सत्रको विषय रहेको थियो जीवनपयोगी सीप । जीवनोपयोगी सीपको अवधारणालाई बुझाउन हास्य कलाकार हरीवंश आचार्यको हामी आमा सारैनी वाठी छिन चामल संग पिठोपो साटिछन भन्ने बोलको गित प्रस्तुत गरिएको थियो । यसै गरी जीवनोपयोगी सीप र जीवन निर्वाह सीपको बीचको भिन्नता बताएर सहभागिहरुलाई यी दुई सीपको फरक पहिचान गर्न सक्ने बनाइएको थियो । यस विषयको प्रस्तुतीको क्रममा जीवनोपयोगी सीपहरुको प्रकार र बालबालिकामा हुनु पर्ने जीवनोपयोगी सीपको बारेमा नौ थोप्ला खेल र पुस अप अभ्यासका माध्यमबाट प्रष्ट्याइएको थियो । यस सत्रको निचोडमा कुनै पनि व्यक्तिलाई आफ्नो दैनिक जीवनमा माग तथा चुनौतिहरुसंग प्रभावकारी ढंगले सामना गर्न सघाउ पुर्याउने अनुकूल तथा सकारात्मक व्यवहारहरुको क्षमता नै जीवनोपयोगी सीप हो भनेर परिभाषा गरिएको थियो । जीवनोपयोगी सीपका प्रकार र बालबालिकामा हुनु पर्ने जीवनोपयोगी सीप यस प्रकार रहेको छ :

१. सोचाई सीप (Thinking Skill)	२. सामाजिक सीप (Social Skill)	३. संवेगात्मक सीप (Emotional Skill)
सृजनात्मक सोचाई (Creative thinking)	सञ्चार सीप (Communication skill)	आत्म जागरण (Self awareness)
समालोचनात्मक सोचाई (Critical thinking)	अन्तरव्यक्ति सीप (Interpersonal skill)	संवेग नियन्त्रण (Coping with Emotion)
समस्या समाधान (Problem solving)	समानुभुति (Empathy)	तनाव नियन्त्रण (Coping with stress)
निर्णय लिने (Decision making)		

## बालबालिकामा हुनुपर्ने त्नुनतम जीवनोपयोगी सीपहरु :

- प्राथमिक उपचार सीप
- आत्म रक्षा सीप
- सरसमान उपयुक्त ठाउमा उचित तरीकाले राख्ने सीप
- भान्छाको काम गर्ने सीप
- धुने पखाल्ने सीप
- किनमेलमा सहभागिताको सीप
- समय व्यवस्थापन सीप
- आपसमा सहभागितामुलक तथा सम्मानजनक व्यवहार गर्ने सीप

## यस सत्रका सिकाई तथा मुख्य उपलब्धिहरु :

- जीवनोपयोगी सीप र जीवन निर्वाह पेशा फरक कुरा हो भन्ने बुझाइ
- बालबालिकामा जीवनोपयोगी सीप प्रवर्द्धन गर्न कितावी विषयवस्तुमा मात्र सिमित नभै व्यवहारिक र रमाइलो विधिबाट शिक्षण गर्दा प्रभावकारी हुने बुझाइ हुनुका साथै जीवनोपयोगी सीप र जीवना निर्वाह पेशाको उदाहरण दिन सक्ने
- खेल तथा गीतको माध्यमबाट पनि जीवनोपयोगी सीप लगायतका सान्दर्भिक विषयमा सहजीकरण गर्न सक्ने सीप हासिल
- विद्यालयमा जीवनोपयोगी सीपमा आधारित स्वच्छता शिक्षाको महत्व बताउन सक्ने

## सत्र - तीन

यस सत्रको विषय विद्यालय खानेपानी, सरसफाइ तथा स्वच्छतामा लगानी किन भन्ने रहेको थियो । यस विषयको छलफलको प्रारम्भमा सहजकर्ताबाट सहभागिहरुमा विद्यमान विकास र यसका सूचक सम्बन्धि बुझाइ परीक्षण गर्दै विकासका मुख्य सूचकहरुको बारेमा जानकारी दिइएको थियो । जस अनुसार मानव विकास सूचक अनुसार प्रतिव्यक्ति आय, साक्षरता प्रतिशत, सरदर आय जस्ता प्रमुख सूचकहरुको आधारमा कुनै पनि देशको विकासलाई मापन गरिने जानकारी गराउदै हाम्रो देशको ती सूचकहरुको पछिल्लो अवस्थाको बारेमा पनि जानकारी गराइएको थियो । त्यसै गरी विद्यालय हरेक बालबालिकाको दोस्रो घर भएको र विद्यालयमा हासिल ज्ञान तथा सीपले उनीहरुको भविष्य निर्धारण हुने भएकोले विद्यालयमा खानेपानी तथा सरसफाइको उचित र प्रयाप्त सुविधा उपलब्ध भएमा सिकाई प्रभावकारि तथा गुणस्तरीय हुने भएकोले बालबालिकाको उज्वल भविष्यको खातिर पनि विद्यालय खानेपानी, सरसफाइ तथा स्वच्छतामा लगानिको आवश्यक परेको बताइयो । साथै नेपालको संविधानले खानेपानी र सरसफाइलाई मौलिक हकको रूपमा व्यवस्था गरेको विभिन्न राष्ट्रिय तथा अन्तराष्ट्रिय विकास लक्ष्य, आवधिक योजनाले पनि खानेपानी तथा सरसफाइलाई जोड दिएको हुदा यसमा लगानी गर्न आवश्यक भएको बताइयो ।

एदि विद्यालयमा सुरक्षित खानेपानी, सुविधायुक्त शौचालय र सहज स्वच्छताका सुविधा उपलब्ध नभएको खण्डमा विद्यार्थीहरुको उपस्थिती नियमित नहुने, पढाइमा प्रतिकूल प्रभाव पर्ने र गुणस्तरीय जनशक्ती उत्पादन पनि हुन नसक्ने सम्भावना हुने भएकोले लगानीको आवश्यकता रहेको थप प्रष्ट पार्दै यस तर्कको औचित्य पुष्टिका लागि केहि तथ्यहरु यस अनुसार प्रस्तुत गरिएको थियो ।

- पोषणमा लगानी गरेको रु १०० ले बालबालिकाको स्वास्थ्य र उत्पादकत्वमा रु १३८०० सम्मको प्रतिफल दिन्छ । तर हात नधोइ खाना खाए वा खेवाए के हुन्छ ?
- प्रारम्भिक बालविकासमा गरिने लगानीले समाजमा प्रति वर्ष ७ देखि १० गुणासम्मको प्रतिफल प्राप्त हुन्छ । एदि त्याहा सरसफाइ सुविधा नै नभए सिकाइ कस्तो होला ?
- विद्यालयमा खानेपानी तथा सरसफाइका सुविधा भएमा १५ प्रतिशतले विद्यालय छाडने दर घटाउन सकिन्छ ।

### यस सत्रको मुख्य सिकाई तथा उपलब्धि :

- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छतामा लगानिको आवश्यकताको बारेमा बुझाउन सक्ने
- विद्यालयमा खानेपानी तथा सरसफाइका सुविधा सहज प्रयाप्त किसिमको नहुदा पर्ने सक्ने प्रतिकूल प्रभावको बारेमा भन्न सक्ने
- समग्रमा विद्यालय खानेपानी तथा सरसफाइमा लगानी गर्नु पर्ने कारणको बारेमा तथ्य सहित प्रस्तुत गर्न सक्ने

## सत्र - चार

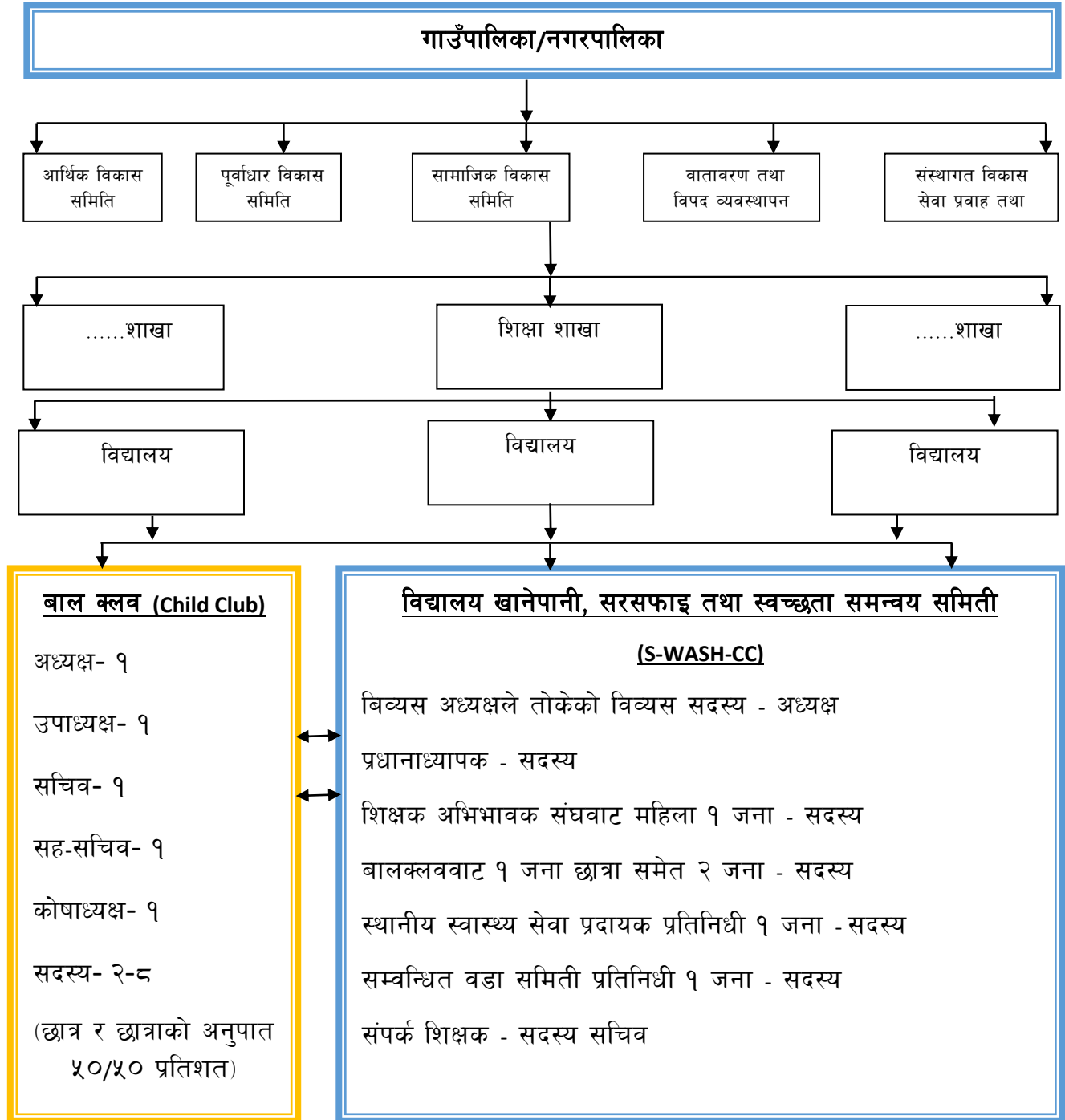
पहिलो दिनको अन्तिम सेशनको विषय विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि २०७४ सम्बन्धि जानकारी र सूचकहरु रहेको थियो । यस सेशनको मुख्य उद्देश्य खानेपानी, सरसफाइ तथा स्वच्छतामा तीन तारे विद्यालयका सूचकहरु, कार्यान्वयन संरचना र विभिन्न निकायहरुको भूमिकाको बारेमा जानकारी गराउनु रहेको थियो । यस विषयको प्रस्तुतीको क्रममा सहभागिहरुलाई विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि २०७४ स्व:अध्ययन गर्न दिइयो । त्यस पछि कार्यविधिमा उल्लेखित तीन तारे पद्धतीका १० वटा सूचक र त्यसका मापदण्ड, कार्यान्वयन प्रकृया, सांगठानिक ढाचाको बारेमा विस्त्रतमा छलफल गरिएको थियो । जस अनुसार १० वटा सूचकहरु निम्न अनुसार रहेको छ ।

१. खानेपानी
२. शौचालय
३. सफा, स्वच्छ हरियाली वातावरण
४. खानाको स्वच्छता
५. स्वच्छता सुविधा
६. स्वच्छता शिक्षा
७. महिनावारी स्वच्छता व्यवस्थापन सुविधा
८. संस्थागत व्यवस्था र दिगोपना
९. विपद जोखिम व्यवस्थापन

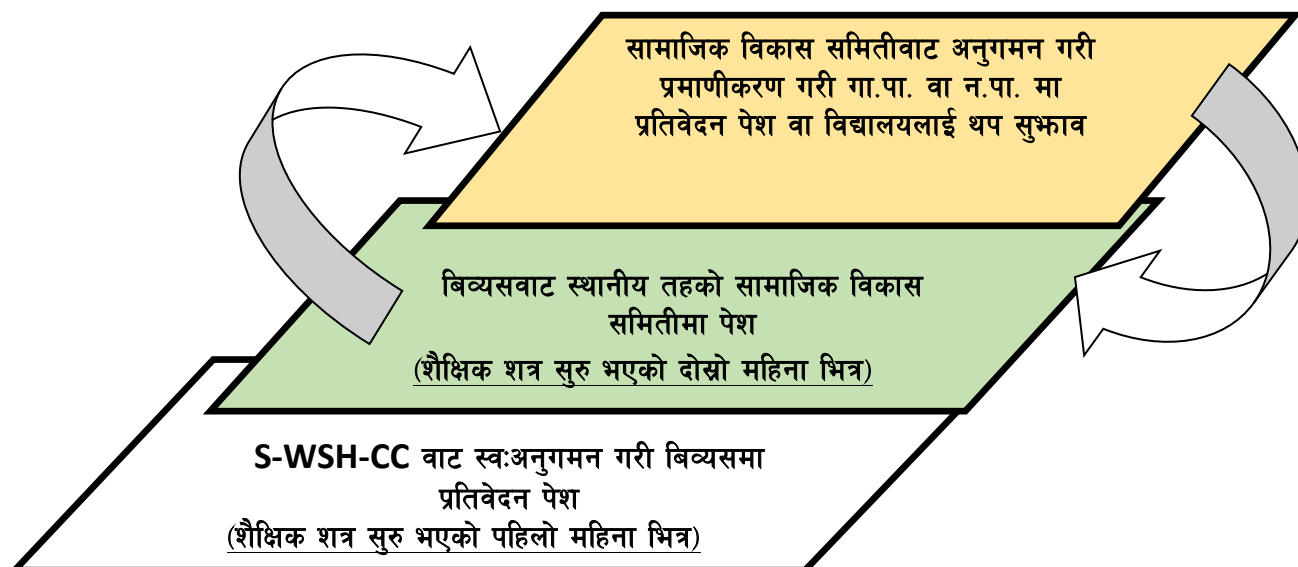


१०. अनुगमन तथा जवाफदेहिता

उल्लेखित सूचकहरूको जानकारी पश्चात हरेक सूचकको मापदण्डको विस्त्रित छलफल गरिएको थियो । र यी सूचकहरूको अवस्थाको स्व:अनुगमन, कार्य योजना निर्माण तथा कार्यान्वयनको प्रयोजनको लागि हरेक विद्यालयमा विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता समन्वय समिती (School Water, Sanitation and Hygiene Coordination Committee-S-WASH-CC) गठन हुने प्रष्ट पादैँ सोको सांगठानिक ढाचा निम्न अनुसार प्रस्तुत गरिएको थियो ।



यस पछि तारा पद्धतीको अनुगमन तथा प्रमाणीकरण प्रकृयाको वारेमा छलफल भएको थियो । यस क्रममा प्रत्येक शैक्षिक शत्रु सुरु भएको पहिलो महिना भित्र विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता समन्वय समितीले स्व:अनुगमन गर्ने, कुनै तारा प्राप्त हुनको लागि हरेक तारा(एक, दुई, तीन)मा कुल ३० अंक प्राप्त हुनु पर्छ, एदि कुनै तारा हासिल हुने स्कोर प्राप्त भएमा समन्वय समितीले स्व:घोषणा गर्न सक्ने, वाकि तारा प्राप्त गर्न कार्य योजना बनाएर काम गर्ने, एदि तीन तारा नै हासिल भएको अवस्थामा स्व:घोषणा गरी विद्यालय व्यवस्थापन समिती मार्फत स्थानीय तहको सामाजिक विकास समितीमा अनुगमन तथा प्रमाणीकरणको लागि पेश गर्ने, सामाजिक विकास समितीले अनुगमन गरी मापदण्ड पुरा भएको भए प्रमाणीकरण गरिदिने र स्थानीय तहमा प्रतिवेदन पेश गर्ने तर कुनै मापदण्ड पुरा हुन वाकि रहेको भए सुझाव दिने प्रकृयाको वारेमा बताइयो । साथै यसलाई थप स्पष्ट पार्न यो चार्ट पनि प्रस्तुत गरिएको थियो ।



सत्रको मुख्य सिकाई तथा उपलब्धि :

- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छतामा तीन तारे पद्धतीको १० वटा सूचक बताउन सक्ने
- विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता समन्वय समितीको गठन विधि र वनोट भन्न सक्ने
- तारा पद्धती अनुगमन, स्व:घोषणा र प्रमाणीकरण प्रकृयाको वारेमा बताउन सक्ने

यस पछि पहिलो दिनको संक्षिप्त पुनरावलोकन पछि कक्षा समापन गरियो ।

**दोस्रो दिन (१, चैत्र २०७७)**

तालिमको दोस्रो दिनको सुरुआत पहिलो दिनको पुनरावलोकनबाट भएको थियो । पहिलो दिनमा भएको छलफल र प्रस्तुतीबाट सिकेका कुराहरुको वारेमा छलफल गरेपछि दोस्रो दिनको सेशनमा प्रवेश गरिएको थियो ।

**सत्र : एक**

पहिलो सत्रको विषय वस्तु फिलिप चार्ट वाट विद्यालय खानेपानी, सरसफाइ तथा स्वच्छताका १० वटा सूचकहरुको प्रस्तुती रहेको थियो । यस क्रममा सहभागिहरुलाई खानेपानी, शौचालय, बालक्लव, स्वच्छता र महिनावारी गरी जम्मा पाच वटा समुहमा विभाजन गरी प्रत्येक समुहलाई दुई वटा सूचक दिइएको थियो । जुन यस प्रकार रहेको छ :

समुहको नाम	सूचक
खानेपानी समुह	१. खानेपानी
	२. अनुगमन तथा जवाफदेहिता
सरसफाइ समुह	३. शौचालय
	४. विपद जोखिम व्यवस्थापन
स्वच्छता समुह	५. स्वच्छता शिक्षा
	६. स्वच्छता सुविधा

समुहको नाम	सूचक
बालकलव समुह	७. खानाको स्वच्छता
	८. संस्थागत व्यवस्था र दिगोपना
महिनावारी समुह	९. स्वच्छ, सफा र हरियाली वातावरण
	१०. महिनावारी स्वच्छता व्यवस्थापन सुविधा

यस पछि फिलिप चार्टको प्रयोग गर्ने तरीकाको बारेमा जानकारी गराइएको थियो । त्यस पछि सबै समुहले आ(आफ्नो समुहलाई परेको विषयको फिलिप चार्ट मार्फत प्रस्तुतीकरण गरेका थिए । हरेक समुहको प्रस्तुती पछि अरु समुह र सहजकर्ताहरुवाट थप सुधारका लागि पृष्टपोषण दिइएको थियो । पृष्टपोषणमा आएका मुख्य बुदाहरु यस प्रकार रहेको छ :

- फिलिप चार्ट समात्दा बाहिरवाट नसमाउने ।
- आफुले चार्टको अधितरको चित्र नहेर्ने
- चित्र केन्द्रित छलफल चलाउन प्रश्न सोध्ने
- पहिले उत्तर आफैले नदिने
- सबै सहभागिलाई समेटने

यस सत्रको अर्को चरणमा WEL द्वारा हाल सञ्चालन गरिहेको कार्यक्रम अन्तर्गत विद्यालय स्तरमा रहेका क्रियाकलापहरुको बारेमा जानकारी गराइएको थियो । यस क्रममा क्रियाकलाप, परिमाणात्मक लक्ष्य र वजेट समेतको बारेमा स्पष्ट पारिएको थियो ।

त्यस पछि फिल्ड भिजिटको बारेमा जानकारी गराइएको थियो । फिल्डमा गएर आफ्नो समुहमा परेको विषयमा अनुगमन गर्ने र स्कोरिङ गर्ने र फर्किएर आएपछि भिजिट प्रतिवेदन तयार पारि समुहवाट प्रस्तुत गर्नु पर्ने जानकारी गराइयो । साथै फिल्ड भिजिटको लागि श्री नेपाल मावि, बारा अमलेखगञ्ज रहेको पनि जानकारी गराइयो । विद्यालय भ्रमणको क्रममा निम्न क्रियाकलापहरु सञ्चालन गरिएको थियो :

- \* विषयगत समुहहरुवाट सम्बन्धित सूचकको अध्ययन तथा अवलोकन
- \* बाककलव, शिक्षक तथा कर्मचारीहरुसंग छलफल
- \* सम्बन्धित सूचकमा सम्बन्धित समुहवाट स्कोरिङ
- \* सामुहिक रुपमा स्कोरिङ

विद्यालयमा रहेको खानेपानी, सरसफाइ तथा स्वच्छता अवस्थाको अनुगमन गर्दा विद्यालयमा एक ताराका मापदण्ड पुरा हुन धेरै काम गर्न बाकि रहेको पाइयो । तर ती कामहरु प्राय नो कस्ट र लो कस्टमा हुने खालका काम भएकोले विद्यालयले योजनावद्ध हिसावले

सूचक	राम्रो पक्ष	सुधार गर्नु पर्ने पक्ष	म के लिएर जादैछु
<b>क. समुहको नाम: खानेपानी समुह</b>			
खानेपानी	खान र हात धुनको लागि सुलभ रुपमा पानी उलब्ध भएको	पानी शुद्धीकरण गर्नु पर्ने वर्षमा २ पटक परीक्षण गर्नु पर्ने	
अनुगमन तथा जवाफदेहिता		<ul style="list-style-type: none"> <li>● फोशल शिक्षकको निगरानीमा दैनिक शौचालयको सफाइ र सावुन पानीले हात धुने गर्नु पर्ने</li> <li>● स्वच्छता कर्नर स्थापना</li> </ul>	फोकल शिक्षकको भूमिका
<b>ख. समुहको नाम: सरसफाइ समुह</b>			
शौचालय	<ul style="list-style-type: none"> <li>● छात्र र छात्राको लागि अलग(अलग चुकुल सहितको सुचारु शौचालय भएको</li> <li>● सावुन पानी सहितको</li> </ul>	<ul style="list-style-type: none"> <li>● शौचालय सफा गर्नु पर्ने</li> <li>● शौचालय अपाडगता मैत्री हुनु पर्ने</li> </ul>	बालमैत्री खानेपानी र शौचालय संरचना

	धाराको व्यवस्था		
विपद जोखिम व्यवस्थापन	शिक्षकले विपद सम्बन्धि तालिम लिइ विद्यार्थीलाई जानकारी गराएको	विद्यालय खानेपानी तथा सरसफाइ समेतको विपद जोखिम नक्साङ्कन गरी राख्नु पर्ने	
<b>ग. समुहको नाम: स्वच्छता समुह</b>			
स्वच्छता सुविधा	हात धुने सावुन र पानी भएको	<ul style="list-style-type: none"> <li>समुहमा हात धुने सुविधा</li> <li>बालमैथी धारा</li> </ul>	हात धुने सुविधा र सामाग्रीको व्यवस्थापन
स्वच्छता शिक्षा	स्वच्छताको बारेमा सबै कक्षामा शिक्षा दिने गरिएको	जीवनपयोगी स्वच्छता शिक्षा दिनु पर्ने	विद्यार्थीहरूको स्वच्छकर बानीव्यवहार
<b>घ. समुहको नाम: बालक्लव समुह</b>			
खानाको स्वच्छता		<ul style="list-style-type: none"> <li>दिवा खाजाको व्यवस्था नभएको</li> <li>खाजाको मेनु नभएको</li> </ul>	पैसाको सटा खाजा दिदा राम्रो
संस्थागत व्यवस्था र दिगोपना	धेरै पहिले बालक्लव गठन भएको	<ul style="list-style-type: none"> <li>बालक्लव अध्यावधिक गर्नु पर्ने</li> <li>S-WASH-CC गठन गर्नु पर्ने</li> <li>मर्मत सम्भार कोष स्थापना</li> </ul>	बालक्लव परिचालन
<b>ङ. समुहको नाम: महिनावारी</b>			
महिनावारी स्वच्छता व्यवस्थापन सुविधा	केहि नभएको	<ul style="list-style-type: none"> <li>छात्रा शौचालयमा ढकन सहितको टोकरीको व्यवस्था</li> <li>ईन्सिनेरेटरको व्यवस्था</li> </ul>	छात्रा शौचालयको व्यवस्थापन
सफा, स्वच्छ हरियाली वातावरण	केहि विरुवा लगाएको	<ul style="list-style-type: none"> <li>कक्षा कोठाको नियमित सरसफाइ</li> <li>ठोस फोहोरको उचित विसर्जन</li> </ul>	कक्षा कोठा र परिसरको सरसफाइ

सबै समुहहरूको प्रस्तुतीकरण पछि सहजकर्ताबाट सुधारका दिइएको सुझावहरू हेर्दा पैसा खर्च नगरी वा कम पैसामा गर्न सकिने कामहरू धेरै देखिएकोले आफ्नो विद्यालयलाई खानेपानी, सरसफाइ र स्वच्छतामा तीन तारे बनाउका लागि प्रतिवद्धता र ईच्छा शक्ती आवश्यक भएको वताउदै सेशनको विट मारेका थिए । त्यस दिनको कक्षाको समग्र मूल्याङ्कन मुड चार्ट मार्फत आजको दिन कस्तो लाग्यो भन्ने प्रश्न राखेर उत्तम, मध्यम र खत्तम तीन मध्ये कुनै एकमा स्कोर गरेर गर्दै कक्षा समापन गरिएको थियो ।

#### दोस्रो दिनको मुख्य सिकाई तथा उपलब्धि :

- ⇒ फिलिप चार्टको प्रयोग गर्ने सीप हासिल
- ⇒ तालिम हलमा सिकेको शैद्धान्तिक ज्ञानको विद्यालय भ्रमणको क्रममा व्यवहारिक अभ्यास गर्ने अवसर प्राप्त
- ⇒ फिल्ड भिजिटबाट व्यवहारिक र प्रयोगात्मक ज्ञान, सीप हासिल भएको

#### तेस्रो दिन (२, चैत्र २०७७)

तेस्रो दिनको सुरुआत विहान खाजा खाएर ९ वजेवाट भएको थियो । पहिलो र दोस्रो दिन प्रस्तुत विषयवस्तुहरू र फिल्ड भिजिटबाट भएका सिकाइको बारेमा छलफल गरेर छोटो पुनरावलोकन गरेपछि तेस्रो दिनको सेशनमा प्रवेश गरिएको थियो ।

#### सत्र – एक

यस सत्रको विषय सहजीकरण विधि र सामाग्रीहरू रहेको थियो । यस विषयको उद्देश्य सहभागिहरूलाई प्रशिक्षण गर्दा अपनाउन सकिने विधि र सामाग्रीहरूको छनौटको बारेमा जानकारी गराउनु रहेको थियो । यस विषयको सहजीकरणको क्रममा सहजकर्ताबाट सहभागिहरूलाई तालिम हल भित्र भएको तालिम सामाग्रीहरूको नाम भन्न लगाएर सामाग्रीहरूको सूची तयार पारी कुन सामाग्री के का लागि प्रयोग हुन्छ भन्ने बारेमा बुझाइएको थियो । त्यस क्रममा सहभागिहरूवाट मेटा

कार्ड, बोर्ड मार्कर, पर्मानेन्ट मार्कर, मास्किङ टेप, कैंची, मल्टि मिडिया, ल्यापटप, न्युज प्रिन्ट पेपर, कार्डबोर्ड पेपर, साबुन, टुथ ब्रस, टुथ पेष्ट, फिलिप चार्ट, पोष्टर, फलेक्स, तालिम म्यानुअलको नाम लिएका थिए ।

यसै सत्र अन्तर्गत अर्को चरणमा सहभागिहरूलाई चार समुहमा विभाजन गरी एउटा समुहलाई तालिम विधि, दोस्रो समुहलाई व्यक्तिगत सरसफाइको उद्देश्य तयारी, तेस्रो समुहलाई व्यक्तिगत सरसफाइको विषयवस्तु र चौथो समुहलाई व्यक्तिगत सरसफाइ प्रशिक्षण गर्ने तालिम योजना तयार पार्न लगाइ प्रस्तुत गर्न लगाइएको थियो । यसै क्रममा तालिमको सेसन योजना तयार गर्दा ध्यान दिनु पर्ने निम्न कुराहरूमा प्रष्ट पारिएको थियो :

- ▶ विषय वस्तु
- ▶ उद्देश्य निर्धारण
- ▶ समय सिमा
- ▶ कृत्याकलाप
- ▶ मूल्याङ्कन

साथै उद्देश्य निर्धारण गर्दा अपनाउन सकिने **SMART** सुत्र को बारेमा पनि बताइएको थियो । जसको पुरा रूप यस अनुसार रहेको थियो : **S-specific, M-measurale, A-attainable, R-relevant, T-time bond**

यस पछि विभिन्न प्रशिक्षण विधिहरूको सूची तयार पारी हरेको विधिको बारेमा प्रष्ट पारिएको थियो । प्रस्तुत प्रशिक्षण विधिहरू निम्न अनुसार रहेको छ ।

- \* व्याख्यान विधि
- \* मष्तिष्क मन्थन विधि
- \* समुह छलफल विधि
- \* प्रदर्शन विधि
- \* प्रदर्शनी विधि
- \* हिउ ढिक्के विधि
- \* घटना अध्ययन विधि
- \* अध्ययन अवलोकन विधि
- \* खेल विधि
- \* सिक्दै सिकाउने विधि
- \* प्रज्वलन विधि
- \* भिडियो/डकुमेन्ट्री
- \* कथा विधि
- \* भुमिका अभिनय विधि

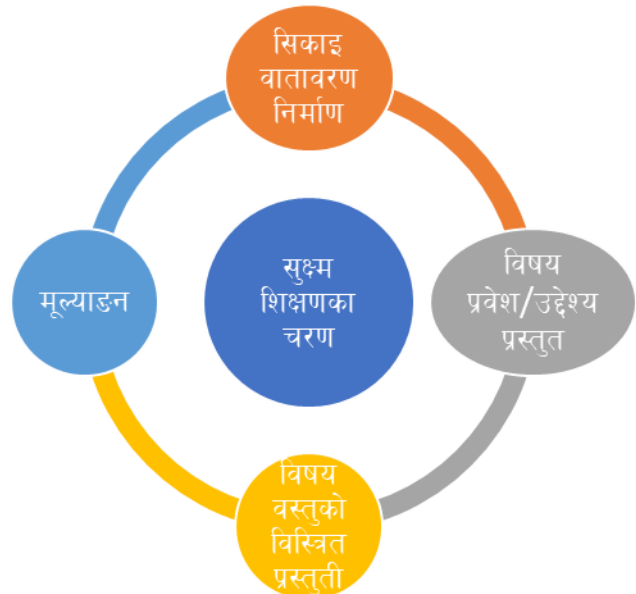
यस पछि सहजकर्ताले विषय वस्तुको छलफललाई संक्षेपीकरण गर्दै सत्र समाप्त गरिएको थियो ।

**सत्रको मुख्य सिकाइ तथा उपलब्धि :**

- \* सहजीकरणका विधिन्न विधिहरूको जानकारी
- \* सहजीकरणको क्रममा प्रयोग गरिने विभिन्न सामाग्रिहरूको बारेमा जानकारी
- \* सहजीकरणको क्रममा विषय वस्तु अनुकूलको विभिन्न विधि तथा सामाग्रिको छनौट गर्न सक्ने सीप विकास

**सत्र - दुई**

यस सत्रको विषय वस्तु सुक्ष्म शिक्षण गर्ने



प्रयोगात्मक अभ्यास रहेको थियो । यस विषयको प्रस्तुतीकरण पछि सहभागिहरूले १० वटा सूचकलाई उपयुक्त विधि र सामाग्रीको छनौट गरी प्रभावकारि ढंगले सहजीकरण गर्न सक्ने उद्देश्य रहेको थियो । यो विषय सहजीकरणको क्रममा सहभागिहरूलाई १, २, ३, ४ गन्न लगाएर चार वटा समुहमा विभाजन गरिएको थियो र सुक्ष्म शिक्षण गर्ने विषय दिइएको थियो । जस अनुसार समुह नं. १ लाई विपद जोखिम व्यवस्थापन, समुह २ लाई मर्मत सम्भार कोष, समुह ३ लाई महिनावारी स्वच्छता व्यवस्थापन र समुह ४ लाई ३ तारे विद्यालय बनाउन सरोकारवालाहरूको भूमिका विषय दिइएको थियो । तयारीको लागि सबै समुहहरूलाई ३० मिनेट दिइएको थियो । तयारीको क्रममा सबै समुहहरूले आफ्नो समुहमा परेको विषय अनुसारको उद्देश्य, समय, प्रकृया र मूल्याङ्कन समेटिएको सेशन योजना तयार पारेर सुक्ष्म शिक्षण गर्न जानकारि गराइएको थियो । प्रस्तुतीकरणको समय प्रत्येक समुहलाई १० मिनेट दिइएको थियो । यसै क्रममा सुक्ष्म शिक्षणका निम्न चक्रको बारेमा पनि जानकारि गराइएको थियो ।

यस पछि सबै समुहले पालै पालो प्रस्तुती गरेका थिए र सहजकर्ताहरूले पृष्टपोषण दिएका थिए । समुहगत प्रस्तुती र पृष्ट पोषण यस अनुसार रहेको छ :

#### **समुह १ : विपद जोखिम व्यवस्थापन**

##### **पृष्ट पोषण**

यस विषयमा दिनु पर्ने निम्न मुख्य सन्देश स्पष्ट दिनु पर्ने :

विपदको अवधारणा, प्रकार, विद्यालय कस्ता विपदको जोखिममा छ, सोको नक्सा तयार पारेर राख्नु पर्ने, विपद जोखिमको प्रतिकार्य योजना र टिम गठन गर्नु पर्ने ।

#### **समुह २ : मर्मत सम्भार कोष**

##### **पृष्ट पोषण**

यस विषयमा दिनु पर्ने निम्न मुख्य सन्देश स्पष्ट दिनु पर्ने :

मर्मत सम्भार कोष स्थापना गर्नु पर्ने, मर्मत सम्भारका लागि आवश्यक पर्ने आवश्यक औजार खरिद गरी राख्नु पर्ने ।

#### **समुह ३ : महिनावारी स्वच्छता व्यवस्थापन**

##### **पृष्ट पोषण**

यस विषयमा दिनु पर्ने निम्न मुख्य सन्देश स्पष्ट दिनु पर्ने :

छात्रा शौचालयमा ढक्कन सहितको टोकरी या ईन्सुलेटेडको व्यवस्था हुनु पर्ने, विद्यालयमा पुनः प्रयोग गर्न मिल्ने प्याड बनाउने सीप सिक्ने र आफैले बनाएर प्रयोग गर्दा स्वास्थ्य र वातावरण दुवैलाई फाइदा हुने ।

#### **समुह ४ : ३ तारा पद्धतीमा सरोकारवालाहरूको भूमिका**

##### **पृष्ट पोषण**

यस विषयमा दिनु पर्ने निम्न मुख्य सन्देश स्पष्ट दिनु पर्ने :

विद्यालय स्तरीय वास समन्वय समिती, बालक्लव, विव्यस, विद्यार्थी, शिक्षकको भूमिका कम्तिमा वुभाउने ।

#### **सबै समुहलाई सामुहिक सुझाव :**

- \* सबै सहभागिहरूलाई ध्यान दिने
- \* कमाण्डिड प्रस्तुती
- \* मेटा कार्ड, चार्ट पेपरमा लेख्दा केरमेट नगरी ठूलो अक्षरमा लेख्ने
- \* पेपर र मार्करको रङ विचार गरेर लेख्ने
- \* सिकारुलाई प्रोत्साहन गर्ने
- \* समयको ख्याल गर्ने

यसै सत्रको अर्को चरणमा विद्यालय तहमा सञ्चालन हुन हाल सञ्चालित कार्यक्रममा प्रस्ताव गरिएका कृयाकलापहरू कार्यान्वयन गर्ने सबै विद्यालयहरूले कार्य योजना तयार पारेका थिए । सबै विद्यालयहरूमा सञ्चालन हुने जम्मा १० वटा कृयाकलापहरू आगामी चैत्र १५ सम्ममा सम्पन्न गरिसक्ने प्रतिवद्धता सबै विद्यालयका संपर्क शिक्षकहरूले जनाएका थिए । कार्य योजनाको नमूना यस अनुसार रहेको थियो :

## विद्यालय तहको कार्य योजना

विद्यालयको नाम :

न.पा./गा.पा.को नाम :

वडा नं. :

क्रियाकलाप	लक्ष्य (परिमाण)	कहिले गर्ने	कहाँ गर्ने	कसले गर्ने	कसरी गर्ने	बजेट	कैफियत
विद्यालय स्तरीय व्यक्तिगत स्वच्छता अभियान	१	साप्ताहिक	विद्यालयमा	बालक्लव/संपर्क शिक्षक	साबुन पानीले हात धुएर		
विद्यालय सेवा क्षेत्रको सरसफाइ अभियान(घर भेट, सडक नाटक,सफा घर अभियान)	१	पाक्षिक	समुदायमा	बालक्लव/संपर्क शिक्षक	घर भेट तथा अनुगमन, परामर्श		
विपद जोखिम न्यूनीकरण नक्साङ्कन	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक	सवै भेला भएर		
महिनवारी स्वच्छता प्रवर्द्धन कार्यक्रम	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, WEL	गोष्ठिको आयोजना गरेर		
नविनता र सिर्जनशीलता	१	साप्ताहिक	विद्यालयमा	बालक्लव/संपर्क शिक्षक	समुहमा हात धुने, चर्पी सफा गरेर		
विद्यालय स्तरीय समिक्षा	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, WEL	सवै भेला भएर		
विद्यालय स्तरीय समन्वय समितीलाई ३ तारे पद्धती सम्बन्धि अभिमुखीकरण	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, WEL	गोष्ठिको आयोजना गरेर		
बालक्लव सहयोग	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, WEL	सामाग्रि हस्तान्तरण गरेर		
मर्मत सम्भार कोष स्थापना	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, प्रअ, विव्यस	खाता खोलेर जम्मा गरेर		
बालक्लव योजना तर्जुमा बैठक	१	चैत्र दोस्रो हप्ता सम्म	विद्यालयमा	बालक्लव/संपर्क शिक्षक, WEL	गोष्ठिको आयोजना गरेर		

तयार पार्ने

रुजु गर्ने

प्रमाणित गर्ने

(बाल क्लव)

(फोकल शिक्षक)

(प्र.अ.)

कार्य योजना तयारी पछि तालिमका विषय वस्तुहरुको प्रस्तुती सकिएको थियो । त्यस पछि सहभागिहरुवाट पोष्ट टेष्ट लिइएको थियो । प्री टेष्ट र पोष्ट टेष्टको प्राप्तिको आधारमा प्रथम, द्वितीय र तृतीय हुने कमश दिलिपकुमार राम, हरिप्रिया कार्की र विनोद प्रसाद चौधरीलाई प्रमूख अतिथीवाट पुरस्कार दिइएको थियो ।

यस पछि तालिमको समग्र पक्ष समेटिएको प्रश्नावली फारम वितरण गरेर तालिम मूल्यांकन गरिएको थियो । यस मूल्यांकनको क्रममा सभागिहरुवाट प्राप्त उपलब्धि तथा सुझावलाई यस प्रतिवेदनको अग्र भागमा प्रस्तुत गरिसकिएको छ । त्यस पछि कार्यक्रमको समापन सत्र सञ्चालन भएको थियो । समापन सत्र औपचारिक रुपमा सञ्चालन भएको थियो । यस सत्रको सञ्चालन WEL का हिम्मत मास्केले गर्नुभएको । कार्यक्रमको प्रमूख अतिथी २ नं प्रदेश शिक्षा तालिम केन्द्रका प्रमूख गोपाल प्रसाद कडेल हुनुहुन्थ्यो । समापन कार्यक्रममा सहभागिहरुको तर्फवाट एक जना महिला र एक जना पुरुष सहभागिले आफ्नो अनुभव र धारणा राख्नु भएको थियो । सो क्रममा वाहाहरुले सुरुमा तालिम हलमा प्रवेश गरेर तालिमको व्यानर हेरेर जति सिकाइको अनुमान गरिएको थियो त्यो भन्दा धेरै सिकाई उपलब्धि हासिल भएको बताउनु भयो । साथै वाहाहरुले यस तालिमवाट विद्यालयमा खानेपानी, सरसफाइ र स्वच्छता सुविधा सुनिश्चित गरी कायम राख्न र आफ्नो विद्यालयलाई तीन तारे घोषणा गर्ने प्रतिवद्धता जाहेर गरेका थिए ।

प्रमूख अतिथीको आसनवाट २ नं. प्रदेश शैक्षिक तालिम केन्द्रका प्रमूख गोपाल प्रसाद कडेलले सरसफाई जीवनको महत्वपूर्ण पाटो भएको उल्लेख गर्दै विद्यालयमा खानेपानी, सरसफाई र स्वच्छता सुविधा सुचारु गरी स्वस्थकर बानीव्यवहारको विकासका लागि शिक्षकहरुको महत्वपूर्ण भूमिका रहने बताउनु भयो । साथै बाहाले यति महत्वपूर्ण भूमिकामा रहेका शिक्षकहरुले पहिले आफ्नो बानीव्यवहारको समिक्षा गर्नु पर्ने र खराब बानीलाई सुधार गरी विद्यार्थी सामु असल व्यवहार प्रदर्शन गरे मात्र विद्यार्थीले सकारात्मक शिक्षा पाउने भएकोले हरेक शिक्षकलाई आफु रोल मोडेल हुन पनि आग्रह गर्नु भयो। अन्तमा प्रमूख अतिथीले मन्तव्य सहित तालिम समापन गर्नुभएको थियो।

#### तेस्रो दिनको मूख्य सिकाइ तथा उपलब्धि :

- सुक्ष्म शिक्षणका विधि र प्रकृयाको बारेमा जानकारी हासिल
- कार्य योजना निर्माण तथा समिक्षा कार्यले कार्यक्रमलाई निर्धारित समय सिमा भित्र सम्पन्न गर्न मार्ग दर्शकको काम गर्छ ।
- कार्य योजनाले सबैलाई आ-आफ्नो जिम्मेवारीप्रति सचेत र जागरुक गराउछ ।
- तालिमको आयोजना गर्दा औपचारिक समापन कुन खाकामा गर्ने भन्ने जानकारी हासिल ।



#### सहभागि तथा सहजकर्ताहरुको विवरण

क्र.सं.	नाम	विद्यालयको नाम	संपर्क न.	लिङ्ग	
				म	पु
१	दिलिपकुमार राम	नेपाल राष्ट्रिय आ वि	९८६५२६८५३०		१
२	बिनोद प्रसाद चौधरी	नेपाल राष्ट्रिय आ वि	९८४५२८२१५६		१
३	अखिलेश कुमार पटेल	नेपाल राष्ट्रिय आ वि	९८४५१९४४४८		१
४	प्रदिप कुमार निराला	नथुनी आ वि	९८४५८६६६८५		१
५	हरिप्रिया कार्की	कोइलाभार आ वि	९८४५४२६५५१	१	
६	निर्मला कुमारी	काली प्रसाद लाखे मा वि	९८१४२१३८९६	१	
७	सुकमिन देवी	नेपाल राष्ट्रिय आ वि	९८१११४०९५०	१	
८	अनु चौधरी	नेपाल राष्ट्रिय आ वि	९८६०३०७३३५	१	
९	गितादेवी धानुक	ज्ञानज्योती आ वि	९८२४२७६७६७	१	
१०	निशी बर्मा	सरस्वती मा वि	९८४५२२८५००	१	
११	विष्णुदयाल चौधरी	नेपाल राष्ट्रिय आ वि	९८४५२६४७०४		१
१२	जितेन्द्र कुमार	नेपाल राष्ट्रिय मा वि	९८१५२७३०७७		१
१३	संगितकुमार श्रीवास्तव	श्री प्रथामिक विद्यालय			१
१४	सुजित कुमार	जनता मा वि	९८६९८८१९९०		१
१५	बिरेन्द्र राम	श्री आधारभुत विद्यालय	९८४५५५६६२१		१
१६	बालेश्वर राम	रामकवीर भगवान आ वि	९८०३५७७०७०		१
१७	राम प्रसाद पासवान	नेपाल राष्ट्रिय नि. मा. वि.	९८४५४२५७३६		१
१८	बिनु थापा	हंसवाहिनी आ.वि	९८०६८५००३९	१	
<b>जम्मा</b>				<b>७</b>	<b>११</b>



सहजकर्ता/संस्था पदाधिकारी				
१	बोधनारायण श्रेष्ठ	Unicef, WASH Officer	९८५५०११८३८	१
३	चण्डेश्वर श्रेष्ठ	स्रोत व्यक्ति	९८५२८३५४००	१
३	यज्ञ श्रेष्ठ	TL/Er, WEL	९८०११२०६५१	१
४	हिम्मत मास्के	WASH Officer, WEL	९८४०९८३८४२	१
५	ईश्वर कोईराला	Admin/Ac, WEL		१

## पूर्व तथा अन्तिम परीक्षण प्रश्नावली

सहभागिको नाम: .....

आवद्ध कार्यालय/संस्था:.....

पद:.....

तलकाप्रश्नहरुको ठिकउत्तरदिनुहोस् ।

प्रत्येक उत्तरको १ अंकहुनेछ।

१. Inclusive WASH भनेको के हो ?

- |                  |                   |
|------------------|-------------------|
| क) बालमैत्री     | ख) छात्रामैत्री   |
| ग) अपाङ्गमैत्री  | घ) बातावरण मैत्री |
| ङ) छुवाछुट मुक्त | च) माथिका सबै     |

२. सावुन पानीले राम्ररी मीचीमीची हात धुँदा भ्रूडापखालाबाट बच्न सकिने सम्भावना कति प्रतिशत हुन्छ?

- |         |         |
|---------|---------|
| क) ३२ % | ख) ३७%  |
| ग) ३९ % | घ) ४४ % |

३. विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि २०७४ कसबाट सार्वजनिककरण भएको थियो ?

- |   |  |
|---|--|
| क) शिक्षा, विज्ञान तथा प्रविधि मन्त्रीबाट | ख) प्रधानमन्त्रीबाट                    |
| ग) उप राष्ट्रपतिबाट                       | घ) शिक्षा, विज्ञान तथा प्रविधि सचिवबाट |

४. सुधारिएको पानीको स्रोतमा तलका मध्ये कुन पर्दैन ?

- |         |           |                 |               |
|---------|-----------|-----------------|---------------|
| क) धारा | ख) टयुवेल | ग) पोखरीको पानी | घ) आकाशो पानी |
|---------|-----------|-----------------|---------------|

५. शिक्षा, सुचना व्यवस्थापन प्राणाली (EMIS 2016/17) अनुसार नेपालका कति प्रतिशत विद्यालयका शौचालयहरुमा यूरिनल सुविधा रहेको छ?

- |         |         |
|---------|---------|
| क) ४०.९ | ख) ५०.९ |
| ग) ४५.९ | घ) ४७.९ |

६. अपाङ्गता मैत्री शौचालयमा **Ramp ratio** समान्यत कति प्रतिशत हुन्छ?

- |        |         |
|--------|---------|
| क) १:८ | ख) १:११ |
| ग) १:७ | घ) १:१५ |

७. सुरक्षित खानेपानी भनेको के हो ?

- |   |                                    |
|---|------------------------------------|
| क) सफा, गन्ध रहित र स्वाद विहिन                   | ख) सफा र हानीकारक रसायनहरु नभएको । |
| ग) हानीकारक रसायनहरु,जिवाणु तथा विषाणुहरु नभएको । | घ) माथिका सबै                      |

८. अपाङ्गता मैत्री शौचालयको ढोकाको चौडाई न्यूनतम कति हुन पर्दछ ।



## खेलहरु

### खेल - एक

#### खेलको नाम : Yes/No खेल

**विधि तथा प्रकृया :** सबै सहभागिहरुलाई म केहि कुरा सोध्छु त्यसको जवाफमा सहि हो भने मुखले हो भन्ने तर टाउको विपरित संकेतमा हल्लाउने, गलत हो भने मुखले होइन भन्ने तर टाउको चाहि हो भन्ने संकेतमा हल्लाउने भनेर नियम प्रष्ट पार्ने ।

खेल सुरु गर्ने जस्तै, मोवायल देखाएर यो मोवायल हो भनेर सोध्ने । जवाफ कसरी दिइरहेकाछन भनेर अवलोकन गर्ने । फेरी मोवायललाई नै यो घडी हो भनेर सोध्ने । जवाफ अवलोकन गर्ने । अरु पनि यस्तै चिज देखाएर प्रश्नहरु गर्ने ।

खेलिसकेपछि सहभागिहरुलाई कस्तो अनुभव भयो भनेर सोध्ने । र नयाँ कामको सुरुआत गर्दा सुरुमा असहज हुने तर अभ्यास गरिरहदा सहज हुँदै जानेकुरा बुझाउने र कार्यक्रमका कृयाकलापसंग जोडेर छलफल चलाउने । खास गरी व्यवहार परिवर्तन विषय लगायतका विषयवस्तुको छलफलको क्रममा यो खेल सान्दर्भिक हुनसक्छ ।

### खेल - दुई

#### खेलको नाम : Nine chair खेल

**विधि तथा प्रकृया :** १०/१२ जना सहभागिहरुलाई खेलमा आउन आह्वान गर्ने । छनौट भएका सहभागि खेलाडिलाई दुई समुहमा बराबरी विभाजन गरेर दुई लाइनमा उभिन लगाउने । अधिल्लतिर एक लाइनमा ३ वटाका दरले ३ लाइनमा जम्मा ९ वटा कुर्सि राख्ने । दुई वटा समुहको नाम राख्ने । प्रत्येक समुहले आफ्नो भिन्न पहिचान हुने संकेत गर्ने, जस्तै कुनै समुहले टाउको माथि दुवै हात राख्ने, अर्को समुहले दुवै हातले कम्मर समाउने । दुवै समुहवाट पालैपालै एक एक जनालाई बोलाउने । अधि आउने सहभागि खेलाडी बस्दै खाली कुर्सिमा बस्दै जाने जुन समुहका सहभागि खेलाडी ठाडो, तेर्सो या छडके लाइन मिलाएर ३ जना बस्न सफल हुन्छ, त्यो समुह विजयि हुन्छ, भनि जानकारी दिने । खेल सुरु भैसकेपछि, कसैले बोल्न, सिकाउन नपाउने । उल्लेखित शर्त अनुसार २/३ राउण्ड खेलीसकेपछि, विचमा छोटो समय आफुलाई लागेको कुरा गर्न दिने के गर्ने भनेर नभन्ने । दिएको समय समाप्त भएपछि, पुनः खेल सुरु गर्ने । र अन्तमा पहिलेदेखिकै खेलवाट के सिकाई भयो भनेर कार्यक्रम सञ्चालन प्रकृया संग जोडेर समिक्षा गर्ने । खास गरि यो खेल कार्यक्रम व्यवस्थाप, योजना निर्माण लगायतका सान्दर्भिक विषयवस्तुको छलफलको क्रममा खेलाउन सकिन्छ ।

### खेल - तीन

#### खेलको नाम : व्यक्तिगत स्वच्छता खेल

**विधि तथा प्रकृया :** सहभागिहरुलाई जम्मा चार समुहमा विभाजन गर्ने र चार लाइनमा उभिन लगाउने । सबै समुहलाई एक जना टोली नेता छान्न लगाउने । टोली नेतालाई अगाडि उभिन लगाउने । हरेक समुहको अगाडि क्रमश चर्पी लेखेको मेटा कार्ड, त्यस अधि सावुन, त्यस अधि पानीको बोतल, त्यस अधि हात धुने भाडो(वाटा, आरि), त्यस अधि ब्रस, त्यस अधि पेष्ट र त्यस अधि काइयो राखि दिने । अगाडी पटि हामीले नित्य रुपमा गर्ने कार्यका लागि आवश्यक सामाग्रीहरु छन कुन चिज कहा छ एक पटक हेरेर याद गर्न भन्ने । त्यस पछि टोली नेताहरुको आखा पातलो कपडाले बाधि दिने । अब सबै टोली नेताले नित्य कर्मको चरण पुरा गर्न भन्ने जस्तै, पहिले चर्पी लेखेको मेटा कार्डमा दिसा गर्न वसेको अभिनय गर्ने, त्यस पछि सावुन खोल्ने, पानीको बोतलको विको खोल्ने, सावुन पानीले हात धुने, ब्रस लिने, पेष्ट लगाउने र दात मोल्ने अनि काइयो लिएर कपाल कोर्ने । जसले सहि ढंगले सबै चरण पुरा गर्छ, उहि विजेता हुन्छ, भनेर जानकारी दिने । खेल सुरु गर्ने । समुहको शाथीहरुले नछोड्कन निर्देशन दिन पाउने जानकारी दिने । जो विजेता हुन्छ, उसले कसरी जित्यो भनेर सामुहिक छलफल गराउने । यस खेलको समिक्षाको क्रममा चार वटा प्रश्न गर्ने,

१. अब फेरी खेल्दा यो खेलमा के सुधार गर्न सकिन्छ ?

२. समुहमा जिम्मेवारी बाडफाइ गरिएको थियो ?

३. जिम्मेवारी बाडफाइ गरिएको भए पुरा भयो कि भएन ?

४. समुहका सदस्यहरुले गरेको निर्देशन समुह नेताले बुझेको थियो या समुहले दिएको निर्देशन र नेताको व्यवहारमा तालमेल मिलेको थियो ?

यो खेल खास गरी व्यक्तिगत सरसफाइ विषयको छलफलको क्रममा सान्दर्भिक हुनसक्छ ।

**विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यक्रम अनुगमन चार्ट**  
**विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यक्रम**  
**स्व:अनुगमन चार्ट**

विद्यालयको नाम :

कक्षा शिक्षकको नाम :

कक्षा :

विद्यालय सेवा क्षेत्रको घर धुरी संख्या :

सेक्शन :

क्र.स.	सूचक तथा विवरण	महिना									
		वैशाख	जेठ	भाद्र	आश्विन	कार्तिक	मंसिर	पौष	माघ	फागुन	चैत्र
१	जम्मा विद्यार्थी संख्या										
१.१	केटा										
१.२	केटी										
२	शौचालय (आराम घर)										
२.१	प्यान राखिएको पक्की शौचालय भएको विद्यार्थी										
२.२	कच्ची शौचालय भएको विद्यार्थी संख्या										
२.३	शौचालय नभएका विद्यार्थी संख्या										
३	सावुन पानीले हात धुने अभ्यास										
३.१	घरमा हात धुने स्थान र नियमित सावुन राख्ने व्यवस्था भएका विद्यार्थी										
३.२	खाना खानु अगाडी सधै सावुन पानीले हात धुने विद्यार्थी संख्या										
३.३	दिसा धोएपछि सधै सावुन पानीले हात धुने विद्यार्थी										
४	नियमित विद्यालय आउने विद्यार्थी संख्या										
५	दिनको २ पटक दात माभ्नुने विद्यार्थी										
६	हप्तामा २ पटक नुहाउने विद्यार्थी										

**तालिम मूल्याङ्कन फारम**

**तालिम मूल्याङ्कन प्रश्नावलीहरु**

नाम :

भिति :

स्थान :

कार्यालय :

पद :

१) के यो तालीम पहिचान गरिएको आवश्यकताको

आधारमा भएको हो ?

तपाईंको धारणा :

Yes		No		N/A
4	3	2	1	0

२) के कार्यक्रमको लक्ष्य तथा उद्देश्यहरु स्पष्ट पारिएका थिए ?

तपाईंको धारणा :

Yes		No		N/A

३) के तालीममा प्रशस्त छलफल तथा सहभागिता थियो ?

Yes		No		N/A

तपाईंको धारणा :

- ४) के यो तालीमले तपाईंको व्यवहारिकता तथा व्यक्तिगत विकासमा मद्दत पुऱ्याएको छ ?

तपाईंको धारणा :

**Yes No N/A**

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- ५) के विषयवस्तुहरुको लागि छुट्याइएको समय प्रयाप्त थियो ?

तपाईंको धारणा :

**Yes No N/A**

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- ६) के प्रशिक्षकहरुले राम्रोसँग सिकाउने शैली तथा व्यवहार अपनाएका थिए ?

**Yes No N/A**

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- ७) यो तालिमले तपाईंको विद्यालयको अवस्थामा सुधार ल्याउन सहयोग गर्छ ?

खानेपानी र सरसफाइको  
**Yes No N/A**

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- ८) यो तालिमबाट सिकेका मुख्य ३ कुरा लेख्नुहोस ।

- ९) अन्य सुझावहरु

## तालिमको विषय तथा समय तालिका

पहिलो दिन		
विषय वस्तु	समय	
स्टेशनरी वितरण, शुभारम्भ, स्वागत, उधघाटन, औपचारिक सत्र समापन	३० मि.	
परिचय :	३० मि.	
समय तालिकाको जानकारी, आचार संहिता, कक्षा व्यवस्थापन, अपेक्षा संकलन, उद्देश्य माथि प्रकाश, पर्व परीक्षण	६० मि.	
वास विज्ञो	३० मि.	
जीवनोपयोगी सीप	६० मि.	
खाना	६० मि.	
वासको अवधारणा र यसमा लगानि किन	४५ मि.	
विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविध २०७४ र ३ तारे पढ्तीको संक्षिप्त जानकारी	९० मि.	
दैनिक कक्षा मूल्याङ्कन	३० मि.	
दोस्रो दिन		
पुनरावलोकन	१५ मि.	
सूचकहरुको समुहगत प्रस्तुतीकरण -फिलिप चार्टको प्रयोग)	९० मि.	
फिल्ड तयारी <ul style="list-style-type: none"> <li>समुह विभाजन र जिम्मेवारी वाडफाट</li> <li>भ्रमण प्रतिवेदन फर्म्याट</li> <li>चेक लिष्ट</li> <li>विद्यालयमा शिक्षक विद्यार्थी समुह तयारी</li> </ul>	३० मि.	
प्रतिवेदन तयारी	४५ मि.	
प्रतिवेदन प्रस्तुती	६० मि.	
विद्यालय तहको क्रियाकलापको जानकारी	३० मि.	
दैनिक मूल्याङ्कन	३० मि.	
तेस्रो दिन		
पुनरावलोकन खेल	२० मि.	
प्रशिक्षण विधि र सामाग्री	३० मि.	
सुक्ष्म शिक्षण अभ्यास : <ul style="list-style-type: none"> <li>विपद जोखिम/सामाजिक नक्सा</li> <li>महिनावारी स्वच्छता व्यवस्थापन</li> <li>मर्मत संभार कोष</li> <li>विभिन्न सरोकारवालाहरुको भूमिका</li> </ul>	२ घ.	
कार्य योजना	६०	
पोष्ट टेष्ट	२० मि.	
तालिम मूल्याङ्कन	२० मि.	
व्यक्तिगत विवरण फारम		
समापन सत्र		

## तालिमका फोटोहरु



फिज जात्रावाट रमाइलो तरीकावाट हात धुने तरीका सिक्दै सहभागिहरु



टुल बक्स र औजारहरुको बारेमा जानकारी आदान-प्रदान गर्दै WEL का टिम लिडर यज्ञ श्रेष्ठ र सहभागीहरु



विद्यालय भ्रमणको क्रममा ३ तारे पद्धतिका सूचक अनुगमनको प्रतिवेदन प्रस्तुत गर्दै सहभागीहरु



2 दिने TGT फौजदारी शिक्षको लागि  
प्रतिवेदन।

हामी हाम्रो विद्यालयलाई  
तिन तारा पददति अङ्क  
सम्पन्न बनाउन प्रतिवेदन  
ब्यक्त गर्दछौं।

६: १०० / १००  
सु. ६०० / ६००  
सिम्रिता  
२००० / २०००  
२००० / २०००  
२००० / २०००  
२००० / २०००  
२००० / २०००  
२००० / २०००

AMLEKHUNJ, BARA

UNICEF/WEL

पानी वातावरण र जीवन संस्था (WEL) को लागि  
प्रतिवेदन तयार गर्ने  
चण्डेश्वर श्रेष्ठ  
स्रोत व्यक्ति, उदयपुर

## D. MHM & Sanitary Pad Making Training to adolescence girl students, female teachers & FCHVs

### Summary of Participants

# Of schools/HCFs covered	Target	Achieve	Schools	HCF	# Of Beneficiaries				Remarks
					F	M	T	PwD	
20 schools & 5 HCFs	25	25	20	5	742	52	794	3	

### Background

Under "Accelerating Sanitation and Water for All (ASWA II)" programme, WASH in Institutions projects is implementing in 20 schools & 5 HCFs in 17 palikas of Bara, Parsa and Rautahat districts in province 2 with the support of concerning local governments and UNICEF Nepal.

The main aim of the programme is to upgrade the schools as a 3-star standard by upgrading WASH facilities as mentioned in School WASH Protocol 2017 (विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धी कार्यविधि, २०७४ दोश्रो संशोधन सहित) and HCFs as WASH FIT standard. Menstruation (also known as "Period") Hygiene Management (MHM) is one of the major activities included in the programme. In schools/HCFs and its catchments conducted training focusing mainly on MHM and sanitary pad making process by using locally available cloth targeting to Female teachers, adolescence school girls, FCHVs and women groups.

Mensuration is a natural process and this is sensitive on health and personal hygiene. Schools and/or home may be the first place to occur menstruate for adolescence girls therefore they must know about this natural process and effect as well as knowledge on its management along with the use of sanitary pad and its proper disposal. Female teachers, FCHVs, and other women from the community who have knowledge about menstruation may guide adolescent girls before, during, and after period.

### Objectives

The main aim of the programme is to equip the target group with knowledge and skill on proper MHM and to change their basic sanitation behavior.

Objectives of the programme are as:

- To improve skill of the participants to make sanitary pad at home.
- To teach the participants for proper use of pad and its proper management after use.

### Expected Outcomes

After the orientation:

- Participants have understood the importance of menstrual hygiene.
- Participants were able to make cotton pads and they knew about the benefit of pad they make rather than they purchase from the market.
- Participants were able to teach others too.

- Participants were well known about new constructed/repared, maintenance, and renovated WASH facilities and their proper use.

## Methodology

Following methodology was adopted in the training:

- lecture & discussion
- Demonstration
- Group & Individual exercise
- Games

## Materials & Tools Used

- Training materials
- Kit Box
- Sample Pad made by other agencies
- Nepali paper, cotton cloth, Banners/flex with a module (How to make sanitary pad)

## Major Activities

In the beginning, distributed chocolate to the participants and then start to manage for training. While distributing chocolate they start to eat and through plastic here and there.

When finished the decoration of hall like and registered the name of participants and distribution of pad making tools & materials, then said to stand up on the bench and said to give your garbage (chocolate cover), but nobody has.

Then start the orientation/training as planned.

### • Discussion & Lecture:

Discussion made focusing on the following issues and tried to address the issues through lecture.

- What are seen difference in existing & improved WASH facilities and how we use it proper?
- What is sanitation and its importance?
- What is Mensuration? How to manage mensural hygiene?
- Could we make pad at the house by using locally available cotton cloths?
- **Demonstration to make a sanitary pad**
  - Through demonstration to teach how to make sanitary pad by using Nepali paper.
  - Group exercise to make sanitary pads by using cotton cloths.
  - Tool box provided, it includes Plastic box, Siyo (swing needle) 1 pkt, rope 4 roles, criper (chayar chayar), sample pad made by other) and flex having message and technique about pad making method and MHM.

## Challenges

Faced following challenges during orientation as following:

- Language barrier in primary level schools.

- Due to COVID-19 pandemic, most of the time schools were closed and feel hesitate to use longer time from their tight schedule.
- Boys' community members, gents' staffs and teachers are asking always trainer is a boy or girl?

### **Lesson Learn:**

- Although people think about shame matter about this but participants are actively participated in training and said it is very useful for us.
- Participants of some schools' and HCFs' ware said we make collect some money and we start business.

### **Conclusion**

Except education about MHM, we couldn't achieve the result on sanitation, health, and hygiene. It seems a minor issue but it helps to improve their personal health, hygiene, and habit as well as adolescence is one of the most followers of others age. Which make to help improve their own health, hygiene and also to help to improve sanitation in schools and community.

The program lasted for only nine months and due to the current epidemic of COVID-19, the students could not take active part in the activities even though they wanted to. The formed children's club and SWASH-CC could not be active. Due to which, even if the expected results are achieved from the operation of this program, it seems that it will take some more time to get the expected output from it. For which only the continuity of this program seems to ensure the production experience, measurement, and sustainability of this program.

## Photo Synapsis



Shree Ne. Ra. Aa. Vidyalaya,  
Kakari. Kolhabi. Bara



Shree NeRaAa Vidyalaya,  
Ganganagar .Simraungadh. Bara



FCHVs from Bishanpurwa HP, Bara



Shree Ram Prathamik Vidyalaya,  
Pipardadi, Jagarnathpur, Parsa



Parsauna HP



Focal Teacher Training

## Details of Date, Venue & Participants

S.No.	Date	Venue	# of Participants			
			F	M	T	PwD
<b>A. Schools</b>						
01	13-Jul-21	Shree Janta Secondary School	24	2	26	-
02	2-Mar-21	Shree Basic School	16	2	18	-
03	25-Aug-21	Shree Saraswoti Higher Secondary School	105	-	105	-
04	4-Apr-21	Shree Ramnaresh Laxman Secondary School	14	9	23	1
05	4-Apr-21	Shree Nepal Rastriya Basic School	40	2	42	-
06	9-Apr-21	Shree Nepal Rastriya Primary School	32	1	33	-
07	25-Feb-21	Shree Nepal Rastriya Basic School	26	1	27	-
08	6-Apr-21	Shree Ram Janaki Primary School	66	2	68	-
09	24-Mar-21	Shree Ram Kabir Primary School	28	1	29	-
10	1-Mar-21	Shree Nepal Rastriya Aadharbhut Vidyalaya	52	6	58	-
11	29-Jun-21	Shree Nathuni Adharbhut Vidyalaya	25	7	32	-
12	12-Apr-21	Shree Nepal Rastriya Secondary School	29	2	31	-
13	26-Feb-21	Shree GyanJyoti Primary School	28	-	28	-
14	19-Apr-21	Shree Hamsha Bahini Basic School	36	6	42	-
15	21-Feb-21	Shree Nepal Rastriya Primary School	24	-	24	-
16	13-Apr-21	Shree Kali Prasad Lakhe Secondary School	34	2	36	-
17	19-Jul-21	Shree Koilavar Basic School	14	1	15	-
18	5-Apr-21	Shree Nepal Rastriya PS	19	1	20	-
19	18-Apr-21	Shree Ram Primary School	27	1	28	-
20	13-Jul-21	Shree Nepal Rastriya Basic School	45	1	46	-
<b>Total</b>			<b>684</b>	<b>47</b>	<b>731</b>	<b>1</b>
<b>B. HCFs</b>						
01	21-Mar-21	Bishanpurwa HP	11	2	13	1
02	21-Mar-21	Sinhasani HP	8	-	8	1
03	6-Apr-21	Prasauna HP	11	2	13	-
04	22-Apr-21	Dharmanagar HP	18	1	19	-
05	12-Jul-21	Jhauwaguthi HP	10	-	10	-
<b>Total</b>			<b>58</b>	<b>5</b>	<b>63</b>	<b>2</b>
<b>G. Total</b>			<b>742</b>	<b>52</b>	<b>794</b>	<b>3</b>

## Contents/Schedule

Content	Time	Materials/method	Remarks
Name Registration & Introduction	10 min	With chocolate game	
WASH Facilities and its' proper use	15 min	Chocolate, bucket	through entertainment activities
Introduction about Health, Hygiene	5 min	Lecture	
What is menstruation? Is it shame matter?	10 min	Lecture	It is natural process; it's just detoxification not shame matter. take it easy.
Personal Hygiene	15 min	Lecture	lecture about personal hygiene and important to more focus hygiene on sensitive organs with example
Availability of sanitary pad in school.	10 min	question/ answer	explain to process for sanitary pad and it is just for emergency. and focus to use cotton pad.
MHM	15 min	Lecture	Lecture about used sanitary pad dispose and hygiene care before and after use.
Demo how to make cotton pad	30 min	Kit box	Use Nepali paper
Group work to make cotton pad	2h 30 min	Exercise	use cotton cloth
Closing	10 min		With participants opinion



आज मिति २०७४ साल चैत्र २६ गते आइतवारको दिन श्री गे.श.भा.वि. कक्षा कोलकाता बाल-बुद्ध विद्यालयको आयोजनामा कक्षागत गरी कक्षा प्रहारादारी अन्तर्गत, गृहविद्यालय कार्यक्रम, जसमा प्रहारादारी कार्य विच्छेद नैतिक स्वामित्वो हुनेछ। अझैमा अर्को गरी कक्षा प्रहारादारी कार्यक्रमको आयोजना गरिने विषयमा नयाँ शिक्षकहरूलाई सूचित गरिनेछ।

उपस्थित

क्र.सं.	नाम	उमेर	कक्षा	मामी	दस्तावेज
१	धिरज माझी	१२	५	माझी	धिरज माझी
२	आदित्य चौधरी	१२	५	माझी	
३	मुक्ति चौधरी	१०	५	माझी	
४	साहित्य चौ.	९	५	माझी	साहित्य
५	विभव माझी	११	५	माझी	सुपर्ण
६	प्रिया कु. चौ.	९	३	माझी	पुष्पा
७	वर्षा कु. चौ.	१०	३	माझी	माझी
८	रश्मि कु. चौ.	१२	५	माझी	सुपर्ण
९	प्रिया कु. चौ.	१०	५	माझी	सुपर्ण
१०	पूजा कु. चौ.	११	५	माझी	पूजा
११	सुविधा कु. चौ.	१०	३	माझी	सुपर्ण
१२	विष्णु चौधरी	११	५	माझी	विष्णु
१३	विभव माझी	१२	५	माझी	विभव
१४	निशा कु. चौ.	११	३	माझी	निशा
१५	सोनी कु. चौ.	१०	३	माझी	सोनी
१६	कल्या कु. चौ.	११	३	माझी	कल्या
१७	दिव्य कु. चौ.	१०	३	माझी	दिव्य
१८	सुष्म कु. चौ.	१०	३	माझी	सुष्म
१९	चन्द्र कु. चौ.	१२	५	माझी	चन्द्र
२०	अक्षय कु. चौ.	१२	५	माझी	अक्षय
२१	रिद्ध कु. चौ.	१२	५	माझी	रिद्ध
२२	शान्ति	१४	५	माझी	शान्ति

२३	सुष्म कु. चौ.	९	५	माझी	सुष्म
२४	अनुरा कु. चौ.	११	५	माझी	अनुरा
२५	शान्ति कु. चौ.	१२	५	माझी	शान्ति
२६	रश्मि कु. चौ.	१२	५	माझी	रश्मि
२७	निलिमा चौधरी	१०	५	माझी	निलिमा
२८	विशाल चौधरी	१०	५	माझी	विशाल
२९	अनुरा कु. चौ.	११	५	माझी	अनुरा
३०	आसि कु. चौ.	११	५	माझी	आसि

उ.त. क्विज ३  
१.२६ मात्र २६

क्र.सं.	नाम	मामा
३१	विभव माझी	विभव
३२	अक्षय चौधरी	अक्षय
३३	अनिता चौधरी	अनिता
३४	सुष्म चौधरी	सुष्म

Minute of Shree Nepal Rastriya Aa.Bi, Kakadi, Kolhabi, Bara

आज मिति २०७४ साल चैत्र २६ गते विहवारको दिन श्री जनता माध्यमिक विद्यालय राउताहटमा बाल-बुद्ध विद्यालय र कक्षागत गरी कक्षा प्रहारादारी अन्तर्गत, गृहविद्यालय कार्यक्रम, जसमा प्रहारादारी कार्य विच्छेद नैतिक स्वामित्वो हुनेछ। अझैमा अर्को गरी कक्षा प्रहारादारी कार्यक्रमको आयोजना गरिने विषयमा नयाँ शिक्षकहरूलाई सूचित गरिनेछ।

उपस्थित

क्र.सं.	नाम	उमेर	मामा	दस्तावेज
१	अक्षय कु. चौ.	१३	माझी	अक्षय
२	अनुरा कु. चौ.	१२	माझी	अनुरा
३	विभव माझी	१२	माझी	विभव
४	सुष्म कु. चौ.	१२	माझी	सुष्म
५	अनुरा कु. चौ.	१२	माझी	अनुरा
६	अक्षय कु. चौ.	१२	माझी	अक्षय
७	अनुरा कु. चौ.	१२	माझी	अनुरा
८	अक्षय कु. चौ.	१२	माझी	अक्षय
९	अनुरा कु. चौ.	१२	माझी	अनुरा
१०	अक्षय कु. चौ.	१२	माझी	अक्षय
११	अनुरा कु. चौ.	१२	माझी	अनुरा
१२	अक्षय कु. चौ.	१२	माझी	अक्षय
१३	अनुरा कु. चौ.	१२	माझी	अनुरा
१४	अक्षय कु. चौ.	१२	माझी	अक्षय
१५	अनुरा कु. चौ.	१२	माझी	अनुरा
१६	अक्षय कु. चौ.	१२	माझी	अक्षय
१७	अनुरा कु. चौ.	१२	माझी	अनुरा
१८	अक्षय कु. चौ.	१२	माझी	अक्षय
१९	अनुरा कु. चौ.	१२	माझी	अनुरा
२०	अक्षय कु. चौ.	१२	माझी	अक्षय
२१	अनुरा कु. चौ.	१२	माझी	अनुरा

२२	अक्षय कु. चौ.	१३	माझी	अक्षय
२३	अनुरा कु. चौ.	१३	माझी	अनुरा
२४	अक्षय कु. चौ.	१३	माझी	अक्षय
२५	अनुरा कु. चौ.	१३	माझी	अनुरा

साथ तालिमका प्रयोग गर्ने गर्नाले जसले गर्दा बाल-बुद्ध विद्यालयको विकास हुनेछ।

साथमा कक्षागत उपस्थितहरूको गृहविद्यालय कार्यक्रमको आयोजना गरिने गरी अहिलेको कार्यक्रमको आयोजना गरिनेछ।

गृहविद्यालय कार्यक्रम

क्र.सं.	नाम	मामा
१	अक्षय कु. चौ.	अक्षय
२	अनुरा कु. चौ.	अनुरा
३	विभव माझी	विभव
४	सुष्म कु. चौ.	सुष्म

Minute of Shree Janata Ma.Bi. Saruhatta, Yamunamai, Rautahat



# Materials & Tools

## कपडाको स्यानिटरी प्याड बनाउने र प्रयोग गर्ने तरिका

**आवश्यक सामग्री:**  
 काँचो कपडा वा रेशम का कपडा, का २५० मि.मी चौडाई र ६०० मि.मी लम्बाइको रेशम कपडा, का २५० मि.मी चौडाई र ६५० मि.मी लम्बाइको स्यानिटरी कपडा र का स्यानिटरी बनाउने ट्याग १ ट्युप

**स्यानिटरी प्याड होडर बनाउने तरिका**

**स्यानिटरी प्याड बनाउने तरिका**

**प्रयोग गर्ने तरिका**

**प्रयोग गरेका प्याडको पुनः प्रयोग गर्ने तरिका:**

**महिनावारी कसेको उन्नतीमा बाधा नबनेस्!**

Logos for UNICEF, UKaid, and other partners are displayed at the bottom.

Flex with sanitary pad making model



Kit Box and materials use in training

## E. 2-DAYS VIRTUAL TRAINING ON WASH FACILITY IMPROVEMENT TOOLS (WASHFIT)

### Executive Summary

Two days training of trainers on water and sanitation for health facility improvement tool was jointly organized by UNICEF partner organizations i.e. People Promote Centre (PPC) Dhanusha, Saptari Community Development Centre (SCDC) Nepal and Water, Environment and Life (WEL). The specific objective of the training was to train them on health care waste management and the general objective was to orient on WASH FIT.

The key participants were the health post incharge and specific focal person of the Health Care Facilities. The programme was done through participatory approach. The methods used are Power point presentation, practical session, question and answers, discussion, interactions, session evaluation and post-test, reward mechanism and learning sharing.

Agendas of the training was brief introduction of water and sanitation for health facility improvement tool, importance of WASH in health care facilities, health care waste management system, importance and methods of cleaning and disinfection, overview five steps of WASH FIT, discuss on water quality standard, National standard of WASH in health care facility and discuss on learning and sharing, monitoring evaluation and reporting system of hcf, hcf assessment and presentation of findings including the improvement plan.

Key output was to create common understanding between the key stakeholders and take ownership of the programme. The participants agreed and committed to include WASH in health care facilities improvement plan, prioritize them according to need basis and also take timely and routine care, operation, repair and maintenance of WASH facilities in health care settings.

## WASH in Health Care Facilities

### 1. Background

Under Accelerating Sanitation and Water for All Phase 2 (ASWA) II, People Promote Centre (PPC) Dhanusha, Saptari Community Development Centre (SCDC), Nepal and Water Environment and Life (WEL) as partners with UNICEF Nepal are implementing “Water, Sanitation and Hygiene in Institutions” programme mainly in 20 health care facilities of eight districts (i.e. Siraha, Saptari, Dhanusha, Mahottari, Sarlahi, Rautahat, Bara and Parsa) in Province 2. It covers a period from 11<sup>th</sup> Feb. 2020 to 9<sup>th</sup> September 2021. WASH in Institutions has two components: WASH in School and WASH in HCF. WASH in School comprises of software activities such as child club formation/ re-formation, school water sanitation and hygiene coordination committee formation, school management committee activation, capacity building trainings to child club, teachers and other stakeholders, menstrual hygiene management trainings etc. while the hardware activities as repair and maintenance of existing WASH infrastructures, child friendly hand washing stations, gender friendly/ disabled friendly toilets, construction of incinerator etc. while WASH in HCF comprises of software activities such as HFOMC formation/ re-formation and activation, capacity building trainings to health care workers and care takers while the hardware activities as repair and maintenance of existing WASH infrastructures hand washing stations, gender friendly/disabled friendly toilets, construction of incinerator etc. Thus, the partnership aims to strengthen sector capacity on Three Star

Approach to WASH in School programming (in line with School Sector Development Plan) and WASH FIT in Health Care facilities by ensuring the safe water, sustained sanitation and hygiene services and by increasing the management skills of child clubs, swashcc, health care facility mgmt. committee to sustain the program.

The two days training of trainers on water and sanitation for health facility improvement tool was jointly organized by UNICEF partner organizations i.e. People Promote Centre (PPC) Dhanusha, Saptari Community Development Centre (SCDC) Nepal and Water, Environment and Life (WEL) via virtual platform (zoom) on 25 and 26<sup>th</sup> April 2021(12 and 13 Baishakh 2078). The Key facilitators were from UNICEF, WHO and Water Aid. The key participants were health care workers. The specific objective of the training was to train them on health care waste management and the general objective was to orient on WASH FIT. The details information of the training are listed below;

### **Training Info**

**Name: -** *Two Days Training of Trainers (TOT) on Water and Sanitation for Health Facility Improvement Tool (WASH FIT)*

**Date: -** *26-26 April 2021 (12-13 Baishakh 2078)*

**Venue: -** *Virtual Training, Province-2*

**Participants: -** *More than 60*

**Facilitators: -** *Siddhi Shrestha WASH Specialist, UNICEF*

*Nimesh Dhakal HCWM Officer, WHO*

*Dr. Sudan Rajpanthi National Professional Officer (Env. Health), WHO*

*Dandi Ram Bishwokarma WASH Specialist, UNICEF*

*Surendra Babu Dhakal WASH Officer, UNICEF*

*Upama Adhikari Sr. Health & Hygiene Coordinator, Water Aid*

*Bodh Narayan Shrestha WASH Officer, UNICEF*

*Annapurna Mishra WASH Officer, UNICEF*

**Supported by: -** *UNICEF Janakpur Field Office*

**Organized by: -** *People Promote Centre (PPC) Dhanusha, Saptari Community Development Centre (SCDC), Nepal and Water Environment and Life (WEL)*

## **2. Objectives:**

The specific objective of the training was to train the health care workers on health care waste management and the general objective are;

- To orient on water and sanitation facility improvement tool (WASH FIT),
- To discuss on roles and responsibilities of the health care stakeholders,
- Build up relation for enabling environment,
- To create common understanding between the stakeholders and hold ownership of project.
- To make the WASH facilities sustainable,
- To develop health facility improvement plan.

## **3. Participants:**

Total of 63 participants among whom 51 were male and 11 were female actively participated the training. The key participants were the health care personnel mainly health incharge, WASH focal person of 20 health care facilities of eight districts; (i.e. Siraha, Saptari, Dhanusha, Mahottari, Sarlahi, Rautahat, Bara and Parsa) of Province -2 and also CSO's board members and program staffs. The details are attached in annex 8.2.

#### 4. Training Methodologies:

The methodologies used in the two days training are presentations, interaction, participatory discussion, brainstorming, session evaluation, questions and answers, reward mechanism, entertainment, field assignment, group work and learning sharing.

#### 5. First Day Session (25 April 2021)

##### 5.1. Welcome Remarks

The opening remark was put on by *Dr. Tameez Ahamed, WASH Section Chief UNICEF NCO* as “second wave of COVID-19, this have come with new challenges in program implementation. Along with, he highlighted health care facility waste management as the major challenge. He added almost 30-40% of health care facilities lack basic WASH facilities. Basically WASH FIT tool is based on Assessment and let us try to learn more based on ground level and if we come up with new modality, it would be really good and we can make new progress. He thanked and welcomed all the participants.”

##### 5.2. Introduction and Objective Sharing

Introduction session was led by Annapurna Mishra, WASH Officer. Each and every participants share their name, designation and organization. Aftermath, Bodh Narayan shared the main objectives of the two days training of trainers on water and sanitation for health facility improvement tool to all the participants.



##### 5.3. Group Formation and Setting Ground Rules

Annapurna Mishra led the session and encouraged the participants to form the group according to working areas of partner organization and also set the ground rules.

###### Court of conducts:-

- ❖ Mute mike and conversation; one person at a time
- ❖ Use of chat box and send reactions to the facilitators.

Groups		
SCDC	PPC	WEL
Siraha	Dhanusha	Rautahat
Sarlahi	Mahottari	Bara
Saptari		Parsa

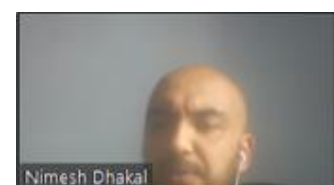
##### 5.4. Introduction to WASH FIT

In the session start up, Siddhi Shrestha, WASH Specialist shared link for the pool question relating to WASH facilities available in Province 2 of 20 HCF. All the participants actively take part in the pool. Then, he presented WASH situation of HCF in Nepal via survey reports, correlation of diarrhea and stunting cases, hand washing with respiratory disease, investment in WASH and multiple benefits of adequate WASH in health care facilities. Moreover he discussed on introductory part of water and sanitation for health facility improvement tool and also highlighted its contents, importance, methodology and the application.



##### 5.5. Health Care Waste Management

Nimesh Dhakal Health Care Waste Management (HCWM) Officer started the session with the definition of health care waste, its importance, extent problem of HCW, Joint Monitoring Program, National and International law, regulations and guiding principles, HCWM guidelines/SOP/Standards, classification according to types, segregation, assigning labels to specifically



characterized waste, waste collection and transportation, storage area, treatment methods and techniques of waste disposal. Then, he presented the questionnaire relating to the category of waste.

### 5.6. Cleaning and Disinfection

Environmental cleaning and disinfection session was showcased Dr. Sudan Panthi, National Professional Officer (Environmental Health). He discussed on cleaning and disinfection of environmental surfaces in the context of COVID-19, Interim Guidance 2020, its importance and methods of cleaning, disinfection, proper management of cleaning and disinfection items and also preparation of chlorine solutions.

### 5.7. Evaluation

The participants were energized in each and every session via pool questions and evaluation sheet to acknowledge their learning's. The details on evaluation sheet and links are attached in annex.

## 6. Second Day Session (26 April 2021)

### 1. Review of Day 1

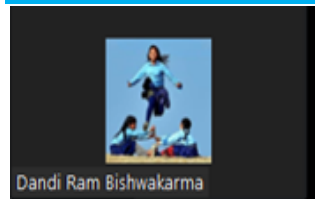
The review of the first day was done through the power point presentation. The participant's voluntary shared the answers in the chat box.

### 2. Overview of Five Steps of WASHFIT

Nimesh Dhakal Health Care Waste Management (HCWM) Officer started his session with discussion of five steps of water and sanitation for health facility improvement tools. He emphasized on team formation, conduction of through assessment of facility, identification and prioritization of risks, development and implementation and maintains an improvement plan and continuously monitoring, evaluation and improvement of the plan.



### 3. Water Quality Standard



Session on water quality standard was led by Dandi Ram Bishwakarma, WASH Specialist. He highlighted the importance of risk based approach for quality water, drinking water SDG ladders, water quality standards and guideline, water safety plan, water quality surveillance, water safe community declaration, water treatment methods.

### 4. WASH in Health Care Facility

WASH in health care facility draft National standard session was facilitated by Siddhi Shrestha, WASH Specialist. He discussed on National standards, SDG 6, quality of care SDG 3 linking facilities as infection prevention and control, quality assurance, patient safety, minimum requirements for WASH in community level health care facilities.

### 5. Learning/Sharing

Upama Adhikari Tamang, Sr. Health and hygiene coordinator shared the WASH FIT experience. She highlighted the contents; context of healthy start project; WASH in healthcare facilities of Bardiya, introducing WASH FIT in WASH in HCF's, five steps of WASH FIT, WASH FIT introduction, glimpse and experience in summary summary.



## 6. Monitoring, Evaluation and Reporting System

The monitoring, evaluation and reporting system of health care facilities was presented by Surendra Babu Dhakal, WASH Officer. He mainly discussed on what, how, when, who and what if questions and shared the M&E sheet.

## 7. Field Visit/ HCF Assessment

The health care facilities assessment was done by health care personals representing the 20 institutions of 8 districts. They did complete observation, conduct assessment using the tools, analysis of assessments, risk assessment and improvement plan.

## 8. Presentation of Finding

The presentation of finding including the improvement plan of the 20 health care facilities was presented by the respective partner organization as PPC, SCDC and WEL. Each partner organization consists time of 10 minutes for briefing. The summary of the implementation plan shared by all are repair and maintenance of toilet/urinal and maintain separate toilets for men and women, providing basins/sinks and hand washing corner, construction of incinerator for waste management, provision of color coded bins for the waste segregation at source, installation of shallow tube well, periodic water quality test, provision of electric water filters, provision of ramp, railing, grab bars, door locks and handles, tactile, floor tiles, signs and symbols, bright colors etc.

## 9. Experience Sharing

In this session three individuals (two from health care facilities and one from partner organization) voluntarily share their two days training experience. Among which one was female and two of them were male. The participant's voices in their own words are mentioned below:-

### **Participant's voices in their own words:-**

*Tripti Sah, focal person of Dharampur Health Post, " thanked the organizer team and UNICEF for the insightful training and hope that work will be completed soon in our organization "*

*Sanoj Kumar Jaiswal, incharge of Dharmanagar Health Post, "mentioned in current situation the physical training is difficult while virtual training is very effective and safe. In context of teral, WASH facilities in hcf are very poor and from health perspective, I would like to thank WEL organization for the support, good work and I am very impressed with the works of PPC organization and hope that our health post work will be also completed"*

*Bhupesh Kumar Bhup, Team leader of SCDC, shared that within short period of time, we have active participants which make the training successful and hope that all the hcfs sir/mam have known our challenges and resource constraints, we haven't finished the whole work and will do our best. Thank you."*

## 10. Closing Remarks

Closing remark was put on by Kamlesh Mandal, PPC Chairman as "The virtual training was very productive. We have started the implementation of program from COVID and now we are in the same condition. Stay safe and thank you all for active participation."



The two days training of trainers on water and sanitation for health facility improvement tool (WASH FIT) ended successfully with group photo.

## 7. Recommendations, Observations and Findings

The recommendations from the two days training was:-

**Sah Kamal Dev**, Health Incharge Mahadaiya Tapanpur Health Post, “It would be great if the organizer can facilitate on the incentives of the virtual training”

**Ranjita Kumari Singh**, Focal person “In Hariharpur Health Post, PPC organization has newly constructed gender friendly toilets, it’s good but we still lack proper waste management, it would be great if UNICEF/PPC organization can support on it. It is very necessary”.

The participant’s questionnaire and recommendations were addressed jointly by partner organization and UNICEF team.

The key observations of the two days training was

- Active participation
- Interactive.

The findings are;

- Better understanding of programme and create an enabling environment.
- The health personals and other stakeholders realize their roles and responsibilities.
- Developed health facility improvement plan.

## 8. Annexes

### 1. Schedule of the Training

**Schedule on 2 days TOT on Water and Sanitation for Health Facility Improvement Tool (WASHFIT)**

**Date :** 12 -13 Baishakh 2078 (25-26 April, 2021)

**Venue :** Virtual Training -Province-2

DAY 1 (25 April 2021)		
Time	Session/Activity	Resource Person
12:45- 13:00	Registration	SCDC/PPC/WEL
13:00-13:30	Welcome / Opening remarks	JFO Chief /Section Chief
	Objective sharing of the training (30 min)	UNICEF(BNS)
13:30 -14:15	<b>Session 1: Introduction to WASHFIT</b>	
	<ol style="list-style-type: none"> <li>1. Importance of WASH in Health Care Facilities</li> <li>2. WASHFIT <ul style="list-style-type: none"> <li>▪ Description and contents</li> <li>▪ Methodology</li> <li>▪ Application</li> </ul> </li> </ol>	Siddhi Shrestha
14:15 -15:00	<b>Session 2: Health Care Waste Management</b>	
	<ul style="list-style-type: none"> <li>▪ Health care waste management system in HCFs/ small health care setting (45 min)</li> </ul>	Nimesh/WHO
30 minutes	BREAK	
15:30-16:30	<b>Session 3: Cleaning and Disinfection</b>	
	<ul style="list-style-type: none"> <li>• Importance and methods of cleaning, disinfection</li> <li>▪ Proper management of cleaning and disinfection items (30 min)</li> </ul>	Sudan/WHO
16:30- 17:00	Evaluation and Closing of the day 1	JFO team/PPC
DAY 2(26 April 2021)		

10:30 -11:00	Day 1 Review	JFO team/PPC
11:00 -12:00	<b>Session 4: Overview of five steps of WASHFIT</b> <ul style="list-style-type: none"> <li>▪ Team formation</li> <li>▪ Conduct a thorough assessment of facility</li> <li>▪ Identify and prioritize risks</li> <li>▪ Develop, implement and maintain an improvement plan</li> <li>▪ Continuously monitor, evaluate and improve the plan</li> </ul>	Nimesh/WHO
15 Min	Break	
12:15-12:45	<b>Session 5: Water Quality Standard</b>	
	<ul style="list-style-type: none"> <li>▪ Important of risk-based approach for quality Water</li> <li>▪ Water Quality Standards and Guideline</li> <li>▪ Water treatment methods</li> </ul>	Dandi Ram Bishwakarma
12:45- 13:45	<b>Session 6: WASH in Health Care Facility (Draft National Standard)</b>	
	<ul style="list-style-type: none"> <li>▪ Overview of the standards</li> <li>▪ Minimum requirements for WASH in community level health care facilities</li> </ul>	Siddhi Shrestha
13:45-14:00	<b>Session 7: Learning/Sharing</b>	
	Sharing experience from WASHFIT (Bardia)	Upama Adhikari Tamang/WaterAid
14:00-14:15	Break	
14:15-14:45	Monitoring, Evaluation and Reporting system of HCF	Surendra Babu Dhakal
14:45-15:00	Simulation briefing	JFO/AM
15:00-15:45	<b>Session 9: Field Visit/own HCF assessment</b>	
	<ul style="list-style-type: none"> <li>▪ Observation</li> <li>▪ Conduct assessment using tools</li> <li>▪ Analysis of assessments</li> <li>▪ Risk assessments and improvement plan</li> <li>▪ Presentation preparation</li> </ul>	JFO/Participants
15:45-16:30	Presentation of findings including improvement plan 10 min each by partner	SCDC,PPC,WEL
16:30 -17:00	Experience sharing by participants/Closing	JFO

## 2. Participants Lists

Participants Attendance Sheet					
Name of the event :		3 day TOT on WASH facility improvement tools (WASHFIT)			
Date and duration of the event		25th to 26th April 2021 (2 Days)			
Location		Virtual training			
S. No	Name of the participants	Name of the organization	Position	Female	Male
1	Mohan Chaudhary	Prasauna Health Post	Incharge		1
2	Bidhayanand Chaudhary	Prasauna Health Post	Focal Person		1



3	Naresh Kumar Mandal	Bishunpurwa Health Post	AHW		1
4	Ram Astray Yadav	Bishunpurwa Health Post	AHW		1
5	Sanoj Kumar Jaiswal	Dharmanagar Health Post	Incharge		1
6	Laldev Thakur	Dharmanagar Health Post	Focal Person		1
7	Sonalal Thakur	Jhauwaguthi Health post	Incharge		1
8	Garbhu Prasad Sah	Jhauwaguthi Health post	Focal Person		1
9	Sachindra Yadav	Sinhasani Health post	AHW		1
10	Sunil Mishra	Sinhasani Health post	CMA		1
11	Himmat Maskey	WEL	WP		1
12	Rabin Pokharel	WEL	CT/SM		1
13	Satyaraj Subedi	WEL	CT/SM		1
14	Ishwor Koirala	WEL	A/C O		1
15	Bharat Prasad Gupta	Dharampur HCF	Incharge		1
16	Tripti Sah	Dharampur HCF	focal person	1	
17	Govind Prasad Gupta	Jagatpur HCF	Incharge		1
18	lalan Jha	Jagatpur HCF	focal person		1
19	Biraendra Kumar Sah	Raypur HCF	Incharge		1
20	Santosh Kumar Mandal	Raypur HCF	focal person		1
21	Chatri Safi	Chapki HCF	Incharge		1
22	Sibji Yadav	Chapki HCF	focal person		1
23	Amar Aanand	Dumari HCF	Incharge		1
24	Rajbendra Mandal	Dumari HCF	focal person		1
25	Shee Narayan Yadav	Devipur HCF	Incharge		1
26	Mahesh Kumar Rajak	Devipur HCF	focal person		1
27	Yugal Kishor Sah	Padadya HCF	Incharge		1
28	Omprakash das	Padadya HCF	focal person		1
29	Salim Mikrani	Musaili HCF	Incharge		1
30	Rajesh Kumr baitha	Musaili HCF	focal person		1
31	Rajendra Yadav	SCDC, Nepal	behalf of cso		1
32	Bhupesh Kumar Bhup	SCDC, Nepal	Team Leader		1
33	Mayanand Chaudhary	SCDC, Nepal	Wash engineer		1
34	Arati Sah	SCDC, Nepal	AFO	1	
35	Navin Mishra	Sada Tole	HCF Incharge		1
36	Archana Kumari Jha	Sada Tole	Focal Person	1	
37	Ashok Shah	Hariharpur HCF	HCF Incharge		1
38	Ranjita Singh	Hariharpur HCF	Focal Person	1	
39	Dipesh Kumar Jha	Kaptole HCF	HCF Incharge		1
40	Jitendra Sharma	Kaptole HCF	Focal Person		1
41	Mahendra Sah	Maniharpur HCF	HCF Incharge		1
42	Chandani Yadav	Maniharpur HCF	Focal Person	1	
43	Raunak Nayak	Manara HCF	HCF Incharge		1
44	Santosh Kumar Ojha	Manara HCF	Focal Person		1
45	Kamal Dev Sah	Mahadaiya HCF, Loharpatti	HCF Incharge		1
46	Roshi Jha	Mahadaiya HCF, Loharpatti	Focal Person	1	

47	Ram Prabodh Sah	Dhalkewar HCF	HCF Incharge		1
48	Prabha Kumari Pahadi	Dhalkewar HCF	Focal Person	1	
49	Kamlesh Kumar Mandal	PPC	Chairperson		1
50	Ashish Kumar Ray	PPC	WASH Er.		1
51	Sabi Rai	PPC	S&H O	1	
52	Gehendra Maharjan	UNICEF Jankpur FO	Project Er.		1
53	Annapurna Mishra	UNICEF Jankpur FO	WASH Officer	1	
54	Beki Prasai	UNICEF Jankpur FO	Health Officer	1	
55	Bodh Narayan Shrestha	UNICEF Jankpur FO	WASH Officer		1
56	Siddhi Shrestha	UNICEF NCO	WASH Specialist		1
57	Surendra Babu Thakal	UNICEF NCO	Wah Officer		1
58	Dandi Ram Bishwokarma	UNICEF NCO	WASH Specialist		1
59	Dr. Tameez Ahamed	UNICEF NCO	Section Chief		1
60	Dr. Sudan Raj Panthi	WHO	NPO (Env. Health)		1
61	Nimesh Dhakal	WHO	HCWM Officer		1
62	Upama Adhikari	Water Aid	Sr. Health & Hygiene Coordinator	1	

### 3. Pool Question Link

Dr. Sudan Raj Panthi, Cleaning and Disinfection

Link: <https://www.menti.com/ko3gqvperz>

Siddhi Shrestha, WASH facilities in Prov-2

Link: [https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft\\_3\\_2uiSTAlUNjk5RDJkN1pPVIfrs044TE5RQ1BNSDIHQs4u](https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft_3_2uiSTAlUNjk5RDJkN1pPVIfrs044TE5RQ1BNSDIHQs4u)

Siddhi Shrestha, WASH Standard Post Test

Link: [https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft\\_3\\_2uiSTAlUOERGWEedLMUpMQjhHU1ZSIFDUUpHMUxQVS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft_3_2uiSTAlUOERGWEedLMUpMQjhHU1ZSIFDUUpHMUxQVS4u)

Siddhi Shrestha, Final Evaluation

Link: [https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft\\_3\\_2uiSTAlUOUJWUVdXWkNPSkNTTIBMR1NMWko3TUZZVy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=lQFBd-EUuE-QS6sYkgI2Z-QcjxHWnIxft_3_2uiSTAlUOUJWUVdXWkNPSkNTTIBMR1NMWko3TUZZVy4u)

### 4. Questionnaire

Siddhi Shrestha

- के तपाइ स्वास्थ्यसस्थामा गएर खानेपानी नभएर नखाइ फर्कनु भएको छ?Single choice.
  - छ
  - छैन
- के तपाइ स्वास्थ्यसस्थामा गएर चर्पी नभएर नगै फर्कनु भएको छ?Single choice.
  - छ
  - छैन
- के तपाइ स्वास्थ्यसस्थामा गएर हातधुने ठाउ नभएर नधोइ आउनु भएको छ?Single choice.
  - छ

छैन

Dr. Sudan Raj Panthi

1. ५ % ब्लिच ( Bleach) बाट ०. ०५ % क्लोरिन झोल बनाउन कसरी सकिन्छ? हामी सँग ५ लिटर को भाडो छ भने, कती ब्लिच, कती पानी राख्नु पर्ला ?

४५०० मिली पानी र ५०० मिली ब्लिच

४५०० मिली पानी र ५० मिली ब्लिच

४५५० मिली पानी र ५० मिली ब्लिच

४५५० मिली पानी र ५ मिली ब्लिच

2. to prepare 1% chlorine solution add ..... g bleaching powder in 5 L water

30 g

300 g

15 g

150 g

3. 0.1% Chlorine is

1 mg/L

10mg/L

100mg/L

1000mg/L

Nimesh Dhakal

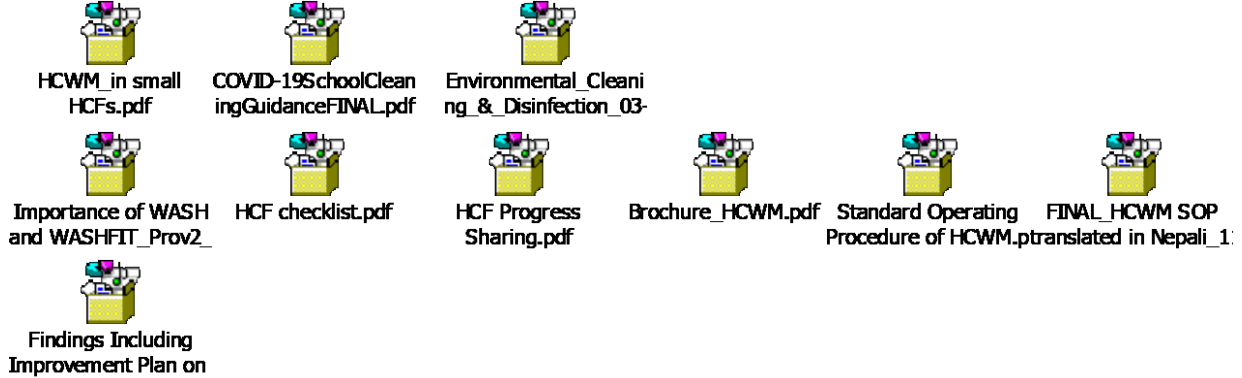
Identify the category of waste



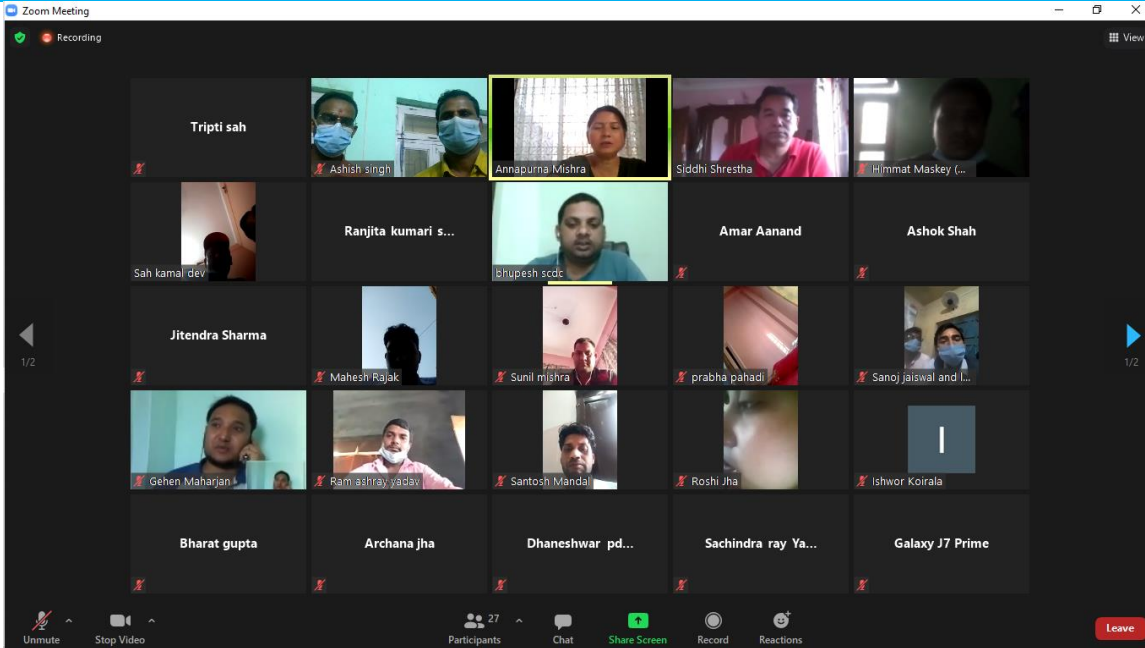
## 5. Evaluation Response Sheet



## 6. Presentation Link



## 7. Photo Gallery



## Annex-4: Report on Awareness Campaign

### Summary of the beneficiaries from NASW/GED celebration.

# Of schools/HCFs covered	Target	Achieve	Schools	HCF	# Of Beneficiaries				Remarks
					F	M	T	PwD	
20 schools & 5 HCFs	25	25	20	5	3650	4030	7680	2525	Mass campaign

### Background

Under "Accelerating Sanitation and Water for All (ASWA II)" programme, WASH in Institutions projects is implementing in 20 schools & 5 HCFs in 17 palikas of Bara, Parsa and Rautahat districts in province 2 with the support of concerning local governments and UNICEF Nepal.

The main aim of the programme is to upgrade the schools as a 3-star standard by upgrading WASH facilities as mentioned in School WASH Protocol 2017 (विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता सम्बन्धी कार्यविधि, २०७४)

In this way, when celebrating national and international days, go to the community with a common slogan and celebrate it as an opportunity. It is believed that such an opportunity will at once spread the message in the community as a public awareness campaign and will help in improving their habits. and slogan of year 2021 was "महामारी विरुद्धको हाम्रो अग्रसरता खानेपानी सरसफाइ र स्वच्छता".

### Objectives

The main objective of this program is to improve the sanitation habits and make them untidy.

Objectives of the programme are as:

- To improve their own personal habit.
- To be a agent to change habit in community and society.

### Expected Outcomes

After the campaign:

- Participants were understood of mask use and handwash.
- Participants were able to properly use masks, and ways of handwashing.
- Participant's known matter about COVID-19, its symptoms, and ways of escape from them.

### Methodology

Following methodology was adopted in the campaign:

- Awareness Massage Miking

- ginal miking
- Interaction
- Demonstration of hand wash and mask use

## Materials & Tools Used

- Ginal of Awareness Massage
- Banner and Flex about Massage
- Autorickshaw
- Mike/Pendrive
- Soap/Sanitizer/Mask (Sefty tools)

## Major Activities

We prepared ginal and banners with with following massage and slogan of NASW 2021, which was COVID massage, sanitation and west management

- **Micking**

- We ware visited as planed rout with ginal massage and one song. When we reached at school and HCF service area we move very slow and round the community then we stop autorickshaw and play full massage twice or thrice as well as we have done hand wash campaign and mask waring campaign.

- **Interaction (Try to answer of them curiosity)**

Efforts were made to carefully remove the curiosity raised in the program as much as possible. (Example: Curiosity: When will come vaccine? Answer: Government bring vaccine with public notice when, where, whom etc., Don't miss notice. Curiosity: how to look after COVID patient? Answer: Care them more carefully. fully follow those safety tools and also care about patient nutrition and psychological support. Curiosity: Where to take COVID patient? Answer: First you go for PCT test and follow the government instruction. If case was serious, go to COVID hospitals. In Bara Kalaiya Hospital, Birgunj Narayani Hospital....

- **Campaign about handwashing stage/use of mask and its disposal**

- Explained and demonstrate how to use mask and disposed it.
- Explained and demonstrate how to wash hand proper way and also involved in demonstration practice who are interested.

- **Distribution mask and soap**

- Mask was distributed who was participated in mass gather and involvement in hand wash campaign.
- Soap was distributed who involved and demonstrated in hand wash campaign.

## Challenges

Faced following challenges during orientation as following:

- Mobile and camera was hanged and show the massage overheat due to sunny and hot days.

- 11<sup>th</sup> of Jun was unexpectedly cloudy and heavy rained so couldn't campaigned as planned on that day.
- It was difficult to maintained distance and also difficult to ware mask full day.

### **Lesson Learn:**

- Although COVID pandemic high sprayed, we have succeeded to do the campaign by using safety tools and physical distance maintain.

### **Conclusion**

When we went to the community with massage mickking, the people of the community were excited and came to ask some questions such as when did the vaccine come? Where to take the patient? How to avoid CORONA? How to look after the COVID patient. Looking at it this way, it was concluded that these programs were very useful.

## Annex-1: Photo/Video Synopsis

	
<p>कार्यक्रममा प्रयोग भएको सामग्रीहरू</p>	<p>कार्यक्रममा प्रयोग भएको अटोरिक्सा</p>
	
<p>जतहटरा इशनाथ, रौतहटको चौतारामा हातहुने अभियान संचालन गर्दै</p>	<p>कट्टी समुदाय, कलैया १ मा हातधुने अभियान संचालन गर्दै ।</p>
	
<p>दौर्वा, बारागढीको चौतारामा वसेका मानिसहरूलाई लक्षित गर्दै अटोरिक्सा रोकेर सन्देश बजाउदै</p>	<p>वसतपुर, कलैया २० को हाट बजारमा किलमेल गरिरहेका मानिसहरूलाई लक्षित गर्दै अटोरिक्सा रोकेर</p>



## Annex-2: Link of Gingal Links

<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 1.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 1.mp3</a>	कोरोना सम्बन्धि जानकारी, यसको लक्षण र स्वास्थ्य सम्बन्धि सुरक्षा सम्बन्धि निर्देशन पालना र पालना नगरेमा कारवाही हुने जानकारी सम्बन्धि तयार पारिएको ट्र्याक
<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 2.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 2.mp3</a>	
<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 3.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 3.mp3</a>	कोरोनाको शंका वा पुष्टि भएमा के के गर्ने सम्बन्धमा जानकारी राखी तयार पारिएको ट्र्याक
<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 4.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 4.mp3</a>	कोरोनाले साह्रै च्यापेको थाहा पाउने र यस्तो अवस्थामा अस्पताल जान दिइएको जानकारी सम्बन्धि तयार पारिएको ट्र्याक
<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 5.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 5.mp3</a>	सरसफाइ, फोहर व्यवस्थापन र सार्वजनिक सम्पत्तिको सुरक्षाको सम्बन्धमा तयार पारिएको ट्र्याक
<a href="E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 6 ASPATALMA YATIBELA PUSHPAN PRADHAN.mp3">E:\WASH in Institutions (WEL)\BCC Materials\jingle\Track 6 ASPATALMA YATIBELA PUSHPAN PRADHAN.mp3</a>	पुस्पन प्रधानको अस्पतालमा यतीवेला भगवान खटिराछन्..... गीतको बोलामा राजनीति माथीको व्यङ्ग्य काटेर तयार पारिएको ट्र्याक

## Gingal Details

### ट्र्याक १

महामारी विरुद्ध हाम्रो अग्रसरता

खानेपानी, सरसफाइ तथा स्वच्छता ।

कोरोना तथा सरसफाइ सम्बन्धि अत्यन्त जरुरी जानकारी

- कोरोना भाइरस विश्वका अरु देशहरुमा जस्तै नेपालमा पनि समुदाय स्तरमै महामारिको रुपमा फैलिरहेको छ ।
- यो भाइरस संक्रमित व्यक्तिले बोल्दा, खोकदा, हाँक्युं गर्दा नाक मुखबाट निस्कने छिट्टाबाट अर्को व्यक्तिलाई सर्दछ ।
- यो रोगको संक्रमण भएमा नाकबाट पातलो सिङ्गान बग्ने, ज्वरो आउने, घाँटी खसखस हुने, सुख्खा खोकी लाग्ने, आँखा रातो हुने, टाउको र शरिर दुख्ने, स्वाद र गन्ध हराउने, पातलो दिसा लाग्ने जस्ता लक्षणहरु देखिन सक्दछ ।
- सरकारले तोकेको स्वास्थ्य सुरक्षाका न्यूनतम मापदण्ड पालना गरेर मात्र यो रोगबाट आफु बच्न र अरुलाई पनि बचाउन सक्छौ ।
- यदि कोहि कसैबाट स्वास्थ्य सुरक्षाका न्यूनतम मापदण्ड पालना नगरेको पाइएमा संक्रमण रोग ऐन २०२० अनुसार कारवाहि हुनेछ ।

महामारी विरुद्ध हाम्रो अग्रसरता

खानेपानी, सरसफाइ तथा स्वच्छता ।

स्वास्थ्य सुरक्षाका न्यूनतम मापदण्ड पालना गरौं आफु पनि बचौ अरुलाई पनि बचाऔं ।

- बिनाकाम घरबाट बाहिर ननिस्कौं, भिडभाड वा जमघटमा सहभागि नबनौं ।

- निस्कनै परेमा नाक र मुख छोप्ने गरी भरपर्दो र सुरक्षित मास्क लगाऔं । कम्तिमा २ मिटरको भौतिक दूरी कायम राखौं । सम्भव भएमा हातमा पञ्जा र अनुहारमा फेससिल पनि लगाऔं ।
- तपाईंको घर छिमेकमा कोहि कतै (विदेश वा अन्य स्थान)बाट आएमा कम्तिमा १० दिन एकान्तवासमा राखौं । प्रत्यक्ष सम्पर्कमा नजाऔं ।
- घर फर्केपछि, कुनैकुरा छोएपछि साबुन पानीले कम्तिमा २० सेकेन्ड मिचिमिचि हात धोऔं वा स्तरिय स्यानिटाइजरले हात सफा गरौं ।
- अनावश्यक रूपमा आँखा, नाक, मुख नछोऔं ।
- खोक्रा वा हाँछिउँ गर्दा नाकमुख राम्रोसंग छोपौं वा कुहनाले ढाकौं ।

## ट्याक २

### महामारी विरुद्ध हाम्रो अग्रसरता

#### खानेपानी, सरसफाइ तथा स्वच्छता ।

कोरोना लाग्न नदिऔं । लागि हालेमा नआतिऔं, मनोबल बढाऔं ।

यदि परिवारका कुनै सदस्यमा कोरोना संक्रमणको लक्षण देखिएमा वा शंका लागेमा

- संक्रमणको परिक्षण गराऔं ।
- पोषिलो, भोलिलो खानेकुरा प्रसस्तमात्रामा खाऔं, नियमित वाफ लिखौं र ज्वरो घटाउन सिटामोल मात्र खाऔं । (अन्य औषधी प्रयोग नगरौं)
- तोकिएको स्वास्थ्य सुरक्षाका न्यूनतम मापदण्ड कडाइका साथ पालना गरौं ।
- संक्रमण पुष्टि भएमा नलुकाऔं । सम्पर्कमा भएका सबैलाई जानकारी गरौं ।
- राम्रो हावा खेल्ने र उज्यालो आउने कोठामा एकान्तवास बसौं ।
- अरुले प्रयोग गर्ने शौचालय, स्नानगृह र सामग्री प्रयोग नगरौं । गर्ने परेमा प्रयोग पछि राम्रोसंग निर्मलिकरण गरौं ।
- आफुले प्रयोग गरेको माक्स एकै ठाँउमा जम्मा गरी उचित व्यवस्थापन गरौं ।
- एकान्तवासमा बसेको व्यक्तिको प्रयोगबाट उत्पन्न फोहरहरु निर्मलिकरण गरी छुट्टै व्यवस्थापन गरौं ।

## ट्याक ३

### महामारी विरुद्ध हाम्रो अग्रसरता

#### खानेपानी, सरसफाइ तथा स्वच्छता ।

- यदि ज्वरो नघटेमा, श्वास फेर्न गाह्रो भएमा वा स्वास्थ्य अवस्था जटिल हुदै गएमा तुरुन्तै डाक्टरसंग सम्पर्क गरौं वा नजिकको अस्पताल जाऔं ।
- साधारण स्वच्छता व्यवहार अपनाऔं, हेलचक्र्याइ नगरौं, कोरोनाबाट आफू पनि बचाऔं र अरुलाई पनि बचाऔं ।
- संक्रमितलाई हेँला होइन मायाँ गरौं मनोबल बढाऔं छिटो संक्रमण मुक्त हुन सहयोग गरौं ।
- रोगलाई नलुकाऔं, संक्रमण फैलनबाट जोगाऔं ।
- कोरोना सम्बन्धि कुनै पनि अपवाहको पछाडी नलागौं, आधिकारीक जानकारीलाई मात्र ग्रहण गरौं ।
- आफू र आफ्नो परिवारलाई कोरोना संक्रमणबाट बचाउन जिम्मेवार बनौं ।
- कोरोना संक्रमणका वारेमा कुनैपनि जानकारी चाहिएमा एघार पन्ध्र वा एघार तेत्तिस हटलाइनमा सम्पर्क गरौं । यि कुनैपनि फोनमा कल गर्दा पैसा लाग्दैन

## ट्याक ४

### महामारी विरुद्ध हाम्रो अग्रसरता

#### खानेपानी, सरसफाइ तथा स्वच्छता ।

## सरसफाइ सम्बन्धि सचेतना

- सधैं चर्पीमा मात्र दिसापिसाव गर्ने गरौं ।
- कुहिने नकुहिने फोहर घरमै छुटाएर कुहिने फोहरबाट मल बनाऔं ।
- खुल्ला ठाँउमा आफूले पनि दिसापिसाव नगरौं अरुलाई पनि गर्न नदिऔं ।
- चर्पी, घर, आँगन, बाटोघाटो र सार्वजनिक स्थानहरू नियमित सफा गरौं, सभ्यताको परिचय दिऔं ।
- प्रदेश नं. २ लाई स्वच्छ, सफा, हराभरा प्रदेशको रूपमा विकास गरी उदाहरण बनौं ।
- विद्यालय हामी सबैको साझा सम्पत्ती हो यसमा भएका संरचनाहरूको सुरक्षा गरौं ।
- विद्यालय सुफा सुगन्ध राख्न हामी सबैले सहयोग गरौं ।
- छोराछोरीहरूलाई विद्यालयमा सरसफाइ सम्बन्धि ज्ञान सिक्न प्रोत्साहन गरौं ।
- विद्यालय हातालाई हराभरा र सुन्दर बनाऔं ।

स्थानिय सरकार र युनिसेफ नेपालको सहयोगमा पानी वातावरण र जीवन संस्था (बेल्) बाट जनहितमा जारी सन्देश

## ट्याक ५

अस्पतालमा यतिवेला भगवान खटिराछन् .....

## Materials & Tools



## Details of Beneficiaries of Campaign

S.No.	Date	Venue	Beneficiaries Number					Remarks
			F	M	T	Chil	HWD	
01	5-Jun-21 and 11-Jun-21	Kaliya 1, Parsa and Katti community and working area of Shree Gyan Jyoti Basic School	375	275	650	165		Handwash campaign, awareness message about COVID-19, Sanitation in catchment area of working Schools and HCFs and on the way communities
02	5-Jun-21	Baragadhi 3, Murki community and working area of Shree Ram Kabir Basic School	55	65	120	45		
03	5-Jun-21	Baragadhi 2, Bisunpurwa community and working area of Shree Nepal Rastriya Basic School	75	85	160	35		
04	5-Jun-21	Baragadhi 2, Daurwa community and working area of Bisunpurwa Health Post.	85	95	180	70		
05	5-Jun-21	Baragadhi 2, Daurwa community and working area of Shree Nathuni Basic School	85	95	180	70		
06	5-Jun-21	Baragadhi 5, Sinhasani community and working area of Sinhasani Health Post.	75	80	155	60		
07	5-Jun-21	Kolhabi 3, Juawa community and working area of Shree Nepal Rastriya Basic School.	140	125	265	85		
08	5-Jun-21	Kolhabi 5, Kakadi community and working area of Shree Nepal Rastriya Basic School.	70	65	135	55		
09	5-Jun-21	Kolhabi 6, Parsauna community and working area of Parsauna Health Post.	65	85	150	55		
10	5-Jun-21	Mahagadhimai 2, Inarwa community and working area of Shree Ram Janaki Basic School.	85	95	180	65		
11	5-Jun-21	Kaliya 20, Basatpur, Dhanukdalik community and working area of Shree Nepal Rastriya Secondary School	450	655	1,105	150		
12	5-Jan-21	Kaliya 12, Dharmanagar community and working area of Dharmanagar Health Post	120	95	215	75		
13	6-Jan-21	Aadarsakotawal 7, Beluwa Dhawa community and working area of Shree Nepal Rastriya Basic School.	95	110	205	65		
14	6-Jan-21	Somrourgadh 4, Ganganagar community and working area of Shree Nepal Rastriya Basic School.	95	110	205	85		
15	6-Jan-21	Ishanath 5, Laxminiya, Jatahara community and working area of Shree Aadharbhut Bidhyalaya.	165	195	360	125		
16	6-Jan-21	Yamunamai 4, Saruhatha community and working area of Shree Janata Secondary School.	175	160	335	120		
17	6-Jan-21	Durga Bhagawati 2, Pipara Bharlahiya community and working area of Shree Saraswoti Secondary School.	265	280	545	190		
18	6-Jan-21	Rajdevi 3, Chandiya community and working area of Shree Primary School.	75	95	170	60		
19	7-Jan-21	Bindabasini 3, Thulo Jhauwa community and working area of Jhauwaguthi Healthpost	95	110	205	95		
20	7-Jan-21	Dhobini 3, Langadi community and working area of Shree Kaliprasad Lakhe Secondary School	230	260	490	180		
21	7-Jan-21	Jagarnathupr 1, Pipardadi community and working area of Shree Ram Basic School	85	95	180	75		
22	7-Jan-21	Pokhariya 2, Lammariya community and working area of Shree Nepal Rastriya Basic School	300	325	625	215		
23	8-Jan-21	Parsagadhi 1, Manawa community and working area of Shree Koilabhar Basic School	215	245	460	220		
24	8-Jan-21	Birgunj 29, Basdilwa community and working area of Shree Nepal Rastriya Basic School	95	115	210	85		
25	8-Jun-21 and 11-Jun-21	Jitpursimara 12, Pipariya, Matihara community and working area of Shree Hansabahini Ne.Ra. Basic School	80	115	195	80		
<b>Total</b>			<b>3650</b>	<b>4030</b>	<b>7680</b>		<b>2525</b>	

**HWD= Hand Wash Demonstrator**

## Annex-5: Programme Progress Report (Annex K)

## PROGRAMME PROGRESS AND FINAL REPORT (ANNEX K)

TO BE COMPLETED BY CSO FOR MONTHLY REPORTING OR AS PART OF REPORTING WITH FACE

Section 1. Programme & CSO overview			
1.1 Programme submission reference	UNICEF Office	Janakpur Field Office	
	Programme Title	WASH in Institution under <b>ASWA-II</b> programme	
	Submission date	24/12/2019	
1.2 Organization information	Organization Name	Water Environment & Life	
	Acronym	WEL	
	Name of Organization Head	Padam Prasad Pokharel	
	Title of Head	Chairperson	
	Email of Head	wel@wel.com.np	
	Phone of Head	9842047216	
	Name of Progr. Focal Point	Yagya Shrestha	
	Title	Engineer/Team Leader	
	Email	yagya@msn.com	
1.3 Programme information	Telephone	9852022548	
	Duration	17 Months (11 <sup>th</sup> February 2020-31 <sup>st</sup> December 2021)	
Geographical coverage	<b>List of School in Parsa:</b>		
	<b>S.No.</b>	<b>Name of Schools</b>	
		<b>Local Level</b>	
	1	Kali Prasad Lakhe Ma. Vidyalaya	Dhobini-4
	2	Koilabhar Adharbhut Vidyalaya	Parsagadhi-1
	3	Ne. Ra. Prathamik Vidyalaya	Pokhariya-2
	4	Shree Ram Prathamik Vidyalaya	Jagarnathpur-1
	5	Ne. Ra. Adharbhut Vidyalaya	Birgunj-29
	<b>List of School in Bara (with additional 3 schools):</b>		
	1	<b>Ne. Ra. Adharbhut Vidyalaya</b>	<b>Kolhbhi-3</b>
	2	Ne. Ra. Adharbhut Vidyalaya	Kolhbhi-5
	3	Ne. Ra. NI. Ma. Vidyalaya	Aadarsha Kotwal-7
	4	Ramjanaki Prathamik Vidyalaya	Mahagadhimai-2
	5	Ramkabar Bhagawan Prathamik Vidyalaya	Baragadhi-3
	6	Ne. Ra. Adharbhut Vidyalaya	Baragadhi-2
	7	Nathuni Adharbhut Vidyalaya, Dorva	Baragadhi-2
	8	Ne. Ra. Madyamik Vidyalaya	Kalaiya-20
	9	Gyanjyoti Prathamik Vidyalaya	Kalaiya-1
	10	Hansabahini Aadhatbhut Vidyalaya	JitpurSimara-12
	11	Ne. Ra. Prathamik Vidyalaya	Simraunagadh-4
<b>List of School in Rautahat (with additional one school):</b>			
1	<b>Janata Madyamik Vidyalaya</b>	<b>Yamunamai-4</b>	
2	Shree Adharbhut Vidyalaya	Ishnath-5	
3	Saraswoti Madyamik Vidyalaya	Durga Bhagawati-2	
4	Ramnaresh Laxman Sec. School	Rajdevi-2	
<b>List of HCF In Bara, Parsa &amp; Rautahat (with three additional HCF):</b>			
<b>S.No.</b>	<b>Name of HCF</b>	<b>Local Level</b>	
1	Thulo Jharuwa Health Post	Bindabasini-3, Parsa	
2	Dharampur Health Post	Kalaiya-12, Bara <sup>3</sup>	
3	Bishnupurva Health Post	Baragadhi-2, Bara	
4	Sinhasani Health Post	Baragadhi-5, Bara	
5	Pasauna Health Post/BC	Kolhbhi-6, Bara	

<sup>3</sup> This is the new HCF provided by Kalaiya Sub-Metropolitan City (Letter dated 04-Dec-20 instead of existing Parsa Katti HCF.

	Population focus	Estimated 5,640 school children and teachers, 65 health care facility staff and daily visitors/patients. Amend: 10,000 children from 20 schools & 2,000 visitors & staff from 5 HCFs <b>Actual: 11,448 school children &amp; teachers; 2,768 visitors monthly, 666 U19 visitors monthly &amp; 45 staff daily from 5 HCFs</b>		
1.4 Programme budget	Original Budget			
	From CSO	NPR 324,000	\$2,850	2.13%
	Local Level/Institutions	NPR 1,230,500	\$10,822	8.09%
	From UNICEF	NPR 13,653,200	\$120,081	89.78%
	Total	NPR 15,207,700	\$133,753	
	<b>Revised Budget</b>			
	From CSO		NPR 929,000	4.05%
	Local Level/Institutions		NPR 1,528,000	6.66%
	From UNICEF		NPR 20,474,489	89.29%
Total		NPR 22,931,489		

**2. Reporting on results achieved (for use as ANNEX K)**

The table below provides an overview of results achieved during the reporting period and cumulatively since the onset of the programme.

Programme Outputs	Performance indicator	Target	Achievement in reporting period**	Cumulative progress to date**	Overall Status <sup>4</sup> (select)	Narrative assessment/ summary of progress**
Progr. Output 1: Ensured the safe water, sustained sanitation and hygiene services in schools and health care facilities. <i>Advocacy, campaign, Awareness &amp; Behavioural Change</i>	# of schools have improved gender and disable friendly group hand washing station, drinking water and toilet facilities <b>by repairing its existing WASH facilities.</b>	11	11	11	Met	<b>Completed Schools:</b> <b>Out of 11, Eight schools (4 in Rautahat, 3 in Parsa &amp; one in Bara) certified by local government as a 3-Star schools and 3 schools in Bara district certified by local government as a 2-Star school as:</b> <b>3-Star Schools</b> 1. Adharbhut Vidyalaya, Ishnath, Rautahat 2. Janata Madhyamik Vidyalaya, Yamunamai, Rautahat 3. Saraswati Madyamik Vidyalaya, Durgabhadgawati, Rautahat 4. Kali Prasad Lakhe Madhyamik Vidyalaya, Dhobini, Parsa 5. Koilabhar Adharbhut Vidyalaya, Parsagadhi, Parsa 6. Ne Ra Adharbhut Visyalaya, Birgunj, Parsa 7. Nathuni Adharbhut Vidyalaya, Baragadhi, Bara 8. Ramnaresh Laxman Madhyamik Vidyalaya, Rajdevi, Rautahat. <b>2-Star Schools</b> 1. NeRa NiMaVi, Adarsha Kotwal, Bara 2. Ram Janaki PraVi, Mahagadhimai, Bara 3. Hanshabahini NeRa NiMaVi, Jitpur Simara, Bara
	# of schools have improved gender and disable friendly group hand washing station, drinking water and toilet facilities <b>by</b>	9	9	9	met	<b>Completed Schools:</b> <b>Out of 9, four schools of bara district certified by local government as a 3-Star schools, 3 schools in Bara district certified by local government as a 2-Star school and</b>

<sup>4</sup> Cell can be color coded as follows:

On Track
Constrained
No Progress
Met



	<p>constructing new WASH facilities.</p>					<p><b>2 schools of Parsa district certified as one star.</b>  <b>3-Star Schools</b>                      1. NeRa Adharbhut Vidyalaya, Kolhabi-3, Bara                      2. NeRa Adharbhut Visyalaya, Kolhabi-5, Bara                      3. Ram Kabir Bhagawan Adharbhut Vidyalaya, Baragadhi-3, Bara                      4. Ne Ra Aadharbhut Vidyalaya, Baragadhi-2, Bara  <b>2-Star Schools</b>                      1. Gyan Jyoti Adharbhut Vidyalaya, Kalaiya-1, Bara                      2. Rastriya Madhyamik Vidyalaya, Kalaiya-20, Bara                      3. NeRa Pra. School, Simraungadh-4, Bara  <b>1-Star Schools</b>                      1. NeRa Adharbhut Vidyalaya, Pokhariya-2, Parsa                      2. Shree Ram Pra. Vidyalaya, Jagarnathpur-1, Parsa</p>
	<p><b>Note:</b>  <b>1. Provision of Water Purifier</b>                      Access to safe drinking water is one of the indicator of 3-star approach. Out of 20, 4 schools are located within the community where UNICEF has been implementing community water scheme targeting to declare water safe community. Out of 4 schools one Shree Adharbhut Vidyalaya was certified as 3-star and 3 other are two star. AS per revised result frame work WEL has been targeted to declared 10 schools 3-star, 8 schools 2-star and 2 schools 1-star. At the end of the programme, WEL was able to upgrade 12 schools in 3-star standard, 6 in 2-star and 2 schools in 1-star and concerning Palika has been certified accordingly.                      WEL has planned to provide water purifier to those school possible to upgrade 3-star standard if available power supply in schools. After assesed the availability of electricity it was found that all eleven schools have electricity facility so provided water purifier to 10 schools and dispenser with jar to all 12 schools. Shree Adharbhut Vidyalaya doesn't need purifier because it is located within Jhatahara water safe community and where as in Janata Madhyamik Vidyalaya Durgabhagawati the Province government has already installed water purifier with the support of UNICEF.</p> <p><b>2. Use of appropriate design of WASH facility</b>                      WEL did not used any typed design of WASH facilities. It has developed different types of design of WASH facilities appropriate to each schools based on need and space availability.</p>					
	<p># HCF have gender and disable friendly group hand washing station, drinking water and toilet facilities by <b>Repairing existing WASH facilities</b></p>	<p>1</p>	<p>1</p>	<p>1</p>	<p>met</p>	<p>1. Thulo Jharuwa HP, Bindabasini-3, Parsa</p>

<p># HCF have gender and disable friendly group hand washing station, drinking water and toilet facilities by <b>Constructing New WASH facilities</b></p>	<p>4</p>	<p>4</p>	<p>4</p>	<p>met</p>	<p>1. Dharmapur HP, Kalaiya-12, Bara 2. Sinhasani HP, Baragadhi-5, Bara 3. Prasauna HP/BC, Kolhavi-6, Bara 4. Bishanpurwa HP, Baragadhi-2, Bara</p>
<p><b>Note:</b>  <b>1. Provision of Water Purifier</b>                  Water purifier have been installed in all health facilities to ensure access to safe water for patients, visitors and staff. Along with purifier provided dispenser with jar to each HCF. All HCF have available electricity facility.  <b>2. Initiated to pull more fund from Palika</b>                  During the review meeting with Kolhabi Munucipality and Baragadhi Ruralmunicipality discussed about the design and estimate of WASH facilities to be constructed, repair/upgrade in scools &amp; HCFs. Kolhabi Municipality agreed to contribute more than 10% if constructed WASH facilities as per WASH FIT standard. And finally Kolhabi Municipality has been provided construction materials equivalent to about 73% of total estimate for Prasauna HCF. Similarly Baragadhi Ruralmunicipality has been provided more than 10% contribution in the form of kind for its 3 schools and 2 SCFs</p>					
<p># Schools practicing to improve environment sanitation of schools as per 3-star approach by implementing different campaign related to WASH</p>	<p>20</p>	<p>19</p>	<p>20</p>	<p>met</p>	<p>100% completed</p>
<p># school child clubs mobilized to improved WASH condition in the school catchments area by implementing Community level activities</p>	<p>20</p>	<p>25</p>	<p>25</p>	<p>met</p>	<p>Completed 100%. Including HCFs</p>
<p>20 Schools and 5 HCFs have prepared and displayed map of the catchments area and received cleaning materials (Cleaning brush, cleaning commodities....)</p>	<p>25</p>	<p>24</p>	<p>25</p>	<p>met</p>	<p>Accomplished 100%</p>
<p>Celebration of international, national and local days &amp; events in schools/HCFs and its catchments</p>	<p>5</p>	<p>5</p>	<p>5</p>	<p>met</p>	<p>Accomplished 100% linking with COVID-19 awareness.</p>
<p><b>Note:</b>  <b>Linkage of WASH &amp; COVID 19</b>                  The project was badly hampared by COVID 19 pandemic and could not execute school and community level activities during first lockdown except World Water Day 2020. In later days, planning strategically to implemented community and schools level campaign linking with COVID 19 with adopting the prescribed health care measures where and when</p>					

		<b>possible.</b>				
	# of adolescent girls and women of 20 schools 5 HCFs have receive knowledge on Menstruation Hygiene Management	25	8	25	met	Accomplished 100%
		<b>Note:</b> <b>Skill development &amp; tools support</b> <b>WEL has conducted training/orientation on MHM and sanitary pad making training in all 20 schools and 5 HCFs and also provided toolbox with necessary tools and materials required to make sanitary pad at school/household level.</b>				
Progr. Output 2: Child clubs and health care facilities management committee increased management skills to sustain the Programme	District level review & Sharing meeting at the end of the Programme with D-WASH-CC and district stakeholders (One event only)	1				This activity was not accomplished as suggested.
	Palika level planning for rollout WASH in institution and final review workshop with Palika key persons (20 events)	17	17	17		<ul style="list-style-type: none"> <li>Accomplished one round of Palika level meeting in all three districts formally &amp; informally.</li> <li>Second round was accomplished In Kolhabi Municipality, Baragadhi Rural Municipality and Kalaiya SMC covering seven schools and 4 health care facilities.</li> </ul>
	School level initial planning, mid-term review & final sharing meeting (20 events)	20	20	20	met	<ul style="list-style-type: none"> <li>Accomplished 100%</li> </ul>
	HCF level initial planning, mid-term review & final sharing meeting Total 5 events	5	5	5	met	<ul style="list-style-type: none"> <li>Accomplished 100%</li> </ul>
	Video Documentation (pre situation, ongoing and after Programme for school and HF)- Digital survey	1	1	1		Compilation & editing process is going on. Raw clips was send to Janakpur Office for feedback.
	Formation/reformation of child clubs & 1-day orientation on WinS and 3-star approach to the	20	20	20	met	Accomplished 100%

	members of child club, School WASH CC in 20 schools					
	Logistic & special support to child club, school WASH CC & HCFOMC for their regular function including O&M fund support	25	25	25	met	100% acheived
	<b>Note: Innovative &amp; Creative</b> <b>WEL has done some innovative and creative job. Exploring local enterpreneur fabricated metal incinerator, floor mount grab bars and box &amp; sliding type cover for incinerator. Provided metal incinerator to all HCF and remaining schools where not possible to construct brick masonry structure.</b> <b>For child club provided posket chart, piggy box and ID cards as a additional support.</b>					
	Database and Knowledge Management, including regular planning & review meeting of IPs	20	20	20	met	100% acheived
	3-day residential ToT on WASH in School and WASH in HCF to develop trainer Total participants: 25-person, 1 event	1	1	1	met	100% completed
	2-day training on care, operation, repair & maintenance of WASH facilities in schools and HCF to caretakers.	1	1	1	met	100% completed
	Joint monitoring by D-WASH-CC and district level stakeholders	1				This activity was not accomplished as suggested.
	Programme monitoring by the CSO board	2	2	2	met	100% completed
	Monthly Programme reporting and documentation	LS	21	21	met	<ul style="list-style-type: none"> <li>This report covers up to December 2021.</li> </ul>
Challenges / bottlenecks faced in the reporting period	<b>Followings are the main challenges:</b> <ul style="list-style-type: none"> <li>Difficulty to get Palika contribution from 14 palikas</li> <li>Scatter schools &amp; HCFs.</li> </ul>					

	<ul style="list-style-type: none"> <li>• Scarcity of human resources (skilled &amp; unskilled labor) at local level</li> <li>• Reluctant to provide construction materials by vendor due to of small quantity.</li> <li>• High consumption of travel and coordination time.</li> </ul>
Proposed way forward	<ul style="list-style-type: none"> <li>• Flexibility in procurement viewing scatter construction site</li> <li>• UNICEF must support the Palikas of project area to develop their policy to work with I/NGOs &amp; UN Agencies.</li> <li>• Must develop Institutional selection criteria very seriously</li> <li>• Phasewise (Like Capacity building, awareness &amp; preparation phase &amp; Implementation &amp; mobilization phase) Project implementation method</li> </ul>
Key Lesson Learnt	<ul style="list-style-type: none"> <li>-Procurement of construction materials at local market-to save time, money and damage &amp; losses</li> <li>-Encouraging words for field staff develop their eternal capacity &amp; skill</li> <li>-Explore local for innovation</li> </ul>
Case stories/success stories	<ul style="list-style-type: none"> <li>-Extension of electricity to schools from far away-to operate water pump and water filter.</li> <li>-Construction of boundary wall to save WASH facilities in some schools.</li> <li>-Improvement of natural environment in some schools.</li> <li>-Getting 73% Palika contribution to construct WASH facilities in Prasauni HP/BC, Kolhabi Municipality &amp; more than 10% from Baragdhi Rural Municipality</li> </ul>

\* Information directly extracted from Section 2.2 of the signed Programme document.

\*\* Information to be updated upon submission of the report.

FOR UNICEF OFFICE USE ONLY	Rating <sup>1</sup>	Comment if applicable
Overall progress of the programme document		
Name and signature of UNICEF PD focal point: Title: _____ Date: _____		

**Report Prepared/Updated By:** Yagya Shrestha

**Post, Org.:** Er/TL, WEL

**Date:** 07-Jan-22

## THE CHANGE IN THE SCHOOLS IN THE PICTURE (FEW SAMPLES)

### 1. SHREE NEPAL RASTRIYA AADHARBHUT VIDYALAYA, KAKADI, KOLHABI-5, BARA

**BEFORE**



**AFTER**





**INCINERATOR**



**SIGNAGE**



**REGULAR MEETING OF CHILD CLUB**



**CARETAKER REPAIRING TAP**



SCHOOL OFFICE BEFORE



SCHOOL OFFICE NOW



HEADMISTRESS MS. KALYANI KUMARI CHAUDHARY BRIFING ABOUT 3-STAR APPROACH WITH REPORTER





**PEOPLE FROM KABHREPALANCHOK DISTRICT ON LEARNING VISIT**



**USING THE FACILITIES BY STUDENTS**



**WASH FACILITIES FOR USE WERE JOINTLY HANDED OVER TO THE HEADMISTRESS AND SMC CHAIRMAN OF THE SCHOOL.**

*"छैन असंभव सबै मिले,  
तीन तारायुक्त हुन्छन् सबै विद्यालय"*

**हस्तान्तरण-पत्र**

विद्यालयमा अध्ययनरत विद्यार्थी तथा शिक्षकहरूलाई सुरक्षित पिउने पानी, प्रयोगकर्ता मैत्री र सफा शौचालय तथा स्वस्थकर आनीबानी अपनाउँदै बालबालिकाको स्वच्छ वातावरणमा पढ्न पाउने अधिकारलाई सुनिश्चित गर्दै विद्यालय परिवारको पूर्ण सहभागितामा नेपाल सरकारले लिएको विद्यार्थीको स्वास्थ्य स्थितिमा सुधार ल्याई सिकाइ उपलब्धि तथा शैक्षिक गुणस्तरमा सुधार गर्ने लक्ष्य प्राप्तिमा योगदान पुऱ्याउन लागू गरिएको विद्यालय खानेपानी, सरसफाइ तथा स्वच्छता कार्यविधि २०७४ (दश्रो संशोधन, २०७६) को अनुसूची १ मा व्यवस्था भए अनुसार **कोल्बी नगरपालिका, वडा नं.५, ककरीटोलमा अवस्थित श्री नेपाल राष्ट्रिय आधारभूत विद्यालयमा** कोल्बी नगरपालिका, युनिसेफ नेपाल र पानी वातावरण र जीवन सस्थाको संयुक्त पहलमा निर्माण र स्तरोन्नती गरिएका खानेपानी, सरसफाइ तथा स्वच्छता सरचनाहरू आज मिति २०७८-०६-१९ का दिन देखि विधिवत रूपमा विद्यालयलाई हस्तान्तरण गरि दियो लियो । यस कार्यमा आ.आफ्नो तर्फबाट योगदान गर्नु हुने विद्यालय व्यवस्थापन समितिका पदाधिकारीहरू, शिक्षक अभिभावक सघका पदाधिकारीहरू, शिक्षकहरू तथा कर्मचारीहरू, अभिभावकहरू, विद्यार्थीहरू, सहयोगी निकायहरू र शुभेच्छुकहरू सबैलाई धन्यवाद व्यक्त गर्दै आगामी दिनमा विद्यालयले विद्यमान सेवालालाई कायम राख्दै आवश्यकता अनुसार स्तरोन्नती गर्दै जानु हुनेछ, भन्ने शुभेच्छा व्यक्त गर्दछौ ।

**हस्तान्तरण गरि दिने लिनेको दस्तखत**

 हस्तान्तरण गरिदिने यज्ञ श्रेष्ठ टिमलिङर	 (ओकि-प्र.श्रेष्ठ) मिति २०७८/०६/१९	 हस्तान्तरण गरिलिने (कल्याणी कुमारी चौधरी) प्रधानाध्यापक
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**HANDED OVER 3-STAR CERTIFICATION CERTIFICATE TO HM BY MAYOR OF KOLHABI MUNICIPALITY, DISPLAY OF 3-STAR FLAG & 3-STAR CERTIFICATE**



**GROUP PHOTO OF THE SCHOOL FAMILY AFTER 3-STAR  
FLAG HOISTING**

**2. SHREE NATHUNI RASTRIYA AADHARBHUT VIDYALAYA, DAURWA, BARAGADHI-2, BARA**

**BEFORE**



**Boys Toilet Block**



**Girls Toilet Block**



**Dirty Space Between Two Blocks**



**Existing Ramp**



**Hand Washing Station & Hand Pump**

**AFTER**



### 3. JOINTLY INNAGURATION, CERTIFICATION & HAND OVER CEREMONY OF WASH FACILITIES IN BARAGADHI RURALMUNICIPALITY



Samsung Quad Camera  
Shot by यज्ञ

Innagurating WASH Facilities in Shree Nathuni Rastriya Aadharbhut Vidyalaya By Chairperson of Baragadhi RM



ad Camera

Addressing Innaguration Ceremony By Chief Administrative Officer of Baragadhi RM



Samsung Quad Camera  
Shot by यज्ञ

DISPLAY 3-STAR FLAG AND HAND OVER TO THE HM OF SHREE RAMKABIR BHAGAWAN AADHARBHUT VIDYALAYA, BARAGADHI-3



Samsung Quad Camera  
Shot by यज्ञ

3-STAR CERTIFICATION CERTIFICATE HAND OVER TO HM OF NATHUNI AADHARBHUT VIDYALAYA BY THE CHAIRMAN OF BARAGADHI RM





**3-STAR CERTIFICATION CERTIFICATE HAND OVER TO HM OF NATHUNI AADHARBHUT VIDYALAYA BY THE CHAIRMAN OF BARAGADHI RM**



**WASH FACILITIES HAND OVER TO THE INCHARGE OF DORWA HCF BY THE CHIEF ADMINISTRATIVE OFFICER OF BARAGADHI RM**



**CREATION OF STUDENTS OF NATHUNI ADHARBHUT VIDYALAYA, BARAGADHI RM**



**WASH FACILITIES HAND OVER TO STAFF OF SINHASANI HCF OF BARAGADHI**



**CHAIRPERSON AND CHIEF ADMINISTRATIVE OFFICER OF BARAGADHI RURALMUNICIPALITY WITH CHILD CLUB & TEACHERS OF SHREE RAMKABIR AADHARBHUT VIDYALAYA. BARAGADHI-3**



**GROUP PHOTO: SCHOOL FAMILY OF 3 SCHOOLS, STAFF OF 2 HCFs, WEL TEAM & CHAIRPERSON AND STAFF OF BARAGADHI RURALMUNICIPALITY**

## Annex-6: Water Quality Test (P/A Vial) Report

S.No.	Name of Institution	Community	Palika-Ward	Sample Collected Date	Test Result
<b>A.</b>	<b>Schools</b>				
1	Shree Janta Secondary School	Saruattha	Yamunamai-4	18-Jun-21	A
2	Shree Basic School	Jatahara	Ishnath-5	18-Jun-21	P
3	Shree Saraswoti Higher Secondary School	Valohiya	Durgabhagawati-2	18-Jun-21	P
4	Shree ramnaresh Laxman Secondary School	Hajminiya	Rajdevi-2	18-Jun-21	A
5	Shree Nepal Rastriya Basic School	Chaudhary	Kolhabi-3	14-May-21	P
6	Shree Nepal Rastriya Primary School	Kakari	Kolhabi-5	08-Apr-21	A
7	Shree Nepal Rastriya Basic School	Dhawa Beluwa	Aadarsha Kotwal-7	06-Jul-21	A
8	Shree Ram Janaki Primary School	Inarwa	Mahagadimai-2	06-Jul-21	A
9	Shree Ram Kabir Primary School	Murkhi	Baragadhi-3	24-Mar-21	A
10	Shree Nepal Rastriya Aadharbhut Vidyalaya	Bishnupurwa	Baragadhi-2	08-Apr-21	P
11	Shree Nathuni Adharbhut Vidyalaya	Daurwa	Baragadhi-2	14-May-21	P
12	Shree Nepal Rastriya Secondary School	Dhanuk Dalit	Kalaiya 20	22-Feb-21	A
13	Shree GyanJyoti Primary School	Parshakatti	Kalaiya 1	09-Mar-21	A
14	Shree Hamsha Bahini Basic School	Pipariya	Jitpursimara-12	23-Feb-21	A
15	Shree Nepal Rastriya Primary School	Ganganagar	Simraungadh-4	06-Jul-21	A
16	Shree Kali Prasad Lakhe Secondary School	Langadi	Dhobini-4	07-Jul-21	A
17	Shree Koilavar Basic School	Koilavar	Parsagadhi-1	31-Apr-21	A
18	Shree Nepal Rastriya PS	Lamariya	Pokhariya-2	06-Jul-21	A
19	Shree Ram Primary School	Pipaldadi	Jagarnathpur-1	07-Jun-21	A
20	Shree Nepal Rastriya Basic School	Basdilwa	Birgunj-29	31-Apr-21	A
<b>B.</b>	<b>HCFs</b>				
1	Bishanpurwa HP	Daurwa	Baragadhi-2	14-May-21	P
2	Sinhasani HP	Sinhasani	Baragadhi-5	14-May-21	A
3	Prasauna HP	Prasauna	Kolhabi-6	14-May-21	P
4	Dharmanagar HP	Dharmanagar	Kalaiya-12	25-May-21	P
5	Jhauwaguthi HP	Thulojhauwa	Bindabasini-3	07-Jul-21	A

Note: A=Absent, P=Present